

Information Package

2020 Workshop

May 4 & 5, 2020

Olds College, AB



LEADERSHIP TRAINING FOR HIGH School students and advisors

The goal of this workshop is to provide a forum for student athletes and adult leaders to discuss relevant topics in educational based athletics and activities. Through interactive group discussions, scenario situations and hands-on activities, participants will develop skills that will enable them to effectively lead their peers at school. We believe this is a unique opportunity for your student athletes and advisors to develop skills that can not only be used in the school setting but can also guide them in all their future endeavors throughout life. Register today!



REGISTRATION = \$75 + GST PER PERSON

SELECTION CRITERIA

STUDENT DELEGATES

Each school may bring up to a maximum of 4 students who:

- Have leadership skills
- Are responsible
- Are able to relate to students from a variety of social groups
- Have high motivation and enthusiasm
- Are friendly and well-liked by other students
- Have an ability to interact well one-on-one with small groups of students
- Are viewed as a positive role model in your school

NEW STUDENTS

Must be in Grade 10 and/or 11

RETURNING STUDENTS

Can be in Grade 11 or 12 Must have attended a past !MPACT workshop

"I always find myself rejuvenated after this conference, what a great way to learn and see the leadership of our youth."

- Advisor Delegate. 2019

ADVISOR DELEGATES

Each school may bring up to a maximum of 2 advisors who:

- Have good supervisory skills
- Work well with young adults and adolescents (friendly and well-liked)
- Have an ability to interact well one-on-one or with small groups of students
- Are willing to take conference information and skills back to local school and communities to disseminate to others
- Are responsible
- Able to relate to students from a variety of social groups
- Have high motivation and enthusiasm
- Have experience with high school student leaders and high school activities



Schedule for Monday, May 4

Time	Activity
2:00 PM	Registration
2:30 PM	Welcome and Keynote Speaker
3:45 PM	Breakout Session # 1
4:40 PM	Breakout Session # 2
6: 00 PM	Dinner
7:15 PM	School Meetings - Action Planning Part 1
8:00 PM	Social Activity

Schedule for Tuesday, May 5

Time	Activity
7: 30 AM	Breakfast
8:30 AM	Morning Activity
9:00 AM	Workshop # 1
10:15 AM	Workshop # 2
11:15 AM	Lunch
12:30 PM	Workshop # 3
1:45 PM	School Meetings - Action Planning Part 2
2:30 PM	Closing General Session
3:15 PM	Closing Comments



POSITIVE VALUES AND PERSPECTIVES

BREAKOUT SESSION

It's hard to know what values are most important because there are so many positive values that leaders are expected to hold and demonstrate. In this session, delegates will come to consensus about the positive values they collectively hold. They will gain a better understanding of the pivotal role they play in upholding positive values and learn how keeping perspective can help them more consistently demonstrate their positive values. They will learn tips for finding balance between their own values and others' expectations.

SPORTSMANSHIP AND RESPECT

RETURNING LEADERS

BREAKOUT SESSION #2

Respect is a key ingredient to being a good citizen. Demonstrating good sportsmanship is an important way those involved in high

school activities can show respect, especially for others. This session will help delegates expand their understanding of what good sportsmanship entails and how it relates to showing respect outside of school activities.



BREAKOUT SESSIONS

This stream of sessions will be exclusive to returning students who have attended an !MPACT workshop in the past. These two

> breakout sessions will explore the ideas of diversity and inclusion, as well as empower students to apply their skills and knowledge while exploring the next steps of becoming a strong leader in the high school community and beyond.



ON-SITE ACCOMMODATIONS AVAILABLE

BOOK OVERNIGHT ACCOMMODATIONS

Overnight accommodations are available at the Olds College Centennial Village Student Housing for all registered schools.

Room rates and capacities are as follows:

- 1 double bed, single occupancy = \$72 + GST + 4% tourism tax
- 1 double bed, double occupancy = \$82 + GST + 4% tourism tax
- 1 double bed + single cot, triple occupancy = \$90 + GST + 4% tourism tax

<u>NOTE</u>: Accommodations are additional fees booked at the expense of the registering school. These rates are **NOT** included in the event registration fees. Schools will be billed separately by Olds College.

Please complete the accommodations section of the event registration form to request rooms at Olds College. The event coordinator will book your rooms accordingly. Olds College will send an invoice to the registering school after the event. For additional questions on accommodations, contact Joel Bundock.



HOTEL BLOCK BOOKING

A limited number of rooms have been block off under Impact at the Ramada by Wyndham Olds. **These rooms are on a first come, first serve basis and will be held until April 4th.** Room rates and capacities are as follows:

- 2 queen beds , 4 person occupancy = \$121 + GST + 4% tourism tax
- 3 queen beds , 6 person occupancy = \$131 + GST + 4% tourism tax

NOTE: Accommodations are additional fees booked at the expense of the registering school. These rates are **NOT** included in the event registration fees. **Check in time is 3pm, if you want to check in earlier that 3pm, you must contact the hotel and there will be a 10% surcharge.**

To book rooms please call: the hotel at (403) 507 8349



"GREAT STUDENT LEADERS CAN CHANGE LIVES FOR THE BETTER. !MPACT WILL HELP NURTURE THOSE STUDENTS TO GREAT HEIGHTS IN SCHOOL AND IN LIFE."

Additional Information

Register early to secure your spot!

Space is limited for this workshop. The first 35 schools to register will be guaranteed participation.

ONLY the first 25 students registering in the Returning Leaders stream will be guaranteed participation.

The student workshops and advisor sessions will be announced in February 2020.

Event Coordinator: Joel Bundock

joel@asaa.ca

780-643-1888



"HELPING OTHERS SEE AND REALIZE THEIR POTENTIAL TAKES YOU TO LEVELS YOU NEVER THOUGHT POSSIBLE IN YOUR OWN JOURNEY. GANDHI'S "BE THE DIFFERENCE YOU WOULD SEE IN THE WORLD" IS ONE HELPING OTHERS TO BE THEIR BEST."

Rick Gilson ASAA Past President

Registration

Registration Fee = \$75 + GST per person

Deadline to Register: April 10, 2020

This cost includes all training materials, t-shirt, and 3 meals (Dinner Monday + Breakfast and Lunch Tuesday) Overnight accommodations are available at the registering schools expense on-site. The registration fee does **NOT** include accommodations.

- 1. Download and complete the **Registration Form.** E-mail it to joel@asaa.ca. You will receive a confirmation e-mail.
- 2. A **Workshop Preferences Form** will be sent to all schools after the workshops are finalized (February 2020). Each student will be asked to complete this form and workshop assignments will be distributed on a first come-first serve basis.
- 3. The ASAA will send your school an invoice for your registration fees. Olds College will send you an invoice for your accommodations.