2016/17 PROGRAM





Basketball

1A Girls Basketball March 16-18, 2017 – Bawlf School





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welcomes you to 2017 ASAA 1A Girls Basketball Provincials

March 16—18, 2017 Bawlf School Bawlf, Alberta



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GIMMICS is the Official Provider of souvenir clothing for ASAA Provincial Championships and is located in Room 122. Follow the signs!



A basketball team is like the five fingers on your hand. If you can get them all together, you have a fist. That is how I want you to play.

Mike Krzyzewski



Welcome





Every year, dozens of Alberta Schools' Athletic Association provincial championship banners are handed out to Alberta high schools, and thousands of medals to students and coaches. However, those banners only represent a fraction of the student athletes and coaches who dedicate their time and energies towards becoming the best they can be via their involvement in school sport.

On behalf of the ASAA, I congratulate participating student athletes and their coaches for the success they have achieved in making it to this 2016/17 ASAA 1A Girls Basketball Provincial Championship being hosted by Bawlf School.

Significant volunteer time has been committed by your local organizing committee in the year leading up to this championship to make sure that every student athlete, coach and supporter are given the first class treatment. But it does take leaders to make an event like this happen and I would like to recognize and thank event chair Rob Longhurst and his entire planning committee for taking on the huge task of hosting this championship. I encourage all participants to take a moment to thank the hosts personally for their outstanding efforts.

The ASAA is proud to be associated with student athletes and coaches; people who either are, or will become, leaders in their community. I challenge you to display that leadership by practicing and promoting the highest levels of ethics, integrity, sportsmanship and respect for others throughout this championship. When you win, do so with humility. When you lose, do so with grace. Make every effort to show everyone at the championship that high school athletes show great character at all times.

On behalf of the ASAA, I thank Platinum Partners Alberta Milk and SUBWAY, Gold Partners Morgex Insurance and EntripyShops, and our official suppliers which are listed throughout this championship program. The ongoing support of these corporate partners assist the ASAA in providing a better experience for student athletes across the province. Finally, have the time of your life at this championship; I trust you will take home memories that will live on in your heart and mind for decades to come.



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John Paton, Executive Director

Alberta Schools' Athletic Association

Percy Page Centre 11759 Groat Road NW, Edmonton, AB T5M 2K6

Athletes' Oath

"In the name of all competitors, I promise that we shall take part in these Provincials in the true spirit of sportsmanship. We promise to respect the sport of basketball and the rules that govern it by playing fairly and honestly. We promise to show the same respect to the officials and the calls that they make. We pledge to respect our coaches, listen to their instruction and strive to meet the goals they have set before us. We also promise to encourage our teammates and help they play to the best of their ability. We promise to respect our opponents as we all strive for victory, and to understand that it is striving that is important and not the victory. We promise that this will be a drug-free event and we pledge to never use performance enhancing drugs. We pledge to use our gifts and abilities in basketball to build integrity, self-respect, perseverance, cooperation, a sense of justice, teamwork and responsibility within ourselves."



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Welcome to Our School

On behalf of the student, staff and parents of Bawlf School it is my pleasure to welcome you to the 2017 ASAA 1A Girls' Provincial Basketball Championship.

We are greatly honored to have been selected to host this event and to open the doors of our new school to you. It is our hope that you have an exceptional experience and enjoy the hospitality of our school and community.



Congratulations to all of the athletes and their coaches for achieving this milestone. Advancing to compete in provincial championship demonstrates your individual and team commitment to achieving excellence. It has required a great deal of hard work, dedication and commitment to achieve this goal. To be able to compete at provincials is a great accomplishment and you should all be very proud of being here. Enjoy this experience and the many friendships that you will make during this tournament.

An event such as this involves the dedicated efforts of many people over several months. We are very fortunate at Bawlf School to have incredibly dedicated and supportive students, staff, parents, and community members. We truly appreciate the commitment that we have received from our entire school community in supporting us in preparing for this weekend. Special thanks to our Provincial Committee for all your hard work.

If there is anything that we can do to enhance your provincial experience, please do not hesitate to ask one of our staff. Good luck to all of the athletes and enjoy your provincial experience!

