



November 7, 2011

To all Alberta Schools' Athletic Associations Teachers and Leaders

Forty high school students from across the province will gather in Calgary from May 3-6, 2012 for the Alberta Youth Olympic Symposium (AYOS), a leadership development conference that revolves around sport and the Olympic Movement.

"The Alberta Youth Olympic Symposium is an outstanding opportunity for high school student students to enhance their leadership skills, meet new friends and learn about empowering the Olympic values at a local level." explains organizing committee member David Legg.

The 3 day symposium includes sessions involving team building activities, arts & cultural activities, task groups and presentations, physical activities, and the opportunity to meet former and present Olympic athletes & leaders as they relate their experiences in goal setting and achieving excellence. The program teaches leadership skills and values through an examination of the Olympic Movement and its values.

AYOS believes that those who participate in sport have a responsibility to teach and apply the values of fairness, excellence, fun and respect. The first AYOS was held in 1987 and it is organized by alumni of the Olympic Academy of Canada and the International Olympic Academy.

AYOS delegates are enthusiastic students from grade 10-12 who are leaders in sport and in their communities. The AYOS committee is looking for young leadership-orientated individuals with positive attitudes and a curiosity about the Olympic Movement and sport.

The application deadline is March 30, 2012. Further information, including the application is at www.ayos.ca.

Check out our Facebook page at: <https://www.facebook.com/AYOS12>

Thank you for your support in getting the word out to your students.

Michelle Comeau

Michelle Comeau
AYOS Organizing Committee Member

For more information, contact us by email at info@ayos.ca