2015/16 PROGRAM

METS



Basketball

1A Girls Basketball March 17-19, 2016 – Trochu Valley School





Proud to support you doing it your way at the Alberta Schools' Athletic Association.





Trochu Valley School Parent Council Proud Platinum Sponsor welcomes you to the 2016 1A Girls Basketball Provincial Championship March 17-19, 2016 at Trochu Valley School.





Competing at an Alberta Schools' Athletic Association high school provincial championship is the culmination of years of practice, commitment and dedication on the part of student athletes and coaches. It is in recognition of these outstanding efforts that I welcome you to the 2015/2016 ASAA 1A Girls Basketball Provincial Championship, hosted by Trochu Valley.

welcome





The significant volunteer time committed to this event by members of the local championship organizing committee will ensure that you are treated especially well this weekend. I wish to thank event chair Karen Nakaska for taking on the mammoth task of hosting. The efforts of Karen, the staff, students, parents and friends from the Trochu Valley community should be recognized and I encourage athletes and coaches to take a few moments during the tournament to say thank you to your hosts.

The ASAA is proud to be associated with student athletes and coaches, and we know many of these individuals either are, or will be leaders in their schools and community. I challenge all athletes, coaches and spectators to promote the highest levels of ethics, integrity, sportsmanship and respect for others throughout this championship – both during competition and outside of the competitive arena. You are role models who we trust will celebrate your success with humility and defeat with grace. What a great opportunity you have to show everyone the positive correlation between school athletics and positive character development.

I want to acknowledge and thank the ASAA's Senior Partners: Alberta Milk and SUBWAY[®], Major Partners: Morgex Insurance and Entripy Shops and our Suppliers, which are listed throughout this championship program, for their ongoing support of the ASAA and student athletes across the province. Their support of the ASAA enhances the provincial championship experience.

Have a fantastic time at this championship; I trust you will take home memories that will last throughout your lifetime.

John Paton Executive Director



Alberta School's Athletic Association Percy Page Centre 11759 Groat Road NW, Edmonton, Alberta T5M 2K6



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Welcome to Trochu Valley School!

On behalf of the students and staff of TroVal, I would like to congratulate you on your hard work and dedication to this sport. You are the best teams in Alberta and this, alone, deserves celebration.

We are truly honored to be hosting this event. We extend to you our warmest welcome and hope you thoroughly enjoy your time in our community. An event of this calibre would not be possible without countless hours put in by a strong team of dedicated volunteers. We greatly appreciate the time, energy, and financial support received from students, staff, parents, community members and businesses in Trochu, Kneehill County, Golden Hills School Division, and the surrounding areas.



We all hope this weekend brings amazing athleticism, sportsmanship, and enjoyment to all athletes, coaches, families, and fans. Good luck to all teams!

Leana Howard Principal, Trochu Valley School

Welcome Athletes, Team Officials, Officials, and Fans,

The **Town of Trochu** and the **Golden Hills School Division** are both very proud to be hosting the 2016 1A Girls Provincial Basketball Tournament! Our community looks forward to extending hospitality to all the teams that have completed the task of qualifying for this provincial event.

Please take the time to have a tour of our newly-renovated school! We look forward to giving you a friendly wave or smile as we see you about our community.

Good luck to all the teams and remember that hard work and sportsmanship go hand-in-hand. May you all compete at the highest level possible in the next few days with one of you ultimately being crowned Provincial Champion.

The best part of sports is the relationships you build along the way. Many of you will compete hard against each other this weekend and may very well end up on the same team or even in the same class in the future. I have seen many lifelong friendship built from good competition.

We sincerely wish you the best of luck and hope you find a reason to come back and visit us again.

Kindest Regards, Barry Kletke Mayor, Town of Trochu and Trustee, Golden Hills School Board Ward 1





While you're in town, come visit us to find your photo in our window and discover why we're "Not Just A Pharmacy!"



It's not how big you are ... It's how BIG you PLAY. ~ John Wooden

The Town of Trochu welcomes all athletes!

Council welcomes all attendees to Kneehill County, and wishes players and coaches the best of luck!





Proud to support our

Lady Jays!!

Best of luck to all

participants.

Please stop by while

visiting our community!

