



HJC Senior High Volleyball Tournament
October 27/28, 2022
Information Package

Welcome to the H.J. Cody Lakers Senior High Volleyball Tournament! We hope that all teams enjoy their weekend of great volleyball!

2021 HJC INVITATIONAL RULES

-Please bring your Cheque for \$375.00 (made out to H J Cody School) to the tournament or you can mail it to our school. 4520 - 50 street, Sylvan Lake, AB T4S 1A4

-Each team is guaranteed 5 matches. Round Robin matches will be best of 3 with the first two capped at 30 and the third set to 15 points with no cap.

-Playoffs will be best of 3 with no caps in any set.

-Plaques will be awarded for the Finalist and Champion. The winning team will also receive T-shirts.

-We want to keep the tournament running on time or ahead of time if possible so warm up times may be adjusted as necessary.

-Each team is required to provide a linesperson for their match.

-Rallying / volleying is not allowed anywhere in the school except for the gym.

-Coaches/referee room will be available on Friday after 4:00 and Saturday all day.

Venue Location:

Ecole H.J. Cody High School
4520 50th Street
Sylvan Lake, AB T4S 1A4

Medical and First Aid:

If there is a major emergency, emergency services will be called.

Sylvan Lake Community Health Center

Advanced Ambulatory Care (7:30am-10:00pm, Monday-Sunday)
4602 49 Avenue
Sylvan Lake, Alberta T4S 1M7

Red Deer Regional Hospital Centre

Emergency Department (open 24 hours)
3942 50A Avenue
Red Deer, Alberta T4N 4E7

Accommodations:Best Western Plus Chateau Inn

(403)-887-7788
5027 Lakeshore Drive
Sylvan Lake, AB T4S 1R3

Comfort Inn and Suites

(403)-887-7884
13 Beju Industrial Drive
Sylvan Lake, AB T4S 1J4

Possible Places to Eat:Subway

3715 47 Avenue Unit #440
Sylvan Lake, AB T4S 1A1

Boston Pizza

61 Beju Industrial Drive
Sylvan Lake, AB T4S 0B4

BUKS

4903 Lakeshore Dr.
Sylvan Lake
(587)877-9453

Booster Juice

3715-47 Avenue Unit #435
Sylvan Lake,

Lokal Restaurant

4923 33rd Street
Sylvan Lake, AB T4S 1A7