Tracy Beattie

Tracy Beattie Principal Bawlf School

Iohn Wooden

Spectator's Code of Conduct

Expectations of Fans

- Game attendance is a privilege, not a license to verbally assault others or to be obnoxious.
- Respect decisions made by contest officials.
- Be an exemplary role model by positively supporting teams in every manner possible, including content of cheers and signs.
- Become aware of the purpose and rules of the ASAA to keep winning in its proper place.
- Respect fans, coaches and participants. Be a fan, not a fanatic!!
- Recognize outstanding performances on either side of the playing field.

Positive Behaviour

- Applaud during introduction of players, coaches and officials.
- Accept all decisions by officials.
- Shake hands with opponents at the end of the game, regardless of the outcome.
- Treat competition as a game, not a war.
- Search out opposing participants to recognize them for outstanding performance or coaching.
- Applaud at the end of the contest for performances of all participants.
- Demonstrate concern for injured players, regardless of team.
- Encourage displays of sportsmanlike conduct.

Unacceptable Behaviour

- Yelling or negative chanting or gestures towards opponent.
- Booing or heckling an officials' decision.
- Criticizing officials in any way; displays of temper with an official's call.
- Taunting or "trash talking".
- Refusing to shake hands or to give recognition for good performances.
- Blaming loss of game on officials, coaches or participants.
- Laughing or name calling to distract opponent.
- Using profanity or displays of anger that draw attention away from the game.

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Stirling Lakers

#	Name	Height	Grade
3	Jade Nelson	5'7"	10
4	Kat Montague	5'4"	10
10	Amy Mazutinec	6'0"	12
11	Sadie Nelson	5'7"	10
15	Gracie Nelson	5'9"	11
20	Savannah McKee	5'10"	10
21	Brittany Perry	5'9"	12
22	Salem Cook	5'8"	9
30	Evelyn Quilty	5'11"	11

Coach—Donna Branch

Assistant Coaches—Camiella Hill, Angela Quilty, Kendra Quilty **Managers**—Emily Jones, Talia Oviatt

South Zone





From the Coach

Stirling Lakers finished second in the Deep South Basketball League with a 6-2 record. They were Champions of the Picture Butte Rule the Court Tournament, Champions of their home Renee Pitcher Tournament and Champions of the Willow Creek Tournament. They were runners up in the W.R. Myers Tournament. Their season record was *17-3.*

Bawlf Wildcats

#	Name	Position	Grade
1	Erin Keohane	Guard	12
2	Kaylee Robitaille	Guard	12
3	Shelbi Stordahl	Guard	11
5	Demi Vermeer	Post	12
6	Kassidy Baumle	Forward	11
7	Halley Hay	Guard	11
8	Madelyn Szott	Forward	10
9	Danielle Robitaille	Guard	10
10	Kori Sheets	Post	10
11	Paige MacDonald	Guard	9
12	Tia Albers	Forward	11
13	Dallis Irvine	Guard	9
14	Shalane Munro	Guard	9
15	Jordyn Watson	Post	9

Coach—Rob Longhurst
Assistant Coach—Al Dyck
Manager—Jannah Pasychnyk

Central Zone



From the Coach

The Wildcats had a great season going undefeated in league play and winning the zone championship. We placed 1st at the Quad and Hay Lakes tournaments, 2nd in two others and 3rd in Eagle Butte. The girls are looking forward to hosting provincials and playing against some excellent competition. Good luck everyone.