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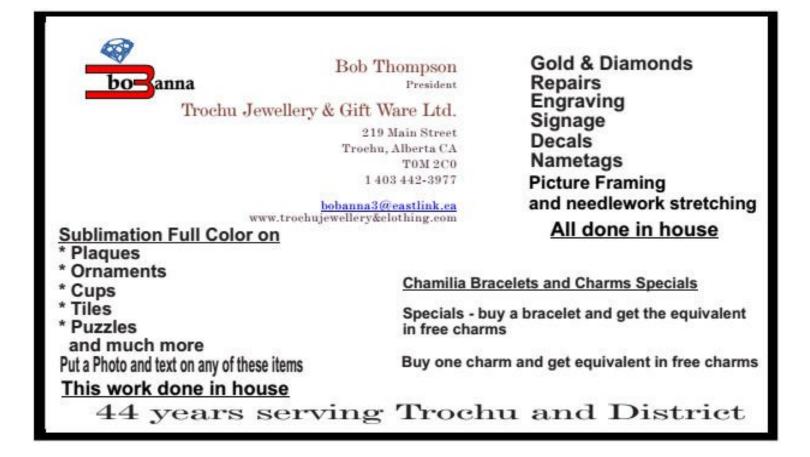
Sweetgrass Café is delighted to welcome you to Trochu!

Sweetgrass Café, owned and operated by Suzanne Sinclair, is located in the heart of the Trochu Arboretum. Renovated from the Doctor Hay Interpretive Centre and transformed into a dining room, this quaint cafe is the perfect place for a lunch meeting, get-together with friends, or a romantic dinner for two.



After enjoying a delicious meal or a stroll around the Arboretum, come and check out the Sweetgrass Gift Shoppe for that something different that you didn't even know you needed. Gift Shoppe hours are the same as the Café: Wednesday to Friday 11:00 to 3:00PM.

Dinners are available by reservation. Catering is available for a luncheon, supper, wedding, or special event. Call Suzanne at 403-442-2111.



Athletes' Oath

"In the name of all competitors, I promise that we shall take part in these Provincials in the true spirit of sportsmanship. We promise to respect the sport of basketball and the rules that govern it by playing fairly and honestly. We promise to show the same respect to the officials and the calls that they make. We pledge to respect our coaches, listen to their instruction and strive to meet the goals they have set before us. We also promise to encourage our teammates and help them play to the best of their ability. We promise to respect our opponents as we all strive for victory... and to understand that it is striving that is important and not the victory. We promise that this will be a drug-free event and we pledge to never use performance enhancing drugs. We pledge to use our gifts and abilities in basketball to build integrity, self-respect, perseverance, cooperation, a sense of justice, teamwork and responsibility within ourselves.

The Case for Sportsmanship

"The ideals of good sportsmanship, ethical behaviour and integrity should permeate all Interscholastic athletics in our community. In perception and practice, good sportsmanship shall be defined as those qualities of behaviour which are characterized by generosity and genuine concern for others. Our athletic fields should be the laboratory to produce good citizens reflecting fair play in every area of life."

Expectations of Fans	Positive Behaviour	Unacceptable Behaviour
Game attendance is a privilege not a license to verbally assault others or to be obnoxious. Respect decisions made by contest officials. Be an exemplary role model by positively supporting teams in every manner possible, including content of cheers and signs. Become aware of the purpose and rules of the ASAA to keep winning in its proper place. Respect fans, coaches and participants. Be a fannot a fanatic! Recognize outstanding performances on either side of the playing field.	Applaud during introduction of players, coaches and officials. Accept all decisions by officials. Shake hands with opponents at the end of the game, regardless of the outcome. Treat competition as a game, not a war. Search out opposing participants to recognize them for outstanding performance or coaching. Applaud at the end of the contest for performances of all participants. Demonstrate concern for injured players, regardless of team. Encourage displays of sportsmanlike conduct.	Yelling or negative chanting or gestures towards opponent. Booing or heckling an official's decision. Criticizing officials in any way; displays of temper with an official's call. Taunting or trash talking. Refusing to shake hands or to give recognition for good performances. Blaming loss of game on officials, coaches or participants. Laughing or name calling to distract opponent. Using profanity or displays of anger that draw attention away from the game.

