

Alberta Schools' Athletic Association

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John Paton
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June 2004

Important Dates

September 12	Golf registration deadline
September 15	Eligibility appeals deadline for golf, cross country running, football and volleyball
September 20-21	Golf provincials
October 5	Cross country registration deadline
October 10	School registration deadline to determine ASAA classification
October 15	Volleyball and football registration and declaration
October 15	Eligibility appeal deadline for wrestling, cheerleading and curling
October 16	Cross country provincials

In September, each school will receive two wall calendars and policy handbooks that outline all the deadlines for the upcoming year. Deadlines will also be regularly updated online at www.asaa.ca. Please keep these deadlines in mind and register your school and your teams on time to avoid paying late registration penalties. Remember to phone, fax or email the ASAA office before the deadline if you experience any difficulty.

New ASAA Board Members for 2004/05

The ASAA welcomes its newest board members, voted in at the ASAA Annual General Meeting on May 14-15 in Edmonton.

Executive

Dwayne Sheehan - Vice-President
Kelle Hansen - Director of Athletics (Girls)

Commissioners

Leslie Larsen - Girls Basketball Commissioner
Dale Henderson - Golf Commissioner
Norma Love - Track & Field Commissioner

Outgoing Board Members

The outgoing board members have fulfilled their two to four year commitment with the ASAA. Sincerest thanks to the following people for their contribution and dedication to high school sport in Alberta:

Executive

Dan Sloan - Past President
Gerarda Germain - Director of Athletics

Commissioners

Sheila Garber - Girls Basketball Commissioner
Ross Blackmer - Golf Commissioner
Peggy Au - Track & Field Commissioner

Sportsmanship Pin Winners

In addition to those mentioned in the April newsletter, the following individuals have been recognized for their sportsmanlike conduct at this year's provincial championships.

Badminton

Jackie Amsbaugh, Salisbury Composite
Blake Murdoch, Salisbury Composite
Kevin Visser, Neerlandia
Blain Weber, George McDougall
Tisa Bevan, Bev Facey
Heather Lund, Notre Dame

Curling

Nicolas Melin, Frank Maddock
Lindsey Bierkos, Frank Maddock
Kelly Erickson, Frank Maddock

Provincial Wrestling

Derek Ackermans, Olds
Leanne Scheider, Bishop Carroll
John Burley, Sir Winston Churchill
Nadia Hazime, Ernest Manning
Joe Loucks, Bishop Carroll

Basketball – 2A Girls

Emma Doll, Glenmary, Peace River
Lauren Penry, St. Mary's, Taber
Kayla Dykstra, Calgary Christian

Rural Wrestling

Highwood High Team
Michael Carlson, Hunting Hills
Andrew Turner, LCI

Cross Country

Wetaskiwin Composite Team

Basketball – 1A Girls

Perry Schofield (coach), Ridgevalley

Volleyball – 4A Boys

Cam Main, Lord Beaverbrook



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It's not just great weather that lifts our spirits

Another great year of high school athletics wrapped up last weekend. From June 4-5, I had the pleasure of attending a superbly organized track and field provincial championship event in Calgary. After a few weeks of doubtful weather, zone postponements and some preliminary events that were held in driving rain, the sun shone for two days on Foothills Park Athletic Track in Calgary. All around me were the excited faces of high school students – some for their third time at provincials, others there for their very first. Numerous multi-sport athletes were also attending yet another ASAA event. There were so many key players who pulled this event together that to name a few may mean that I miss many more, so I will simply say thanks on behalf of the ASAA and the student athletes of this province to all host committee members for your great efforts.

A few weeks earlier I heard rave reviews about how well the ASAA badminton provincials event was organized by Grande Prairie Composite High School. In what would be a first, certainly in the past 10 years, the event hosts were able to secure grant funding (through a Community Initiatives Program Grant) that meant they could waive the entry fee for all athletes. Event participants were also treated to free movie passes and much more.

We have so many more championship hosts to thank for their efforts, so if you are one of those who hosted a provincial championship this year, the sincere thanks of the ASAA and student athletes and their coaches goes out to you. You have certainly raised the bar for future hosts.

To those who have volunteered your time to coach, thank you. While it is the student athletes we are here for, it would not be possible to provide quality interschool sporting opportunities without the efforts of teachers and other coaches/managers who come out week after week to work with students.

So, as the sun shone on Calgary and our provincial championship on June 4-5, the sun has also shone on the ASAA and all involved with it during the past year. We have witnessed some outstanding athletic performances and excellent sportsmanship. We have seen our leaders of tomorrow battle adversity and succeed. Through the school sport arena there have been countless teachable moments where coaches and students alike have learned some of life's lessons. For all of this we can be thankful.

As we move into another year, I look forward to ASAA provincial championships continuing to be well organized events that student athletes look forward to participating in as they create the defining moments of their high school years. Their positive experiences may bring many of them back as high school coaches or, at a minimum, make them lifetime supporters of high school sport.

Thank you all for your involvement in and dedication to school athletics and I wish you all a relaxing summer. I look forward to working with you again in the upcoming school year.



John Paton
Executive Director



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**Routledge Award Winner 2003/04
Hugh Nester**

Hugh Nester is an athletic director, teacher and coach at New Norway High. He has been very active in ASAA activities, including a term as Golf Commissioner from 1996 to 2000. In addition, he has chaired and served on many provincial tournament committees, was one of the key organizers of the 2002 Alberta Summer Games and is very active in the larger community as a hockey coach.

Hugh’s enthusiasm and dedication to his teaching have helped him to develop what Patrick McFeely, the Principal of New Norway, feels is the most successful physical education program in the province. Approximately 90% of New Norway students participate in physical education classes for all three years of their high school education.

Hugh takes every opportunity to allow his students to showcase their athletic abilities. Hugh’s strong leadership skills have served him well in the performance of his daily duties as teacher, coach, and school counsellor. He takes the time to build relationships with his students and colleagues and conveys genuine care and concern for others. Hugh has gone to great lengths to ensure that all students feel they have value and worth at New Norway School. His understanding that each and every student is unique makes Hugh an educator that all students and staff appreciate. He has nurtured an atmosphere of sportsmanship that has garnered the school four ASAA sportsmanship awards in the past five years.

In recognition of his contribution to high school athletics, the ASAA is proud to present Hugh with the 2004 R. H. Routledge Award of Merit.

**Sponsor Recognition Award Winner 2003/04
Elite Sportswear and Awards**

Elite Sportswear has been an excellent sponsor of the ASAA for well over a decade. For many years Elite Sportswear has been sponsoring the ASAA Wall Calendar, and they continue with that sponsorship today.