Parkland Immanuel Christian Penguins

#	Name	Position	Grade
1	Karlee Dykhuizen	Guard	12
3	Laurissa VanderVeen	Guard	12
4	Erin Ferguson	Guard	11
5	Rachelle Doorten	Guard	10
6	Maria Van Bostelen	Forward	10
8	Melissa Van Spronsen	Forward	12
9	Emily Stel	Guard	10
10	Brooke ten Brinke	Forward	11
12	Rebekah De Bruin	Forward	11
13	Jocelyn Leffers	Forward	12
15	Anna Marcus	Guard	11

Coach—Brad Van Raalte
Assistant Coaches—Joyce Panek,
Kennedy Roukema

Edmonton Metro Zone





From the Coach

The PICS Penguins have had a great season competing in Metro League Division 2. We also attended four tournaments winning our own "Elevate" tournament as well as the Eastglen tournament, and won the consolation at Sturgeon and the Rundle College "Sweet 16". Some big games for us were victories over Strathcona Christian Academy, Beaumont, Oscar Romero, Calgary Christian, and Sturgeon in a division quarterfinal. We also had some losses which challenged us to be better. We finished the season with an overall record of 20-7. We look forward to the opportunity to compete with the best 1A teams in the province!

Erle Rivers Novas

#	Name	Position	Height
1	Leah Oswald	Forward/Wing	5'7"
2	Robin Stelten	Point Guard	5'6"
3	Taylor Bellew	Forward/Wing	5'4"
5	Jayden Johnson	Forward/Wing	5'6"
7	Mackenzie Murphy	Forward/Point Guard	5'7"
9	Jylian Johnson	Post	5'8"
10	Kaylee Ostenberg	Post	5'7"
11	Grace Lambert	Post	5'8"
12	Breann Russell	Forward	5'8"
14	Sydney Hacke	Post	5'8"

Coach—Lane Bellew
Assistant Coach—Taylor McKechnie

South Zone





From the Coach

Novas have had a very exciting season with a lot of growth and success. The team has traveled to various tournaments throughout central and southern Alberta winning gold or silver at them all. The girls capped the season by winning their league banner for the fourth year in a row.

Olds Koinonia Christian Royals

#	Name	Position
4	Mikaela Padiernos	Guard
5	Annelise Neufeld	Guard
6	Ashley Coney	Guard
7	Judah Ann Boyes	Guard
8	Kayla Jansen	Guard
9	Faith Pogoda	Guard
10	Amelia Furst	Guard
11	Jewel Jansen	Forward
12	Kyla Bosomworth	Guard
13	Kimberly Rieberger	Forward
14	Dayna Sewell	Forward
15	Rachael Rieberger	Forward

Coaches—Diane Sewell, Donna Reed, Kelsey Sayer Manager—Bud Reed

South Central Zone



From the Coach

The Olds Koinonia Royals have had a great season learning to work together as a team, to never give up, and to focus on playing our game. The girls started out strong in their league, sat back on their heels for a few games, but came out firing to win the league final. The Royals also had a successful zone tournament winning the South Central Zone in overtime.

Rosemary Rockets

#	Name	Grade
4	Tori Nielson	11
5	Anndrea Vogt	10
6	Bethany Clark	10
7	Kirstin Pankratz	12
8	Alyza Capili	10
9	Britney Kasdorf	12
10	Nyah Friesen	10
11	Taylor Vogt	12
12	Rachael Dyck	10
13	Tiana Pitcher	12
14	Maddie Douglas	11

Coach—Chris Vogt Assistant Coach—Tara Vogt

South Central Zone





From the Coach

The Rockets have had a very successful season, going 26-5, and winning 3 tournaments along the way. We have had fantastic journey this season, playing in some very tough tournaments to broaden our basketball experience. We are ecstatic to be playing at Provincials for the third year in a row and look forward to a fantastic tournament!

Grand Trunk Teddies

#	Name	Position	Grade
3	Megan Giezen	Forward	11
4	Janelle Chechotko	Guard	10
5	Teressa Fonstad	Guard	10
6/7	Brooke Kaduk	Guard	11
8	Raelyn Pollard	Guard	12
9	Morgan Deveau	Forward	11
10	Ryley Jones	Forward	12
11	April Kudera	Forward	10
12	Allison Rusin	Forward	12
14	Justice Druar	Forward	11
23	Mackenzie Benson	Forward	9

Coaches—Jerry Dick Dan Raymond

North Central Zone



THOMAS OF SOME

From the Coach

This season marks the fifth consecutive year that the Teddies have won the North Central 1A Zone Tournament. The team had a great season, finishing 20-8 and playing many tournaments involving a majority of 2A and 3A teams. The Teddies look forward to competing this year, and wish every team good luck! We are truly a team tie-dye for!