A STOOL	Criteria for Team ASAA Sportsmanship Awards
	Suggested sportsmanship rubric (adapted from Ernest Manning High School, Calgary)
5	 Cheers for good players and good plays, even by opponents Maintains temper Invites <i>all</i> others to participate Challenges players on teams to keep the game fair (coaches/assistant coaches) Accepts winning and losing with grace Politely questions decisions of officials when unsure
4	 Cheers teammates' great plays Maintains self-control Encourages friends on team Works hard for self and team
3	 Encourages teammates Takes unfair advantage of other players Plays well when on winning team and while being observed Controls temper Complains about others following the rules
2	 Bends the rules to suit own needs Complains about others following the rules Displays frustration and anger; mild temper exhibited
1	 Physical and verbal abuse to opposition, teammates, officials and/or fans Nags teammates when they perform poorly Complains (about calls, other players, coach) Concern for self; ex. ball-hog

#1 Stirling Lakers





The Lakers have had a very successful season. Our overall record is 21-6. We went undefeated in League play and played in several 2A, 3A, and 4A tournaments. These tournaments have allowed us to grow in many ways. In tournament play we were 12-6. We are very excited and appreciative to be at this year's Provincial Tournament.

ZONE: South

SCHOOL: Stirling

COACH: Donna Branch AST. COACH: Angela Quilty

COLOURS: Blue and Red and White

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Alyssa Perry	1	Forward	5'10"	11
Avery Edwards	2	Forward	5'8"	9
Autumn Nelson	3	Forward	5'11″	12
Kim Herget	4	Guard	5'7"	12
Amy Mazutinec	10	Guard	5'11"	11
Sadie Nelson	11	Guard	5'5″	9
Shelby Vanson	12	Forward	5'7"	12
Gracie Nelson	15	Guard	5'7"	10
Savannah McKee	20	Guard	5'7"	9
Brittany Perry	21	Forward	5'8"	10
Kendra Quilty	22	Forward	5'11"	12
Evelyn Quilty	30	Forward	5'10"	10

#2 Clear Water Academy Crusaders



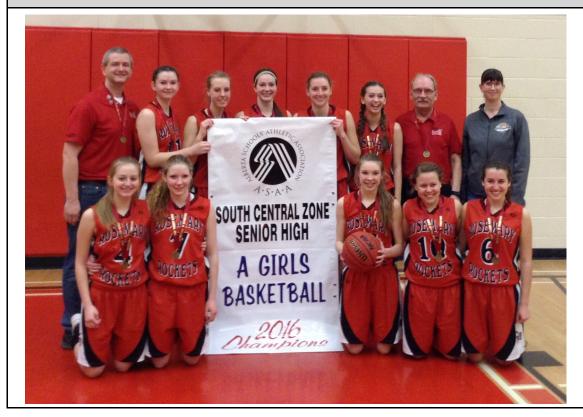


The Crusaders are excited to attend **1A Girls Provincials** for the eighth consecutive year (and 9th time in 10) as Calgary 1A Zone Champions. The girls have had a fantastic season with an overall record of 22-3. They picked up tournament Championships in Drumheller, High River, Home (CWA), and Condor.

ZONE: Calgary Independent SCHOOL: Clear Water Academy COLOURS: Blue and White (red accents) COACH: Paul de Leon AST. COACH: Danielle Tomiak

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Amanda Nguyen	2	Guard	5'6"	9
Sarah Faba	3	Guard	5'8"	12
Celeste Holy	8	Forward	5'8"	9
Simone Noronha	9	Guard	5'8"	10
Meagan Manarey	10	Forward	5'10"	12
Mikaela Lamacchia	11	Guard	5'7"	11
Danielle Maundy	12	Guard	5'6"	9
Alex Lamacchia	13	Guard	5'7"	9
Lucy Faba	14	Guard	5'8"	9
Emma Dooley	15	Forward	5'10"	9

#3 Rosemary Rockets





Rosemary had a fantastic season this year, winning tournaments in Acme, Banff, and Senator Gershaw, as well as the South Central Zone Championship! We are proud to be representing the South Central Zone this year and wish to offer a big thank you to our hosts, Trochu Valley. Good luck to everyone in the tournament!