Over the years, the ASAA has taken advantage of the creative team at Elite Sportswear to design t-shirts for provincial champions, and our hosts have used Elite Sportswear regularly as well.



The ASAA is grateful for the assistance that Elite, via the efforts of Bryan Thomas, has provided to high school sport in Alberta and is proud to award Elite with the 2004 Sponsor Recognition Award.

**Most Sportsmanlike Coach 2003/04
Eileen Hines
Marwayne Jubilee School**

In addition to teaching Kindergarten at Marwayne Jubilee School, Eileen Hines is the coach of the 1A Girls Basketball team, the Wildcats. Her colleagues, as well as her student athletes and their parents, nominated Eileen for the 2004 Most Sportsmanlike Coach Award to recognize her dedication to coaching.



Eileen always emphasizes the importance of being positive and having fun, and she teaches her players to show respect for teammates, referees and opponents. She is the first to clap when an injured player rises from the court; the first to get to know the referee; and the first to shake hands with the opposing team’s coach before each game. She practices and teaches the value of consideration for others, on and off the court, including dealing with officials in a calm and rational manner, accepting referee decisions with grace, complimenting other coaches and players and providing players with positive feedback rather than criticism. In addition, Eileen never loses sight of the fact that all of her girls want to participate, and she tries to ensure that they each get a chance to play.

In short, Eileen is a positive role model who has highlighted the value of sportsmanship through her dedication and her love of coaching. The ASAA is proud to award her with the 2004 Most Sportsmanlike Coach Award.

Media Recognition Award Jules Xavier - Wetaskiwin Times Advertiser

As the Sports Reporter for the Wetaskiwin Times Advertiser, Jules Xavier has made school sports headline news.

Through his commitment to informing the Wetaskiwin community about school sports and student athletes, Jules has highlighted school sports as a valuable resource in the community. He takes the time to talk with coaches and student athletes in an effort to stay up-to-date with school-sport developments. Moreover, he ensures that no one sport receives special attention; he informs the community about the accomplishments of student athletes in all school-sport activities. Finally, by advocating the value of school sports to overall student development, as well as the importance of volunteer coaching and fair play, Jules has promoted a positive image of school sports and student athletes in Wetaskiwin.



One of the keys to Jules' success in making school sports headline news in Wetaskiwin is his consistent interaction with the community. Students and parents know Jules, and he knows them. In addition, he takes personal time to travel with Wetaskiwin Composite teams to important games and events so that he can offer a first-person perspective of the teams' talent, effort, and success. It is because of this dedication, combined with a commitment to quality school-sports reporting, that the ASAA is proud to present Jules with the 2004 Media Recognition Award.

Following is a sample of Jules' work - a feature story on Dan Sperber following the 2004 McDonald's/ASAA Track & Field Provincial Championship in Calgary

JOCK TALK

By Jules Xavier

Wetaskiwin Times Advertiser

Dan Sperber capped his varsity career wearing Sabres' colours with two bronze medals at the provincial high school track and field championships. Harry Ainlay's Aaron Robson won both senior boys' 1,500m and 3,000m runs in Calgary with the runner-up in both races battling Sperber to the finish line. He established a new provincial record in the 3,000m run. And in both races, Sperber bettered his times run at the area and zone track meets held in Camrose. "I think I have better times in me than came out in the 15 and the three, but in all honesty, I couldn't have gone any faster in either of the races," offered the WCHS 12th grader. "I am really proud of how (the races) unfolded."

In the 1,500m, Sperber was two seconds back of silver medalist Dylan Hackenbrook of Red Deer's Hunting Hills. Salisbury's Cam Mang garnered silver in the 3,000m, crossing the line three seconds ahead of Sperber, who concedes the races unfolded as predicted. "Aaron Robson won both, so I let him go at the start," recalled Sperber on his race day strategies. "He ran his own race and I settled into the lead pack. In the 3,000m, the pace was pretty quick and I was boxed in, so I stayed in the pack until there was a mile left. Then I tried to separate things. In the 1,500m, no one was willing to lead, so I took the lead and pushed the pace right from the start. In terms of

strategy, everything revolves around the fact I can't sprint, and I don't have much of a kick. My only hope is to make a race sufficiently quick that either I lose everyone, or they're in enough pain they can't out kick me."

Sperber believes his game plan in both races worked. "I did a good job of that; in both races I was in a pack of six or so, fighting for silver, and in both cases I lost the pack, and fought off everybody but one runner. I got out kicked in both races, in the last 400m, but I ran really smart, and really hard, to beat off the rest." In his 3,000m race, Sperber was clocked in 9:32.26 — Robson's time was 8:31.23. In the 1,500m, Sperber's time was 4:19.37 — Robson was clocked in 3:59.24. "I have to create distance, and hurt the other runners, in order to prevail in a close race," said Sperber. "It's harder and requires more energy, but that's the price you pay when you're not very talented."

What did coach Peter Wright give Sperber in the way of any advice to run the senior distance races in Calgary? "Pretty much just 'don't let it become a kicking contest. The same thing he's been saying since Grade 10. Just reaffirming the fact I can't run comfortably, I have to work harder than I want to, earlier than I want to, because I can't rely on good things happening at the end of races."

Sperber experiences different feelings, depending on his race, when he steps to the start line and awaits the

starters commands and the gun to go off. In the 3000m, he's a little excited, a little angry, yet pretty focused. In his 800m race, he's worried "because it's not my race." In the 1,500m race, Sperber is "extremely focused, kind of the same emotion you have right before you hit the floor for a loose ball, you know it's going to hurt, but you know you're going to make yourself do it anyway."

With three records established in the area track meet in the 800, 1,500 and 3,000, Sperber had no complaints with his times — bettering how he ran in Camrose to his finishes in Calgary. "The times obviously improved from areas to provies, but mostly because of effort level. At areas and zones, I pretty much run to win, make sure I can get through in all of my events. I was hoping for a little bit better times at provincials, but to be realistic, my goals were a little ambitious."

Which of the two distance races is Sperber's favourite? "The 3,000 is longer; I'm better at it. If there was a 5,000 at provincials I'd probably run that. The longer, the better." And what about the 800m? "For me, the 800m is almost a full out sprint. It's the same for the club guys in Edmonton who train all year. They sprint a lot faster than I do, so I'm not really competitive in the 800."