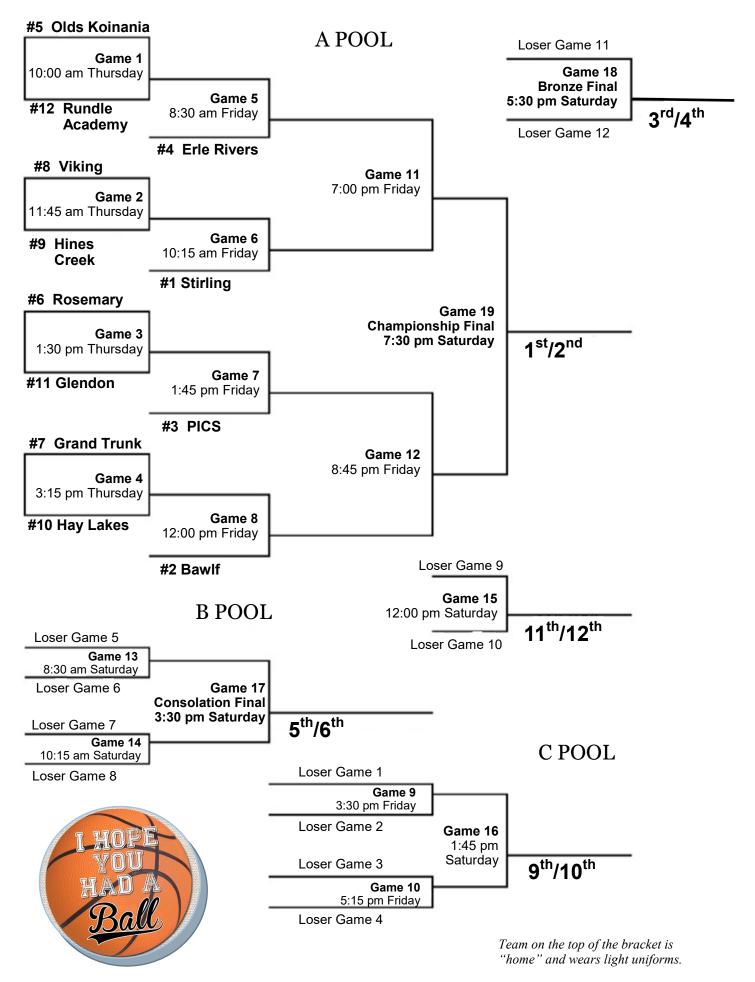
2017 1A Girls Basketball Provincials Schedule/Draw

1. Stirling Lakers	7. Grand Trunk Teddies
2. Bawlf Wildcats	8. Viking Vixens
3. Parkland Immanuel Christian Penguins	9. Hines Creek Tigers
4. Erle Rivers Novas	Ç
	10. Hay Lakes Tigers
5. Olds Koinonia Christian Royals	11. Glendon Marquise
6. Rosemary Rockets	12. Rundle Academy Rockies
Thomas	
Thursday	
Game 1 – 10:00 am	Olds Koinonia vs Rundle Academy
Game 2 – 11:45 am	Viking vs Hines Creek
Game 3 – 1:30 pm	Rosemary vs Glendon
Game 4 – 3:15 pm	Grand Trunk vs Hay Lakes
Friday	
Game $5 - 8:30$ am	Erle Rivers vs Winner Game 1
Game 6 – 10:15 am	Stirling vs Winner Game 2
Game 7 – 1:45 pm	PICS vs Winner Game 3
Game 8 – 12:00 pm	Bawlf vs Winner Game 4
Game 9 – 3:30 pm	Loser Game 1 vs Loser Game 2
Game 10 – 5:15 pm	Loser Game 3 vs Loser Game 4
Game 11 – 7:00 pm	Winner Game 5 vs Winner Game 6
Game 12 – 8:45 pm	Winner Game 7 vs Winner Game 8
Saturday	
Game 13 – 8:30 am	Loser Game 5 vs Loser Game 6
Game 14 – 10:15 am	Loser Game 7 vs Loser Game 8
Game 15 – 12:00 pm	Loser Game 9 vs Loser Game 10
Game 16 – 1:45 pm	Winner Game 9 vs Winner Game 10
Game 17 – 3:30 pm – Consolation Final	Winner Game 13 vs Winner Game 14
Game 18 – 5:30 pm – Bronze Final	Loser Game 11 vs Loser Game 12
Game 19 – 7:30 pm – Championship Final	Winner Game 11 vs Winner Game 12



Good teams become great ones when the members trust each other enough to surrender the Me for the We.