ZONE: South Central SCHOOL: Rosemary COLOURS: Red and White COACH: Chris Vogt AST. COACH: Les Riediger AST. COACH: Tara Vogt

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Tori Nielson	4	Guard	5'5"	10
Anndrea Vogt	5	Forward	5'8"	9
Melanie Bergman	6	Guard	5'5"	12
Kirstin Pankratz	7	Forward	5'8"	11
Monica Doerksen	8	Forward	5'11"	12
Britney Kasdorf	9	Post	5'11"	11
Rachel Retzlaff	10	Guard	5'4"	12
Taylor Vogt	11	Post	5'11"	11
Tiana Pitcher	13	Guard	5'9"	11
Maddy Douglas	14	Forward	5'8"	10

#4 Erle Rivers Novas





This is Vanessa and Donna's second year of coaching the senior team. It is the team's third year straight winning River Ridge League. The girls have worked extremely hard all season to get to where they are; winning three out of the four tournaments they attended.

ZONE: South

SCHOOL: Earle Rivers High, Milk River

COACH: Vanessa Blackmer AST. COACH: Donna Peterson

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Robin Stelten	2	Guard	5'3"	11
Nicole Bock	3	Guard	5'5"	12
Kaitlyn Douglas	4	Post	5'8"	12
Lexi Hughson	5	Guard/Post	5'3"	12
Jyl Johnson	7	Guard	5'7"	10
Nicole Wensman	9	Guard/Post	5'5"	12
Mackenzie Blackmer	10	Forward	5'8"	12
Grace Lambert	11	Forward	5'8"	11
Maddie Vanden Berg	13	Post	5'10"	12

2016 1A Girls Basketball Provincials TroVal

Game 1	Game 5		7	
10:15 am Thursday	8:30 am Friday		A Pool	
#12 Glendon	#4 Erle Rivers	Game 11		
		7:00 pm Friday		-
#8 PICS	1	-		
Game 2	Game 6			
12:00 pm Thursday	10:15 am Friday			
#9 Hines Creek	#1 Stirling		Game 19	
			Championship Final	
#6 Bawlf	1	٦	7:30 pm Saturday	
Game 3	Game 7		-	1st/2nd
1:45 pm Thursday	12:00 pm Friday			
#11 Trochu	#3 Rosemary	Game 12		
		8:45 pm Friday		
#7 Grand Trunk	1	7		
Game 4	Game 8			
3:30 pm Thursday	1:45 pm Friday			
#10 OKCS	#2 CWA			
			Loser Game 11	-
			Game 18	
			Bronze Final	
Loser Game 5	B Pool		5:30 pm Saturday]3rd/4th
Game 13		7	Loser Game 12	
8:30 am Saturday	Game 17			
Loser Game 6	Consolation Final	5th/6th	-	
Loser Game 7	3:30 pm Saturday	507/607		
Game 14				
10:15 am Saturday				
Loser Game 8		Loser Game 1	C Rool	
Luser Game o		Game 9		
		3:30 pm Friday		1
Loser Game 9		Loser Game 2]	
Game 15			Game 16	
12:00 pm Saturday	11th/12th	Loser Game 3	1:45 pm Saturday	9th/10th
Loser Game10	/ 2	Game 10		
LUSEI Gaille IU		5:15 pm Friday		J
		Loser Game 4		
		LUSEI Gallie 4		
				Team on the top of the
				bracket is "home" and wears light uniforms.

BASKETBALL

PROVINCIAL BASKETBALL SCHEDULE/DRAW

TEAMS					
1. Stirling Lakers	7. Grand Trunk Teddies				
2. Clear Water Academy Crusaders	8. Parkland Immanuel Christian Penguins				
3. Rosemary Rockets	9. Hines Creek Tigers				
4. Erle Rivers Novas	10. Olds Koinonia Christian Royals				
5. Hay Lakes Tigers	11. Trochu Valley Jays				
6. Bawlf Wildcats	12. Glendon Marquise				
Game # – Time	Teams				
THURSDAY					
Game 1 – 10:15 am	Hay Lakes vs Glendon				
Game 2 – 12:00 pm	PICS vs Hines Creek				
Game 3 – 1:45 pm	Bawlf vs Trochu Valley				
Game 4 – 3:30 pm	Grand Trunk vs OKCS				
FRIDAY					
Game 5 – 8:30 am	Erle Rivers vs Winner Game 1				
Game 6 – 10:15 am	Stirling vs Winner Game 2				
Game 7 – 12:00 pm	Rosemary vs Winner Game 3				
Game 8 – 1:45 pm	CWA vs Winner Game 4				
Game 9 – 3:30 pm	Loser Game 1 vs Loser Game 2				
Game 10 – 5:15 pm	Loser Game 3 vs Loser Game 4				
Game 11 – 7:00 pm	Winner Game 5 vs Winner Game 6				
Game 12 – 8:45 pm	Winner Game 7 vs Winner Game 8				
SATURDAY					
Game 13 – 8:30 am	Loser Game 5 vs Loser Game 6				
Game 14 – 10:15 am	Loser Game 7 vs Loser Game 8				
Game 15 – 12:00 pm	Loser Game 9 vs Loser Game 10				
Game 16 – 1:45 pm	Winner Game 9 vs Winner Game 10				
Game 17 – 3:30 pm Consolation Final	Winner Game 13 vs Winner Game 14				
Game 18 – 5:30 pm Bronze Final	Loser Game 11 vs Loser Game 12				
Game 19 – 7:30 pm Championship Final	Winner Game 11 vs Winner Game 12				