Sperber sees the contrast between running on a track or traversing a scenic wilderness course during fall's cross-country season. "The contrast between track and cross-country is interesting because I enjoy cross-country more, but I do a lot better provincially at track and field." Sperber had culled more medals on the track than he collected running cross-country. His three year's on Wright's team at provincials resulted in eighth, fourth and seventh-place finishes. "I think track might require more mental focus to do well, because maintaining a strong pace is so crucial," he explained. "You race the clock as much as you race the other athletes. In cross-country, you don't really need to motivate yourself or get yourself into a race, because the hills ascents cut into your legs and make your brain focus." Sperber added, "I'm pretty heavy-set for a runner also, so that might contribute to better middle-distance times compared to cross-country."

How much training does Sperber put in to give himself a chance to medal at the senior level, knowing he's likely up against some top distance talent from across the province, facing runners who are focused on only one sport? "The basketball-running problem has been there all through high school and I know I would be better at each sport if I quit the other," he said. "I love basketball, but I'm a better runner than basketball player. Both Pete and coach (Rob) Cross understood that, and I'm sure both would have been happier if I was single sport athlete). Personally, I dedicate myself full-time to both sports in season, that's my commitment, and although I know I'm not as good as I could be, I'm happy with my perfor-

mance."

Off to the University of Calgary this fall, where Sperber is looking to pursue a career in medicine, he will focus on one sport — running. "One of the things that excites me about university is being able to train year-round for running, and seeing how good I can really be." Sperber is aware records are set to be broken. He concedes there's talent coming up in the Sabres distance program and his 2004 records will likely fall. "There is no doubt in my mind all of my records will be broken in the next three years, either by (younger sibling) Nathan or the Ostapowichs (Tayler and Jaden). "I'm not a great athlete, naturally. I'm a worker, a hustle player. It's the same in running and basketball. I hope our juniors, and the Grade 9's will look at my example and see you can be competitive provincially as long as you're willing to work hard." He added, "I think that's my legacy, both on the court and the track; not really a special talent, but a model of a good work ethic."

Sperber concedes there's a balancing act when it comes to post-secondary education and varsity sports. Will he don Dinosaurs' colours? "It's hard to say. Life at university has to be focused on academics, but I've talked to the coaches at the U of C, and they want me to run. "I think I can fit both into my life."

What is his proudest moment as a Sabres athlete? "Probably getting fourth at cross-country provincials in Grade 11. It was my first really good result at provies. I was aiming for top-five, and I don't think I've run as hard in my life. I started my kick about 400m too early and just barely hung on to the race. I've never felt so good about losing." Any other highlights? "I remember basketball tryouts from Grade 10 like it was yesterday. My first game at home against Lacombe. Probably my two medals this year at track. Winning the Louis St. Laurent tournament in Edmonton. There are so many things that are important to me, I mean, high school sports have been my life for the past three years. I go to school, and there's other stuff going on, but there's nothing I care about more than the basketball team and our running teams."

Yet, Sperber is able to maintain a high grade average among his graduating class of 2004. There's no secret formula to being able to score on the basketball court, Reach team or on tests and exams. "To be honest, I don't study. I do homework when I have to. But I pay attention in class. I'm really lucky that way. Once school is out, sports is what I worry about." Does he think athletic endeavours also helped with his academic achievements? "Sports doesn't build character, it reveals it. It takes the same work ethic to succeed in the classroom as it does to succeed on the track," offered Sperber. "It's all about a willingness to work."

Badminton Results

			Name	School	City
Junior Girls Singles					
	Category 1	Gold	Jacqueline Hockley	Cochrane High	Cochrane
		Silver	Brittany Beinggessner	Rundle College	Calgary
		Bronze	Becky Ross	Western Canada	Calgary
	Category 2	Gold	Shannon Grove	Medicine Hat High	Medicine Hat
		Silver	Lisa Barr	Ponoka Comp.	Ponoka
		Bronze	Kayla Karnjcevic	Holy Trinity Academy	Okotoks
Junior Boys Singles					
	Category 1	Gold	Stephen Keating	Sir Winston Churchill	Calgary
		Silver	Charles Lim	Harry Ainlay	Edmonton
		Bronze	Davis Howatt-Lambert	Strathcona	Edmonton
	Category 2	Gold	Kevin Visser	Neerlandia High	Neerlandia
		Silver	Matt Boody	Three Hills School	Three Hills
		Bronze	Brian Baker	Lindsay Thurber	Red Deer
Junior Girls Doubles					
		Gold	Belinda Cheung Carmen Fong	Harry Ainlay	Edmonton
		Silver	Keturah Wiebe Michelle Sutanto	West Wood	Fort McMurray
		Bronze	Hillary Kubinec Jordana Tetz	Trochu Valley High	Trochu
Junior Boys Doubles					
		Gold	Paul Delhorn Jameh Jivraj	Harry Ainlay	Edmonton
		Silver	Michael Sherk Brendon Birnie-Brown	Hillside High	Valleyview
		Bronze	Kerry Boon Elijah Budwill	Notre Dame	Red Deer
Junior Mixed Doubles					
		Gold	Mandy Schar Tyrell McNabb	Hillside High	Valleyview
		Silver	Crystal Shapka Matt Richardson	Foothills Comp.	Okotoks
		Bronze	Jackie Amsbaugh Blake Murdoch	Salisbury	Sherwood Park
Intermediate Girls Singles					
	Category 1	Gold	Vanessa Hang	Fr. P. Mercredi	Fort McMurray
		Silver	Grace Shen	Harry Ainlay	Edmonton
		Bronze	Nicole Cote	Lloydminster Comp.	Lloydminster
	Category 2	Gold	Charlene Antaya	St. Josphe	Grande Prairie
		Silver	Tisa Bevin	Bev Facey	Sherwood Park
		Bronze	Kelsey Rowntree	Winston Churchill	Lethbridge
Intermediate Boys Singles					
	Category 1	Gold	Michael Wang	W.P. Wagner	Edmonton
		Silver	Matthias Fong	William Aberhart	Calgary
		Bronze	Winston Chiu	Ross Sheppard	Edmonton
	Category 2	Gold	Damon Uniat	Bow Valley High	Bow Valley
		Silver	Stephen Adams	Three Hills School	Three Hills
		Bronze	Warren Moody	Calmar High	Calmar