2017 1A Girls Basketball Provincials Schedule/Draw



Viking Vixens

#	Name	Position	Grade
2	Kennedy Labreche	Wing	9
3	Keanna Hollar	Guard	12
4	Kaitlyn Brooke	Guard	11
5	Amy Jacubec	Wing	12
6	Dixen Erickson	Post	11
8	Kaitlyn Maxwell	Post	12
9	Kristen Voltner	Post	11
10	Peyton Erickson	Wing	12
11	Jennifer Yurko	Wing	11
12	Tia Gibler	Wing	10

Coach—Larry Jakubec
Assistant Coach—Jennifer Jakubec
Manager—Suzanne Jakubec

Central Zone





From the Coach

The Viking Vixens have had a trying but successful season filled with some key injuries that prevented them from building momentum in the beginning. The team battled hard and started to come around after the semester break. They put together a run of wellplayed league and tournament games to help them move up in the rankings and head to Zones. There, the Vixens won a very exciting buzzer beater game earning them a provincial berth and silver in the gold medal game. The Vixens are excited to be back at Provincials after a 4 year absence and wish all of the other teams a fun and injury -free tournament.

Hines Creek Tigers

#	Name	Position	Grade
1	Shaye Goderson	Forward	10
3	Courtney Chaykowski	Forward	11
4	Tessa Peats	Guard	11
5	Jeanelle Charchuk	Centre	11
6	Cassidy Charchuk	Forward	11
7	Desiree Giesbrecht	Point Guard	11
8	Lexie Coon	Guard	12
10	Talese Godberson	Guard	11
15	Kayla Bjornson	Forward	12

Coach—Toni Craig

North West Zone





From the Coach

The Tigers are excited to attend the 1A Girls Provincials for the second time as North West zone champions. The team showed determination and heart as they met a challenging season of injury, illness and circumstance to win the zone championship and the Earle J Guertin Memorial tournament as well as top three finishes in the Elevate and Northern Exposure Hoop Classic against some of the best teams in the province. We wish the best of luck to all the competitors in the tournament.

Hay Lakes Tigers

#	Name	Position	Grade
4	Hunter Atema	Forward	11
5	Keirsten Taylor	Post	10
7	Regan Stevens	Post	11
11	Katie Downey	Guard	10
12	Sylvia Kaus	Guard	12
14	Raelyn Tomaszewski	Post	11
20	Abby Holdsworth	Forward	10
23	Dana Sych	Guard	9
32	Delaney Stelmaschuk	Post	9
33	Kaitlyn Cancino	Post	12
34	Cailey Slobodian	Forward	9

Coaches—Debbie Pyle, Natalie Haak

Central Zone





From the Coach

We are a fairly young team rebuilding, so with that comes successes and lots of learning. We finished 3rd in our competitive league and captured Bronze at Zones. We are honored and excited to represent the Central Zone at the the 2017 Provincials and would like to wish everyone the best of luck!

Glendon Marquise

#	Name
1	Faith Janz
2	Jessica Goguen
3	Brooke Skrypichayko
4	Samantha Makaruk
5	Emily Aylesworth
6	Heidi DeBusschere
7	Destiny Marsh
8	Paige Kwiatkowski
9	Maria Bilodeau
10	Keeley Dell
11	Brooke McOuat
12	Karlee Voltner
13	Carlie Lotsberg
14	Nikayla Whelen
2.2.	Janelle Tran

Coach—Sandra Lysy Assistant Coach—Brittany Weber

North East Zone





From the Coach

Our team is incredibly happy to be representing the North East Zone for the fourth straight year! We are looking forward to the challenge ahead of this year's provincial championship. We would like to thank the host committee from Bawlf in advance for what is sure to be a great tournament. Good luck to all the athletes, coaches, and volunteers that will make the journey to Bawlf!