#5 Hay Lakes Tigers





We've had a lot of fun this year, while pushing ourselves through a very competitive central league. Highlights would be winning Qualifiers - sending us to Zones and winning Gold. We are looking forward to the excitement of provincials. Good luck to all teams!

ZONE: Central SCHOOL: Hay Lakes COLOURS: Black and Orange COACH: Debbie Pyle AST. COACH: Natalie Haak AST. COACH: Jill Logelin

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Hunter Atema	4	Wing	5'4"	10
Darci Sych	5	Post	5'7"	12
Janelle Nordin	6	Guard	5'6"	12
Regan Stevens	7	Post	5'8"	10
Sarah Lobreau	8	Post	5'9"	12
Letetia Sorenson	10	Wing	5'4"	12
Caylee Logelin	11	Wing	5'4"	12
Sylvia Kaus	12	Guard	5'7"	11
Salma Maggs	15	Wing	5'5"	11
Ciera Sykes	20	Post	5'5"	11
Emily Downey	22	Wing	5'1"	10
Katie Downey	24	Guard	5'3"	9
Kaitlyn Cancino	33	Post	5'7"	11

#6 Bawlf Wildcats





It was another great season for the girls. We played in some stronger tournaments this year, placing third in Camrose, at the Quad, and in Hay Lakes. We finished first in our league and second at Zones. The girls are looking forward to representing Central Zone for the fourth year in a row. Good luck to all the competitors.

ZONE: Central

SCHOOL: Bawlf

COLOURS: Black and Gold

COACH: Rob Longhurst AST. COACH: Al Dyck MANAGER: Keary-Lee Nelson

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Erin Keohane	1	Guard		11
Kaylee Robitaille	2	Guard		11
Shelbi Stordahl	3	Guard		10
Julia Dyck	4	Guard		12
Demi Vermeer	5	Post		11
Kassidy Baumle	6	Forward		10
Halley Hay	7	Guard		10
Madelyn Szott	8	Guard		9
Danielle Robitaille	9	Guard		9
Tia Albers	10	Forward		10
Kailee Cripps	12	Forward		12
Brandi Bignell	13	Forward		12

#7 Grand Trunk Teddies



ZONE: North Central SCHOOL: Grand Trunk High, Evansburg COLOURS: Purple, Grey, and White Co-COACH: Dan Raymond Co-COACH: Jerry Dick MANAGER: Heather Kaduk TRAINER: Trove Jones



This season marks the fourth consecutive year Grand Trunk High has competed at the 1A level, and coach JD is proud to say that each year, they have won their respective zone earning the right to compete at Provincials. We boast a respective season record of 17-8, primarily tournament play at 2A and 3A levels. Four of our losses came to fellow-ranked teams, the others on the heels of being such a young squad. We look forward to competing in this year's Provincials amongst some of the top 1A teams. We would like to thank Tro-Val for hosting this year's event, and wish all teams good luck, and good sportsmanship!

