



# !IMPACT

## *Leadership*

### **Information Package**

### **2019 Workshop**

**May 13 & 14, 2019**

**Olds College, AB**



# LEADERSHIP TRAINING FOR HIGH SCHOOL STUDENTS AND ADVISORS

The goal of this workshop is to provide a forum for student athletes and adult leaders to discuss relevant topics in educational based athletics and activities. Through interactive group discussions, scenario situations and hands-on activities, participants will develop skills that will enable them to effectively lead their peers at school. We believe this is a unique opportunity for your student athletes and advisors to develop skills that can not only be used in the school setting but can also guide them in all their future endeavors throughout life. Register today!



**REGISTRATION = \$75 + GST PER PERSON**



# SELECTION CRITERIA

## STUDENT DELEGATES

Each school may bring up to a **maximum of 4 students** who:

- Have leadership skills
- Are responsible
- Are able to relate to students from a variety of social groups
- Have high motivation and enthusiasm
- Are friendly and well-liked by other students
- Have an ability to interact well one-on-one with small groups of students
- Are viewed as a positive role model in your school

### NEW STUDENTS

Must be in Grade 10 and/or 11

### RETURNING STUDENTS

Can be in Grade 11 or 12

Must have attended a past !MPACT workshop

## ADVISOR DELEGATES

Each school may bring up to a **maximum of 2 advisors** who:

- Have good supervisory skills
- Work well with young adults and adolescents (friendly and well-liked)
- Have an ability to interact well one-on-one or with small groups of students
- Are willing to take conference information and skills back to local school and communities to disseminate to others
- Are responsible
- Able to relate to students from a variety of social groups
- Have high motivation and enthusiasm
- Have experience with high school student leaders and high school activities

**“It is great to take positive young people out of the building to meet other like minded individuals.”**

*- Advisor Delegate  
2018*



## Schedule for Monday, May 13

Time	Activity
1:00 PM	Registration
1:30 PM	Welcome and Keynote Speaker
3:00 PM	Breakout Session # 1
4:40 PM	Breakout Session # 2
6: 30 PM	Dinner
7:45 PM	School Meetings - Action Planning Part 1
8:30 PM	Social Activity

## Schedule for Tuesday, May 14

Time	Activity
7: 30 AM	Breakfast
8:30 AM	Morning Activity
9:00 AM	Workshop # 1
10:15 AM	Workshop # 2
11:15 AM	Lunch
12:30 PM	Workshop # 3
1:45 PM	School Meetings - Action Planning Part 2
2:30 PM	Closing General Session
3:15 PM	Event Conclusion





# POSITIVE VALUES AND PERSPECTIVES

## BREAKOUT SESSION #1

It's hard to know what values are most important because there are so many positive values that leaders are expected to hold and demonstrate. In this session, delegates will come to consensus about the positive values they collectively hold. They will gain a better understanding of the pivotal role they play in upholding positive values and learn how keeping perspective can help them more consistently demonstrate their positive values. They will learn tips for finding balance between their own values and others' expectations.

# SPORTSMANSHIP AND RESPECT

## BREAKOUT SESSION #2

Respect is a key ingredient to being a good citizen. Demonstrating good sportsmanship is an important way those involved in high school activities can show respect, especially for others. This session will help delegates expand their understanding of what good sportsmanship entails and how it relates to showing respect outside of school activities.



# RETURNING LEADERS

## BREAKOUT SESSIONS

This stream of sessions will be exclusive to returning students who have attended an !MPACT workshop in the past. These two breakout sessions will explore the ideas of diversity and inclusion, as well as empower students to apply their skills and knowledge while exploring the next steps of becoming a strong leader in the high school community and beyond.



# ON-SITE ACCOMMODATIONS AVAILABLE

## BOOK OVERNIGHT ACCOMMODATIONS

Overnight accommodations are available at the Olds College Centennial Village Student Housing for all registered schools.

Room rates and capacities are as follows:

- 1 double bed, single occupancy = \$70 + GST + 4% tourism tax
- 1 double bed, double occupancy = \$80 + GST + 4% tourism tax
- 1 double bed + single cot, triple occupancy = \$90 + GST + 4% tourism tax

**NOTE:** Accommodations are additional fees booked at the expense of the registering school. These rates are **NOT** included in the event registration fees. Schools will be billed separately by Olds College.



## BOOKING ROOMS

Please complete the accommodations section of the event registration form to request rooms. The event coordinator will book your rooms accordingly. Olds College will send an invoice to the registering school after the event. For additional questions on accommodations, please contact Deanna Metro.





**"GREAT STUDENT LEADERS CAN CHANGE LIVES FOR THE BETTER. IMPACT WILL HELP NURTURE THOSE STUDENTS TO GREAT HEIGHTS IN SCHOOL AND IN LIFE."**

*John Paton*  
*ASAA Executive Director*

## Additional Information

### Register early to secure your spot!

Space is limited for this workshop. The first 35 schools to register will be guaranteed participation.

ONLY the first 25 students registering in the Returning Leaders stream will be guaranteed participation.

The student workshops and advisor sessions will be announced in February 2019.

**Event Coordinator: Deanna Metro**

**deanna@asaa.ca**

**780-643-1888**



**"HELPING OTHERS SEE AND REALIZE THEIR POTENTIAL TAKES YOU TO LEVELS YOU NEVER THOUGHT POSSIBLE IN YOUR OWN JOURNEY. GANDHI'S 'BE THE DIFFERENCE YOU WOULD SEE IN THE WORLD' IS ONE HELPING OTHERS TO BE THEIR BEST."**

*Rick Gilson*  
*ASAA President*

## Registration

**Registration Fee = \$75 + GST per person**

**Deadline to Register: April 18, 2019**

This cost includes all training materials, t-shirt, and 3 meals (Dinner Monday + Breakfast and Lunch Tuesday)

Overnight accommodations are available at the registering schools expense on-site. The registration fee does **NOT** include accommodations.

1. Download and complete the **Registration Form**. E-mail it to deanna@asaa.ca. You will receive a confirmation e-mail.
2. A **Workshop Preferences Form** will be sent to all schools after the workshops are finalized (February 2019). Each student will be asked to complete this form and workshop assignments will be distributed on a first come-first serve basis.
3. The ASAA will send your school an invoice for your registration fees. Olds College will send you an invoice for your accommodations.