Rundle Academy Rockies

#	Name	Position
2	Sophia Johns	Post
4	Isabella Lupi	Forward
5	Locklyn Willson	Forward
7	Nicole Sauer	Guard
8	Morgan Emery	Post
9	Mary Medwid	Forward
12	Isabella Carinelli	Forward
13	Taya Colwell	Post
14	Soleil Huck	Guard
15	Sadie Matus	Forward/Guard

Coach—John Wolf
Assistant Coach—Jolene Kwasnitza

Calgary Zone





From the Coach

This year's Rundle Academy team has had a long journey to provincials. After starting the year with only a few high school players, we added 6 grade nine players to help field a team. Over the course of the season, these players have learned to work together to have success. Despite several injuries, the girls have shown determination and teamwork. Without another 1A school in our zone, the team has had to play in mostly a 2A league, along with attending several out of town tournaments.

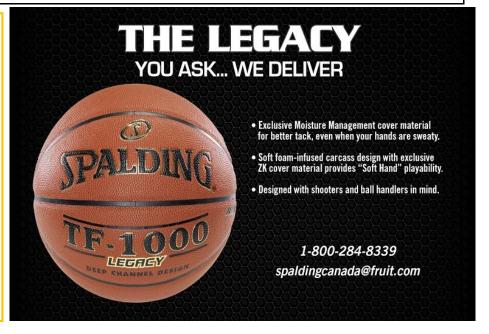
The Case for Sportsmanship

"The ideals of good sportsmanship, ethical behaviour and integrity should permeate all interscholastic athletics in our community. In perception and practice, good sportsmanship shall be defined as those qualities of behaviour which are characterized by generosity and genuine concern for others. Our athletic fields should be laboratory to produce good citizens reflecting fair play in every area of life."

A.S.A.N	Criteria for Team ASAA Sportsmanship Awards Suggested sportsmanship rubric (adapted from Ernest Manning High School, Calgary)
5	Cheers for good players and good plays, even by opponents Maintains temper Invites all others to participate Challenges players on teams to keep the game fair (coaches/assistant coaches) Accepts winning and losing with grace Politely questions decisions of officials when unsure
4	Cheers teammates' great plays Maintains self-control Encourages friends on team Works hard for self and team
3	Encourages teammates Takes unfair advantage of other players Plays well when on winning team and while being observed Controls temper Complains about others following the rules
2	Bends the rules to suit own needs Complains about others following the rules Displays frustration and anger; mild temper exhibited
1	Physical and verbal abuse to opposition, teammates, officials and/or fans Nags teammates when they perform poorly Complains (about calls, other players, coach) Concern for self; ex. ball-hog

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SPECTATOR CODE OF CONDUCT

Attendance at this event entitles you to enjoy an exhibition of skills developed by athletes in an educational setting.

Please be respectful and encouraging in your approach to ALL athletes, officials, coaches and fellow spectators.







BE LOUD BE PROUD BE POSITIVE





A winner is someone who recognizes their God-given talents, works their tail off to develop them into skills and uses these skills to accomplish their goals.

Each and every sport is governed by rules and regulations and basketball is no different. This covers play, game officials, equipment and procedures. Most leagues are governed by their own basketball rules and the basic basketball rules are the same, regardless of league. Basketball is a team sport that is played by two teams with five players each. Each team tries to outscore the other team by using skills and avoiding any violations.

List of Basketball Rules

Scoring:

2 points – awarded for shots made from anywhere inside the 3-point arc.

3 points – awarded for shots made from anywhere outside the 3-point arc.

1 point – awarded for free throw shots taken behind the free-throw line.

Skills:

Boxing-out – a method of positioning that a player takes to gain a better rebounding position.

Dribbling – a method of bouncing the ball with the fingers of one hand and allow it to rebound back to your fingers.