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Katherine Tornberg	3	Guard	5'10"	11
Janelle Chechotko	4	Guard	5'7"	9
Shaylen Foisy	5	Forward	5'6"	12
Megan Giezen	2 (L) /6 (D)	Guard	5'10"	10
Brooke Kaduk	7	Guard	5'3"	10
Raelyn Pollard	8	Guard	5'5″	11
Morgan Deveau	9	Forward	5'5"	10
Ryley Jones	10	Forward	5'11"	11
Allison Rusin	12	Forward	5'9"	11
Justice Druar	14	Forward	5'7"	10
Alexandra Tumac	15	Guard	5'6"	10

#8 PICS Penguins



ZONE: Edmonton SCHOOL: Parkland Immanuel Christian COLOURS: Blue and White COACH: Brad Van Raalte AST. COACH: Joyce Panek MANAGER: Ashley Tiggelaar



The PICS Penguins have had a great season competing in Metro League Division 2 against 3A & 4A schools. We attended four tournaments, winning our own "Elevate" tournament as well as the Eastglen tournament. Some big games for us were victories over John Maland (twice) Fort McMurray and Strathcona Christian Academy but we also had some good learning experiences with some tough losses. We look forward to playing against the best 1A teams in the province this weekend!

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Karlee Dykhuizen	1	Guard	5'6"	11
Hope ten Brinke	2	Forward	6'1"	11
Laurissa VanderVeen	3	Guard	5'6"	11
Erin Ferguson	4	Guard	5'6"	10
Annelise Roukema	5	Forward	5'11"	10
Kailyn Leffers	6	Guard	5'6"	12
Brooke ten Brinke	10	Forward	5'10"	10
Jordynn Dykhuizen	11	Forward	5'8"	12
Rebekah De Bruin	12	Guard	5'5"	10
Jocelyn Leffers	13	Forward	5'9"	11
Anna Marcus	15	Guard	5'6"	10

#9 Hines Creek Tigers





HCC Tigers are a young, athletic basketball team from a small rural school in northern Alberta. 2016 has been a very successful building year with a Consolation win at the GPRC Wolves Senior Classic, followed by Silver at the Dawson Creek Snowball Classic, the Glenmary Red and Gold, and Mile Zero, and Bronze at the Northern Exposure Hoop Classic. A highlight to our season was travelling to Calgary for a Top Four finish in the 2016 Crusaders/ **Eagles Basketball** Tournament.

ZONE: North West SCHOOL: Hines Creek Composite COLOURS: Black and Orange COACH: Toni Craig AST. COACH: Deanna Scott MANAGER: Janice Charchuk

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Talese Godberson	1	Guard	5'5"	10
Zoe Worobetz	2	Guard	5'1"	12
Courtney Chaykowski	3	Guard	5'5"	10
Tessa Peats	4	Forward	5'4"	10
Jeanelle Charchuk	5	Center	5'9"	10
Cassidy Charchuk	6	Forward	5'6"	10
Desiree Giesbrecht	7	Point Guard	5'4"	10
Lexie Coon	8	Guard	5'4"	11
Shaye Godberson	10	Forward	5'5″	9

#10 Olds Koinonia Christian Royals



ROYALS OLDS KOINONIA CHRISTIAN SCHOOL

After appearing in the 1A Provincial Tournament last year, the OKCS Royals were looking forward to a successful and exciting 2015-16 campaign. Injuries to two key post players tempered expectations, but the team truly coalesced under the leadership of their other returning players and the contributions of the new girls who joined the squad. A season filled with thrills and spills culminated in the Royals earning a wild card berth into what promises to be an exciting and competitive provincial championship.

ZONE: South Central SCHOOL: Olds Koinonia Christian COLOURS: Blue and White COACH: Donna Reed AST. COACH: Kelsey Sayer AST. COACH: Josh Baquie

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Mikaela Padiernos	4	Guard	5'2"	10
Anna Crowe	5	Point Guard	5'3"	12
Ashley Coney	6	Small Forward	5'6"	10
Megan Nikula	7	Post	5'10"	11
Kayla Jansen	8	Small Forward	5'5"	11
Faith Pogoda	9	Point Guard	5'6"	11
Alicia Phypers	10	Post	5'10"	12
Jewel Jansen	11	Point Guard	5'7"	11
Kyla Bosomworth	12	Post	5'6"	11
Kimberly Rieberger	13	Post	5'8″	11
Riley Baquie	14	Post	6'2"	12

#11 Trochu Valley Jays



BASKETBALL

The Troval Jays had an exciting season. They won their home tournament, finished second at Rosemary, Brooks, and Drumheller, and also won consolation at Ryley. They are excited to host the top 12 teams in the province in their brand-new gym and look forward to an awesome tournament!!