		Name	School	City	
Intermediate Girls Doubles	Gold	Pauline Scaviour Sarah Davis	Western Canada	Calgary	
	Silver	Vivian Tang Yvonne Tang	L.C.I.	Lethbridge	
	Bronze	Brieanne Wass Jennifer Rollison	Lloydminster Comp.	Lloydminster	
Intermediate Boys Doubles	Gold	Toby Lau Duncan Fong	Ernest Manning	Calgary	
	Silver	Denver Wik Jason Chatwood	Innisfail High	Innisfail	
	Bronze	Stephen Pratt Riley Huculak	E.W. Pratt	High Prairie	
Intermediate Mixed Doubles	Gold	Natasha Lieu Michael Chong	McNally	Edmonton	
	Silver	Amy Drummond Tim Gordey	E.W. Pratt	High Prairie	
	Bronze	Chantelle Boese Cam Black	Prairie High	Three Hills	
Senior Girls Singles	Category 1	Gold	Kristy LaChapelle	Western Canada	Calgary
		Silver	Julie Direnga	Barrhead Composite	Barrhead
		Bronze	Emily Sutanto	West Wood	Fort McMurray
	Category 2	Gold	Erin Brady	GCHS	Cold Lake
		Silver	Kay Davyduke	Camrose Comp.	Camrose
		Bronze	Kaly Yeske	Paul Kane	St. Albert
Senior Boys Singles	Category 1	Gold	Lee Kogan	Ernest Manning	Calgary
		Silver	Blain Weber	George McDougall	Airdrie
		Bronze	Thaddeus Yu	Prairie High	Three Hills
	Category 2	Gold	Ian Scott	Paul Kane	St. Albert
		Silver	Ryan Lund	Notre Dame	Red Deer
		Bronze	Shane Robinson	Lloydminster Comp.	Lloydminster
Senior Girls Doubles	Gold	Zarina Bhambhani Reshma Bhambhani	Harry Ainlay	Edmonton	
	Silver	Kitty Wu Angela Ko	Western Canada	Calgary	
	Bronze	Andrea Richard Dana Stewart	Three Hills School	Three Hills	
Senior Boys Doubles	Gold	Keith Wilson Jason Sheuneman	Western Canada	Calgary	
	Silver	Andrew Wong Anthony Lott	Old Scona	Edmonton	
	Bronze	Jeff Quon Jason Ma	LCI	Lethbridge	
Senior Mixed Doubles	Gold	Kate Proud Billy Dejong	Rundle College	Calgary	
	Silver	Kayla Wenzel Raul Padilla	Brooks Comp.	Brooks	
	Bronze	Danielle Fraser Tylor Ottenbrite	GCHS	Cold Lake	

Annual General Meeting Minutes

May 14-15, 2004 - Delta Edmonton South, Edmonton

Executive and Staff

Jim McLellan, President	Dan Sloan, Past President
Ishbel Mucklow, Vice-President	Ian MacGillivray, Director of Athletics
John Paton, Executive Director	Jennifer McNeil, Sports Coordinator
Lynda Bourak, Communications & Sports Director	

Commissioners

Norbert Baharally, Badminton	Sheila Garber, Girls Basketball
Derrick Mitchinson, Boys Basketball	Julie Stoehr, Cheerleading
Darrell Feschuk, Cross Country	Lori Olson, Curling
Jim Burchell, Football	Ross Blackmer, Golf
Erin Martin, Girls Volleyball	Peggy Au, Track & Field
Dave Johnson, Boys Volleyball	Marg McCuaig-Boyd, Sportsmanship
Mike Spinney, Wrestling	

Zones

Dwayne Sheehan, Calgary Secretary	Brian Bridal, Calgary
Brenda Van Tighem, Calgary Representative	Steve Lush, Central President
Shawna Pearman, Central Secretary	Dale Henderson, Central Representative
Sue Leighton, Edmonton Metro	Norma Smith, Edmonton Metro Secretary
Don Zabloski, Edmonton Public	Scott Sinclair, Edmonton Public Secretary
Ron Allen, Edmonton Metro	Myron Bury, North Central Secretary
Sonia Bury, North Central Representative	Kelle Hansen, North Central Representative
Tom Groat, North East Representative	Tim Schultz, North West President
Larry Wagner, North West Secretary	Terry Hanna, South President
Marg Derbyshire, South Secretary	Dallen Leavitt, South Representative
Mike Hansen, South Central President	Anne Hansen, South Central Secretary
Al Gallup, South Central Representative	

Other Delegates

Korrine Krokosh, ASRPW Fdn	Karin Engen, ASBA
Wayne Meadows, Universities	Barb Young, HPEC
Marg Schwartz, Alberta Learning	

Apologies

Gerarda Germain, Director of Athletics	Gary Smith, Member at Large
Karl Germann, CASS	

1.0 President's Remarks/Welcome and Establishment of Votes
Voting Strength: 38

2.0 Adoption of the Agenda
MOTION (Peggy Au/Dwayne Sheehan) to accept the agenda as amended.
MOTION CARRIED

3.0 Minutes of Fall Planning Meeting, December 4-5, 2003
MOTION (Steve Lush/Ron Allen) to accept the minutes as presented.
MOTION CARRIED

4.0 Financials
4.1 Interim Statement: September 1, 2003 - May 12, 2004
MOTION (Lori Olson/Julie Stoehr) To accept the financial statement as presented.
MOTION CARRIED

4.2 2004/2005 Proposed Budget
MOTION (Mike Spinney/Don Zabloski) To approve the proposed budget as presented.
MOTION CARRIED

5.0 Business Arising
5.1 Alberta Coaching Education Initiative/CBET
Shona Schleppe from the ASRPW Foundation spoke about the partnership that had been struck between ASRPWF

and ASAA to promote coaching education in schools. 80 vouchers were made available to the ASAA to be given to teacher coaches to take NCCP courses. Thirty-two vouchers were given out; one has been redeemed to date.

The voucher program will continue in the fall. They will be promoted through the ASAA website, newsletters, etc. Teacher coaches will be given first priority, but the vouchers can also be used by non-teacher coaches. The program will be opened up to junior high coaches as well. The ASRPWF and the ASAA are looking at working with the various sport associations to be able to put together a complete package that would include both technical and theory parts of the program. The vouchers would only be applicable to certification courses (NCCP) and not general professional development courses.

The new NCCP program started in April. CBET (Competency Based Education Training) is a new way of presenting the NCCP program; it is not a course intended to replace NCCP. CBET is divided into modules, many of which have themes and all of which are outcomes based. Participants have to take the courses and then demonstrate their skills-coaching, planning practices, etc. before being certified. New NCCP certificates will have a five-year expiration. Theory level three will not be eliminated until 2006.

5.2 School Sport Week 2004

Jostens has agreed to sponsor the posters for school sport week for all Canadian School Sport Federation members. School sports week will be celebrated again this year and everyone is encouraged to take part. John asked the board if it would like us to designate days for particular activities. The general feeling was for schools to be given some ideas and let them do with it what they can.