Passing – a method of moving the ball to another teammate through bouncing or throwing.

Pivoting – a method of moving in multiple directions with one foot while the other foot remains at its initial point.

Rebounding – a method of jumping to recover missed shots that bounces off the rim or backboard.

Shooting – a method of throwing the ball into the hoop to make a basket.

Fouls: (this can result in free throws being awarded to the opposing team)

Blocking – a manner of stopping the opponent by using one or both hands or getting in the way of a moving player.

Charging – a manner of bumping a stationary player while in possession of the ball.

Hacking – a manner of hitting the arm or hand of the person that is currently in possession of the ball.

Holding – a manner of seizing a person that is with or without the ball.

Violations: (this can result in the change of ball possession)

Traveling – this occurs when a player makes more than three steps while holding the ball.

3-seconds – this occurs when an offensive players stays within the free throw lane for more than 3 seconds. *Double dribble* – this occurs when a player dribbles the ball with both hands or it can also occur after they stopped dribbling and starts to dribble again.

Terms:

Air ball – this is a shot that does not make it to the rim or backboard.

Assist – a pass that results in a field goal.

Defense – the team that prevents the other team from scoring.

Dunk – a scoring position that ultimately slams the ball to the basket with one or both hands touching the rim.

Fast-break – a scoring opportunity where the ball is passed towards the basket before the opponents can set defense.

Man-to-man – a defensive move where a player guards a designated player.

Offense – the team that tries to score goals.

Turn-over – loss of ball possession without any shots being taken.

Zone defense – a defensive strategy where the defensive players guard an area instead of the offensive players.

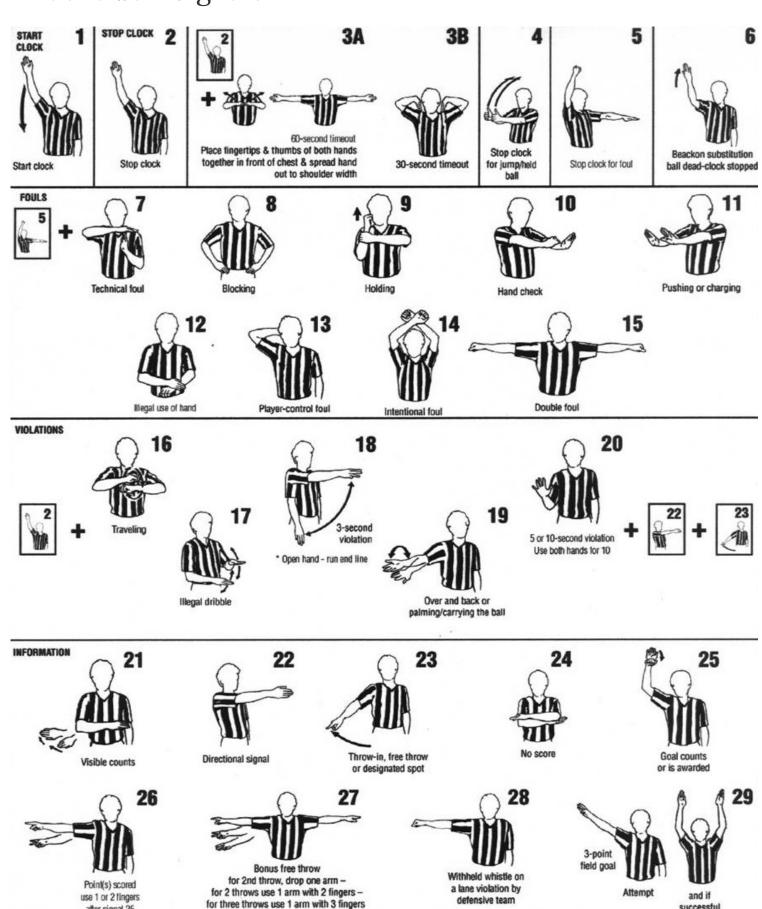


Some people want to it happen, some wish it would happen, others make it happen.

Michael Jordan

Basketball Signals

after signal 25



successful

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