ZONE: South Central SCHOOL: Trochu Valley COLOURS: Blue and White COACH: Chantalle Boese AST. COACH: Tori Adolf

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Jolina De La Cruz	4	Guard	5'1"	11
Jillian Kary	5	Point Guard	5'6"	11
Jenny Lyver	6	Point Guard	5'7"	12
Carter Pennock	7	Post	5'8"	10
Tessa Newton	8	Post	5'7"	10
Michelle Hoppins	9	Post	5'9"	11
Erin Benedict	10	Post	5'6"	11
Chloe Cheshire	11	Guard	5'6"	11
Delaney Campbell	12	Post	5'5"	12
Maggie Adolf	13	Guard	5'5"	12
Rachelle Frere	14	Post	5'10"	12

#12 Glendon Marquise





The Glendon Marquise have a rich history of basketball in 1A Girls' play: qualifying for Provincials 7 times in 10 years, winning the Championship in 2005 and since winning Consolation 3 times. We look forward to representing our zone and the community of Glendon. Good Luck to all the teams participating at the tournament and a big thank you to Tro-Val and the community of Trochu.

ZONE: North East

COACH: Sandra Lysy

SCHOOL: Glendon

COLOURS: Green and Gold

AST. COACH: Brittany Webber / Daryn Galatiuk MANAGER: Gord Lotsberg

PLAYER NAME	JERSEY #	POSITION	HEIGHT	GRADE
Faith Janz	1	Post		11
Jessica Goguen	2	Guard		11
Brooke Skrypichayko	3	Wing		9
Samantha Makaruk	4	Wing		11
Hayley Theroux	5	Guard		12
Heidi DeBusschere	6	Post		11
Melinda Mack	7	Guard		12
Paige Kwiatkowski	8	Wing		11
Julia Tran	9	Guard		12
Brooke McOuat	11	Wing		11
Carlie Ann Lotsberg	13	Guard		10
Abigail Hunt	14	Post		12

1A Girls CHAMPION	YEAR	SPORTSMANSHIP 1A Girls
Morrin	1965	
Sylvan Lake	1966	
Delia	1967	
Stavely	1968	
Livingstone, Lundbreck	1969	
Morrin	1970	
St. Joseph's, Grande Prairie	1971	
Ryley	1972	
Thorsby	1973	
Nobleford	1974	
Chamberlain, Grassy Lake	1975	
Chamberlain, Grassy Lake	1976	Wanham
Chamberlain, Grassy Lake	1977	Fairview
Nobleford	1978	Acme
New Norway	1979	Wanham
Nobleford	1980	Grassland
Nobleford	1981	Berwyn
Nobleford	1982	Rocky Lane, Fort Vermillion
Ashmont	1983	Rocky Lane, Fort Vermilion
Bashaw	1984	Three Hills
St. Michael's, Pincher Creek	1985	St. Jerome's, Vermilion
St. Michael's, Pincher Creek	1986	St. Mary's, Vegreville
St. Michael's, Pincher Creek	1987	Beiseker
St. Mary's, Vegreville	1988	Three Hills
St. Thomas More, Fairview	1989	Cremona
Coalhurst	1990	Foremost
Foremost	1991	Calgary Christian
Stirling	1992	Carbon
Stirling	1993	Bawlf
Milk River	1994	Hines Creek High
Milk River	1995	Olds Koinonia Christian
Foremost	1996	Foremost
CIALS Foremost	1997	Carbon
CRUVALET 2016 Stirling	1998	Foremost
Stirling	1999	Parkland Immanuel Christian School



1A Girls CHAMPION	YEAR	SPORTSMANSHIP 1A Girls
Carbon	2000	St. Thomas More, Fairview
Ryley	2001	Carbon
Foremost	2002	Livingstone
Foremost	2003	Marwayne
Foremost	2004	St. Michael's, Pincher Creek
Glendon	2005	Livingstone
Foremost	2006	Parkland Immanuel Christian School
Foremost	2007	New Norway
Ryley	2008	Livingstone
Trochu Valley	2009	Trochu Valley
Acme	2010	E.H. Walter, Paradise Valley
St. Michael's, Pincher Creek	2011	Bassano
Ryley	2012	Worsley
Stirling	2013	Grand Trunk High School
Stirling	2014	Bawlf
Stirling	2015	Acme
Ethel Cuts Trophy		CAM & Joan Richardson Trophy

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