



The Alberta *Milk Every Moment* Scholarship Application



The Alberta Schools' Athletic Association and the Alberta Sport, Recreation Parks and Wildlife Foundation are proud to support the Alberta *Milk Every Moment* Scholarship.

Number of scholarships available:

Maximum of one female
Maximum of one male

Number of nominations per school:

Maximum of one female
Maximum of one male

Value of scholarship: \$1,000 each

Restriction: Applicant must be planning to attend a post-secondary institution in Canada.

Applications sent to:

Alberta Schools' Athletic Association
Alberta *Milk Every Moment* Scholarship Committee
11759 Groat Road
Edmonton, AB T5M 3K6

Deadline: June 30, 2016

Notification & presentation: TBA



The Alberta *Milk Every Moment* Scholarship Application Criteria

The ASAA invites scholarship nominations for students currently registered in ASAA member high schools and planning to graduate in June 2016.

The award is for students who *Milk Every Moment*, achieving a balance in school, home and community life.

Nominations

ASAA member schools may submit a nomination for one male and one female only. The application form **must be signed** by the school principal/assistant principal.

Eligibility

The nominated student must:

1. Be a grade 12 student registered in an ASAA member school and must also meet all ASAA eligibility criteria as set out in the 2015/16 ASAA Policy Handbook pages 37 to 45.
2. Participate in athletic activities. This can be active participation in school intramurals throughout the year, being a member of a school sports team or participation in an activity that is not a school sport, such as dance, ballet, water polo, fencing, hockey, karate, etc. Please note that priority will be given to those student athletes who have participated in an ASAA sanctioned sport.
3. Demonstrate an attitude of fair play and sportsmanship while participating in sport and social activities.
4. Show personal development with involvement in activities other than athletics and academics. For example, community work, hobbies, clubs, youth programs, etc.
5. Plan to attend a post-secondary educational facility in Canada.
6. Be an Alberta resident.

Note: Once the scholarship committee has selected the recipients, applicants will be notified and required to provide to the ASAA a photocopy of their official Alberta Education High School Transcript, verified by the school principal's signature.

Requirements

1. **Four complete copies** of the application must be submitted in the following order: application form, resume, references and essay, with each copy stapled at the top left corner (no folders or binders please).
2. **Application form** must be completely filled out and signed by both the student and school principal/assistant principal.
3. **Resume** must be completed in the format provided (two pages maximum).
4. **Letters of reference/support (two maximum)** must accompany the scholarship application. Letters of reference submitted must provide evidence of participation in sport, fair play, sportsmanship, and personal development, and support the student's attitude of never stopping to learn and achieve. References can be from school staff, coaches, youth leaders or mentors.
5. **Write an essay** exploring what sports and healthy eating mean to you. Be sure to include personal experiences and note that a title is required. The essay should be a minimum of 250 words to a maximum of 500 words with the word count listed on the bottom of the essay. This essay in part or in full may be published in an ASAA newsletter, Alberta Milk *Milking Times* newsletter and/or in one of the social media venues (websites, Facebook, Twitter, etc.).
6. **Applications failing to meet the above requirements will not be considered for the award.**

Resume Component

Please follow the format below for your resume (two pages maximum). Your resume must detail all your experiences in the following three areas:

Athletics
Personal Development
Sportsmanship and Fair Play

Sample Resume

(Please list most recent activities first)

Applicant Name

School Name

Athletics

Year (s)	Athletics Involved in	Accomplishments
2006 - 2016	Water Polo	Team Captain (2007-09)
2010 - 2012	Community League Basketball	Team MVP (2010)

Personal Development

Year(s)	Activity	Example of what was done
2015 - 2016	Grad Committee member	
2013 - 2016	Volunteer Work at Food Bank	
2010	Chief Scout Award	

Sportsmanship & Fair Play

Please include examples where you have displayed outstanding sportsmanship or fair play in sports.



The Alberta *Milk Every Moment* Scholarship Application Criteria



The Alberta Schools' Athletic Association must receive a complete application and supporting references by June 30, 2016.

This information will be kept confidential.

Full Name: _____

School: _____

Home Address: _____

Town/City: _____ Postal Code: _____

Home Phone: _____ Date of Birth: _____

Parent/Guardian: _____

Planned University/College Attending: _____

(Signature of applicant)

Date

(Name of principal/assistant principal)

(Signature of principal/assistant principal)

Please send completed applications to:

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Alberta *Milk Every Moment* Scholarship Committee
11759 Groat Road
Edmonton, AB T5M 3K6

*Please ensure you have reviewed the scholarship information sheet and have included all necessary components. **Incomplete applications will not be considered for this scholarship.***