



MEMO

Date: February 11, 2010
To: ASAA Member Schools
cc: Rugby Alberta
Alberta Junior Rugby Association (AJRA)
ASAA Rugby Commissioners Pat Forsyth and Craig Patton
From: ASAA Executive Committee
Re: Safe Rugby Courses

Rugby is one of the fastest growing team sports in Canada and in order to assist coaches, officials, athletic directors, administrators and parents, Rugby Canada's Development Department has produced resources developed specifically to deal with safety within the game of rugby. 'Safe Rugby' is a program that provides coaches, referees and administrators with the required knowledge, skills and leadership abilities to ensure that safety principles and best practice principles are incorporated into all aspects of the game of Rugby.

Safe Rugby courses will be offered throughout the province, locations and times have been posted on the Rugby Alberta website www.rugbyalberta.com. Although we cannot mandate attendance to one of these sessions, it is strongly recommended and encouraged by the ASAA and Rugby Alberta that all coaches attend one prior to the start of their Rugby season. We are all responsible for ensuring that the rugby environment is fun and safe for Alberta's athletes and these courses will provide the resources needed to implement best practice principles.

Rugby Canada is offering these courses at no cost and would encourage schools to contact them to set up a session in your area.

If schools are interested in setting up a session they should contact the following people:

Southern Alberta: Johnathan Long ydosouth@telus.net 403-921-3105
Northern Alberta: Aaron Takel ydonorth@telus.net 780-288-5106

All workshop materials will be provided; all that is requested is the cooperation of the school or league to provide suitable space to run the workshop.

Full information on the workshop structure can be found by going to the Rugby Alberta website and clicking on [What is Safe Rugby?](#)