6.0 Reports

Verbal summaries of written reports were presented by each individual.

6.1 President

The written report was reviewed and Jim made special mention of the sportsmanship presentation he made at J.T. Foster in Nanton and said this was clearly a highlight for this school.

6.2 Executive Director (reviewed written report)

6.3 Badminton Commissioner (reviewed written report)

6.4 Boys and Girls Basketball Commissioners (reviewed written report)

6.5 Cheerleading Commissioner (reviewed written report)

6.6 Curling Commissioner (reviewed written report)

6.7 Football Commissioner (reviewed written report)

6.8 Boys & Girls Volleyball Commissioners (reviewed written report)

Barb Young wondered about the rule changes that will be put into effect in September; will they be automatically adopted by the ASAA or will there be a lag for the ASAA to modify rules if necessary to be suitable for high school students. John Paton noted that if there are rule changes that negatively affect students, the commissioners and executive would address it.

6.9 Wrestling Commissioner (reviewed written report)

6.10 Sportsmanship Commissioner (reviewed written report)

6.11 Golf Commissioner (report discussed in December 2003)

6.12 Other Reports: ASBA, ASRPWF, Universities, CASS, HPEC, Alberta Learning, ATA

ASBA (Karen Engen)

- Spring conference is the first Monday and Tuesday in June. There is an information session for anyone wanting to run for trustee.
- At spring conference ASBA approved their budget.
- Don asked about the initiative for physical activity in the schools. Karen said that boards do support physical activity, but she mentions that there are concerns about how this will be implemented in the schools.
- Jim McLellan noted that the ASBA is one of the groups asked for input on the program.
- Steve Lush said that the program will begin in junior high and the senior highs will be addressed later on.

ASRPWF (Korrine Krokosh)

- Sport participation initiative-partnership with federal government to work with sports associations to promote sports for disadvantaged or underrepresented groups; for example, students with disabilities, women, minorities, etc.
- Currently accepting applications for Summer Games Mission Staff
- In 2005, Leadership and Officials symposium will be combined and held in Banff March 31-April 2, 2005.
- Athlete of the Year Awards will be given to James Steacy, Keamia Rasa, Michelle Kelly and Jeremy Wotherspoon in a ceremony on October 6, 2004 in Calgary.

Universities (Wayne Meadows)

- Continuing to work with new teachers in the physical education department to familiarize them with ASAA policies.
- Doing research on the concept of teacher-coaches and the added responsibilities that come with performing both roles.

- Planning to incorporate the Safety Guidelines into the teaching plans.
- Wayne thanked everyone for taking on student teachers, many of whom begin their coaching careers during the practicum.
- Conducting research into alternative sport schools.
- Promoting CPR certification and coaching education tools to student teachers

HPEC (Barb Young)

- Whirlwind of Wellness (HPEC Conference) was May 7-8 in Lethbridge. Next year's conference will be May 13-14 in Fort McMurray. All areas of the province are now represented on HPEC. The HPEC Runner magazine is now out-submissions for the magazine are welcome.
- As of January 1, HPEC has a website www.hpec.ca. The Ever Active Schools Coordinator position is now open and once filled, the person will be working with Schools Come Alive.
- The new daily physical activity (DPA) initiative for K-9 is optional this year but will become mandatory for all grades in 2005/2006.
- Karen mentioned the CPR courses that are being offered and recounted a story close to home that demonstrated the significance of this course and its benefit to youngsters.

Alberta Learning (Marg Schwartz)

- Marg spoke about the Daily Physical Activity (DPA) initiative. She is not able to provide resources and guiding principles, but she is able to provide information.
- The DPA will be optional for K-9 in 2004 and mandatory in 2005. For junior highs it will be implemented in 2005, and in high schools thereafter but it will not involve 30 minutes a day for high schools. The ultimate goal is to increase physical activity levels of high school students.
- Research has shown that physical activity needs to be structured and linked to learning. So far, stakeholder consultations have indicated that if you don't attach CEU to the physical activities, students won't participate; students should have choices; and the DPA must look and feel different from the current situation in order to generate interest.
- Some also feel daily physical activity should be part of graduation requirements and Alberta Learning is also discussing acceptance of PE 30 as a requirement for acceptance with universities. Universities will also be consulted regarding the requirement to have a graduation diploma in order to be accepted at University.
- Marg has spoken to a number of people all around the table and has asked questions-what if there were a physical activity course, what if there were modules? The costs involved in implementing such a 3-credit course involving every student in grades 11 and 12 would be around \$32 million a year.
- Mandatory two modules would cost about \$27 million a year before courses are developed.
- A mandatory portfolio documenting physical activity hours is also an idea that has been suggested.
- Comments from the field also included the difficulties with implementing DPA at schools with grades 9-12 if the requirement is "daily" for grade 9 and modularized for grades 11 and 12.
- Guiding principles should be available soon.
- Marg highlighted some of the Issues from stakeholder meetings:
 - Concern surrounding the terms *daily* and *30 minutes*
 - Need to balance quality with regularity to increase overall health
 - Timetabling makes it difficult where there are other instructional focuses
 - If schools are stuck on 30 minutes, they may be in a bind because of access to community facilities/services
 - Alberta Learning needs to provide direction and leadership about what they want to see implemented in schools.
 - Lack of teacher expertise
 - DPA will happen in schools where there is a champion willing to make it happen
 - Perceived lack of funding re: use of community facilities
 - Administrators are seen as the gatekeepers of this initiative
 - This initiative must be fun. If the physical activity opportunities offered are not motivating or providing quality learning activities, kids will be turned off physical activity.
 - Marginalized kids must be a focus. The goal can't simply be to make fit kids fitter.
- Discussion with ASAA board members included the following comments:
 - Some suggestions from the field include providing credit for students who have already made choices to be physically active such as those who play sports in schools.
 - In smaller schools (K-12) there may be one person who does all the physical education instruction. Is there information out there now for administrators to use while this is optional? Marg responded that information will be ready for the fall. Currently teachers can visit the CAHPERD website to find Alberta QDPE schools. The Platinum level winners all have 30 minutes of daily physical education. Visit www.cahperd.ca
 - Tim Schultz said that in a small high school, it doesn't fit into some student's timetable because only one block is offered and it may not fit with what else students have to take. Many kids who participate in outside of school sport activities will most likely be fit for life because they take the initiative to do so.
 - Marg mentioned some brainstorming that has taken place where schools could share facilities and costs where modules are all offered at the same time.

- Ishbel talked about perhaps making 106 the number of credits required for graduating, which may prompt students to take more physical education classes
- One delegate mentioned that Phys. Ed. 10 is offered for 10 days in the summer for three credits and many students complete Phys. Ed. 10 at that time. This is contradictory to the goals of daily physical activity.

MOTION (Dave Mitchinson/Sheila Garber) To accept all reports as presented

MOTION CARRIED

Alberta Teachers' Association

- John Paton and Catherine Moir have had some ongoing discussion surrounding the issue of provincial championships being scheduled on dates with Teachers' Convention.
- Earl Hjelter brought greetings from the ATA and wants to go over conflicting dates. The School Act has two days set aside for Teachers' Convention. ATA also has an obligation to provide teachers with well-developed and useful developmental activities. Earl noted the Learning Commission identified teachers' convention as one thing that should be cut and developmental activities should be dealt with at school level.
- Government believes convention must not be that important because many teachers don't attend and there are often leaves allowed for teachers to miss convention. The public is more interested these days in teacher accountability whereas before most weren't too interested in what teachers were doing on those two days. ATA believes we need to look at making teachers accountable for attending these developmental days that are paid for from the public purse, while still recognizing that certain activities are in conflict with convention dates and this often precludes some teachers from attending convention.
- Wrestling is one sport where dates conflict nearly each year. Earl appreciates that there are some instances where not every zone is affected by championship/convention conflict, but that more often at least one area is.
- Catherine and John have worked to find a schedule that presents the least amount of conflict. One wrinkle is that ATA sets convention 10 years in advance and are based on the first weekend in February and family day so the dates are tied to the calendar not a specific date. Catherine suggests setting the dates based on convention schedules or possibly spring break may work to accommodate everyone's needs.
- Ian - what happens to zone dates that will have to move if provincial dates are changed? ATA said part of the 1987 agreement was that zones would never be scheduled on convention dates (the agreement reads "the ASAA will notify all zones to avoid local convention dates for zone playoffs").
- Jim wonders about dropping one of the convention weekends-ATA says some areas have signed long term leases at convention facilities so they're tied until about 2011.
- Lori - does ATA have any idea how many teacher coaches are affected by convention dates? Catherine responded that no exact numbers are known but they are likely fewer than 100.
- ATA says the process is not the issue-ATA believes in teachers' rights to two days for professional development, not to use those two days for coaching.
- Don - why are conventions always Thursday/Friday? Has there been discussion about scheduling on other days?
- ATA says a Monday Tuesday break is different from a Thursday Friday break.
- Larry - many sports are going to see conflicts with teacher convention dates. Because we don't have information on the numbers of coaches who skip convention without notice from the convention committee, Larry thinks it is sufficient for zones to reinforce to the teachers that leave forms must be submitted to the convention committee so the ATA can begin to gather data on the number of teachers who are missing convention for coaching purposes.
- ATA - believes they are looking to avoid trying to weed out those who need to be penalized for skipping convention.
- Dwayne - what about the teachers who skip for other reasons?
- ATA - convention boards have a certain amount of independence. Calgary convention board, for example, does not like the ATA offering constructive solutions to try to reduce the number of teachers that skip.
- Ishbel - It seems that for the ATA to come and request that the ASAA make drastic changes to our system, ATA should have done more research to see how many teachers are affected by this. Would it not seem more proactive to force the process rather than enforce a change?
- ATA - tried to track the number of requests made for leaves for coaching but found they have incomplete records. But, several letters of request have come in mainly for wrestling and curling. Under the context of the Learning Commission wanting to kill convention, ATA wants to make convention something no one wants to miss and thereby show its value to the government.
- Lori - Am I right to assume that ATA and ASAA agrees that there will never be a solution where there will be no conflict? Lori does not want curling to conflict with other sports.
- John - the ASAA office did some research to find out how many kids would play both basketball and curling to see how many kids would be affected if certain provincials share weekends.
- Mike - wrestling coaches wanted last weekend of March but because spring break changes they couldn't move forward with that plan.
- ATA - consequences of coaches not attending convention will be that convention attendance people will have to look at those who are not attending with a view to taking some action to better enforce attendance.
- Korrine - convention also conflicts with the 2006 Arctic Winter Games and will affect Greater Peace convention as well.

7.0 Notices of Motion--see page 15 for results of the notices of motion.

7.1 Housekeeping

MOTION (Sheila Garber/Sue Leighton) to accept the changes as presented.

MOTION CARRIED

8.0 New Business

8.1 Football - South Peace Application

MOTION (Larry Wagner/Jim Burchell) To allow the South Peace Secondary Football team to participate in the ASAA playoffs.

NOTE: South Peace Secondary must abide by the same conditions as in previous years.

MOTION CARRIED

8.2 In memoriam/ASAA 50th Anniversary

John mentioned the passing of Lorne Wood and Myron Buryn brought up the thought that the ASAA should honour those people who have contributed to the organization and who are no longer with us as part of our 50th Anniversary celebration.

8.3 Competition Bids (start 10:00 a.m. Saturday)

MOTION (Lori Olson/Sue Leighton) That the uncontested provincial championship bids be approved.

MOTION CARRIED

8.3.1 2004/2005

Curling

Bawlf School

Crowsnest Consolidated, Coleman

Bawlf School is awarded the bid

Cheerleading

Harry Ainlay

Strathmore

Strathmore High is awarded the bid

4A Boys & Girls Basketball

Calgary

Cardston/Raymond

Calgary zone is awarded the bid

8.3.2 2005/2006

Golf

Crowsnest Consolidated

Grande Prairie Composite

Grande Prairie is awarded the bid

2A Girls Volleyball

Strathcona Christian - Edmonton

Glenmary, Peace River

Glenmary is awarded the bid

2A Boys Basketball

Edmonton Christian

Hillside High, Valleyview

Hillside High is awarded the bid

2A Girls Basketball

Edmonton Christian

Daysland High

Calgary Christian

Daysland High is awarded the bid

3A Boys & Girls Basketball

Kate Andrews, Coaldale

Will Sinclair, Rocky Mountain House

Kate Andrews is awarded the bid

4A Boys & Girls Basketball

Cardston/Raymond sole submission

Cardston/Raymond is awarded the bid

9.0 Elections

9.1 Executive

• Director of Athletics (Female) (Ian MacGillivray/Steven Lush)

Kelle Hansen by acclamation

• Vice President (Dan Sloan/Derrick Mitchinson)

Dwayne Sheehan by acclamation

MOTION (Ian MacGillivray/Dan Sloan) to approve the Executive members as presented.

MOTION CARRIED

9.2 Commissioners - Slate presented

• Golf - Ross Blackmer (Ishbel Mucklow/Steve Lush)

• Track and Field - Norma Love (Peggy Au/Lori Olson)

• Basketball (Girls) - Leslie Larson (Sheila Garber/Dwayne Sheehan)

MOTION (Ian MacGillivray/Ishbel Mucklow) To approve the Commissioners as presented.

MOTION CARRIED

10.0 ASAA FPM and AGM 2004/2005: date and location

The Fall Planning Meeting will be held December 2-4, 2004 in Red Deer.

MOTION (Don Zabloski/Larry Wagner) That the AGM be moved to the last week of April 29-30, 2005.

MOTION CARRIED

11.0 Adjournment

MOTION (Sue Leighton/Steve Lush) To adjourn the meeting at 1:15 pm.

MOTION CARRIED

2003/04 Notices of Motion - Results

At the ASAA Annual General Meeting on May 14-15 in Edmonton, the Board of Directors discussed and voted on each of the Notices of Motion put forth by the April 1, 2004 deadline. A complete list of the Notices of Motion was included in the April 2004 newsletter and can be found online at www.asaa.ca.

A summary of the results of the Notices of Motion is below. Please review these results along with the Notices of Motion as presented. They indicate changes to policy that will be in place for the 2004/05 school year.

1	Passed	32	Withdrawn
2	Passed	33	Withdrawn
3	Withdrawn	34	Withdrawn
4	Passed	35	Withdrawn
5	Passed	36	Withdrawn
6	Passed	37	Withdrawn
7	Withdrawn	38	Passed
8	Passed	39	Tabled
9	Passed	40	Passed
10	Withdrawn	41	Passed
11	Withdrawn	42	Passed
12	Defeated	43	Withdrawn
13	Withdrawn	44	Passed
14	Withdrawn	45	Passed
15	Withdrawn	46	Withdrawn
16	Passed	47	Passed
17	Defeated	48	Passed
18	Passed as amended ^A	49	Passed
19	Tabled	50	Withdrawn
20	Passed	51	Tabled
21	Passed	52	Passed as amended ^B
22	Passed	53	Passed
23	Tabled	54	Withdrawn
24	Passed	55	Passed
25	Tabled	56	Passed
26	Passed	57	Passed
27	Withdrawn	58	Passed as amended ^C
28	Withdrawn	59	Passed
29	Passed	60	Defeated
30	Withdrawn	61	Passed
31	Tabled		

A. The notice as amended reads *to be held on the first weekend in March and in effect on a trial basis for the 2005 championship only*

B. The notice as amended reads *provincial pools for girls only*

Pool A	Pool B	Pool C	Pool D
E1	Cal1	S1	NW1
NE1	E3	Cal2	S2
Cal4	Cen1	E2	Cal3
E4	S2	Host	Comm

C. The notice as amended reads *the provincial championship shall be a two day competition beginning on the first weekend in March. On the first day, no matches will be called after 8:40 p.m.*

Track and Field Results

Congratulations to all athletes that competed in the 2004 McDonald's/ASAA track and field provincial championship in Calgary on June 4-5. The complete list of individual event results can be found online at www.asaa.ca. The team results are as follows:

1A School Team - A. Stuart Bird Trophy

Foremost High

3A School Team - Bob Stewart Trophy

Cochrane High

2A School Team - Audrey Carson Trophy

Hillside High, Valleyview

4A School Team - Lawrence King Trophy

Strathcona Composite, Edmonton

Record Breakers

Four records were also broken at the 2004 track and field provincial championship. Congratulations to the following athletes for their record-breaking performances:

Heather Bergland, St. Francis Xavier

Intermediate Girls 80M Hurdles

Record time - 11.50 s

Cory Gibson, Sir Winston Churchill

Intermediate Boys 100M Hurdles

Record time - 13.24 s

Andrew Dargie, Sir Winston Churchill

Intermediate Boys 400M

Record time - 49.04 s

Aaron Robson, Harry Ainlay

Senior Boys 3000M

Record time - 8:31.23

It's Back!! Get Ready for School Sports Week 2004

Once again, schools across Canada will celebrate School Sports Week in 2004. From October 16-23, your school is encouraged to celebrate student athletes, coaches, teachers, parents, fans, referees and anyone else who makes high school athletics possible and a lot of fun.

Some ideas for School Sports Week celebrations include:

Pep rally

Students vs teachers volleyball match

School Spirit Day

School Sports Week intramural tournament

Coach Appreciation Day

Officials Appreciation Day



What will **YOUR** school do?

2004 ASAA Football Schedule

TIER I



TIER II



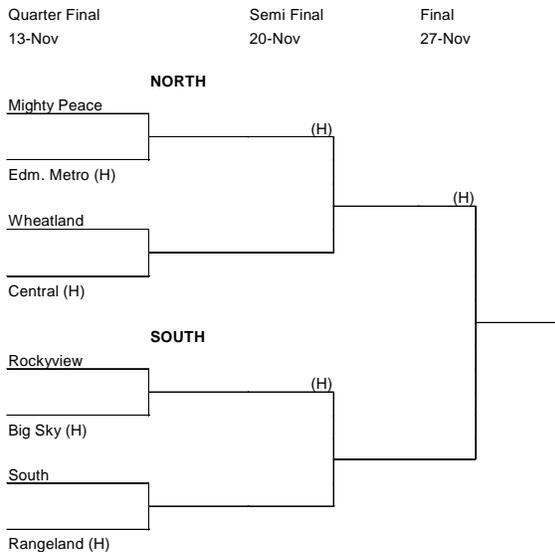
Notes:

1. If a quarterfinal berth becomes vacant due to a change in school population or withdrawal of a team/league, the ASAA Football Commissioner and Executive Director will determine the wildcard teams based on previous allocation of wildcard berths.
2. Central/South quarterfinals - hosts will rotate every year.
3. If at Tier II population, Dawson Creek and Fort St. John are required to play at the Tier I level.

Notes:

1. If a quarterfinal berth becomes vacant due to a change in school population or withdrawal of a team/league, the ASAA Football Commissioner and Executive Director will determine the wildcard teams based on previous allocation of wildcard berths.
2. In exchange for two berths, Calgary will ALWAYS travel to Semis
3. If at Tier II population, Dawson Creek and Fort St. John must play at the Tier I level.

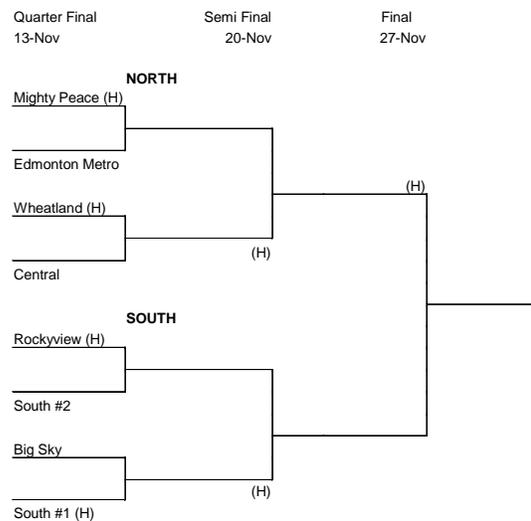
TIER III



Notes:

1. If a quarterfinal berth becomes vacant due to a change in school population or withdrawal of a team/league, the ASAA Football Commissioner and Executive Director will determine the wildcard teams based on previous allocation of wildcard berths.
2. Hosts will rotate from year to year

TIER IV



Notes:

1. If a quarterfinal berth becomes vacant due to a change in school population or withdrawal of a team/league, the ASAA Football Commissioner and Executive Director will determine the wildcard teams based on previous allocation of wildcard berths.
2. Hosts will rotate from year to year
3. JC Charyk Hanna will qualify through Big Sky. As Big Sky received the wildcard berth last year, South will receive it this year.

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Revenues from the Alberta Lottery Fund make a difference in the lives of Albertans in two ways - through allocations to 13 specific ministries in support of public initiatives, and through two of those ministries to foundations and grant programs to support volunteer and community-based initiatives.

The fund is used to support thousands of worthwhile community initiatives. Health and wellness programs, education, recreation and cultural initiatives are just some of the ways lottery proceeds are used.

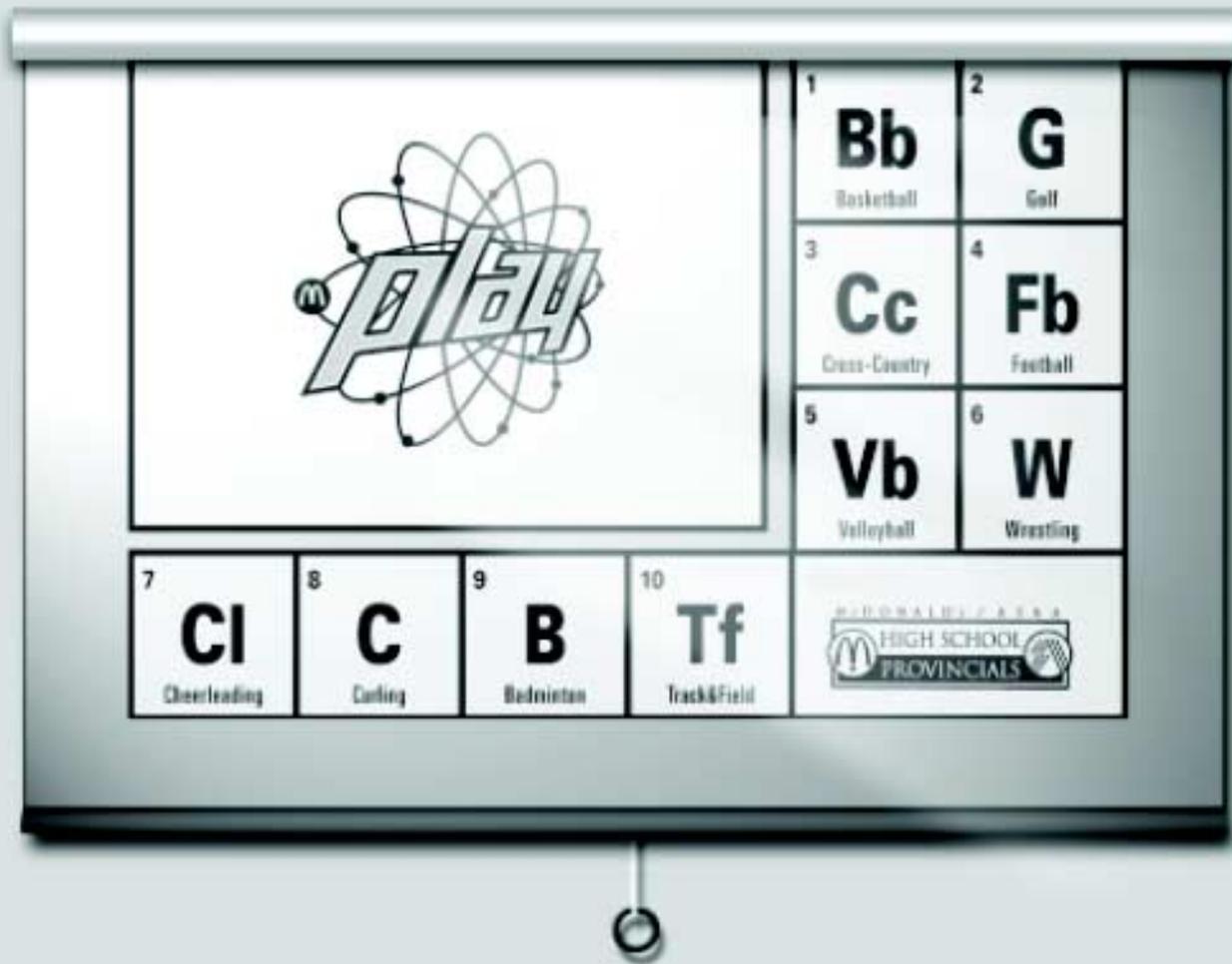
The ASAA has been the recipient of Community Initiatives Program grants and encourages school parent councils and booster clubs to consider applying for grants to support school sport-related initiatives.

Visit the Alberta Lottery Fund website at albertalotteryfund.ca



The mandate of the ASRPW Foundation is to enhance sport, recreation, parks and wildlife programs through support to provincial organizations and community groups.

The ASRPW Foundation provides grant and project funding of almost \$15 million annually to a number of non-profit associations including sport, recreation, parks, and wildlife groups. The ASAA is one of approximately 100 provincial sport and recreation associations which collectively receive \$6.3 million in annual funding.



1
Bb
Basketball

2
G
Golf

3
Cc
Cross-Country

4
Fb
Football

5
Vb
Volleyball

6
W
Wrestling

7
Cl
Cheerleading

8
C
Curling

9
B
Badminton

10
Tf
Track&Field



Lessons aren't always taught in a classroom.

