



!IMPACT

Leadership

Information Package
2021 Conference

May 3 & 4, 2021

Held Virtually on the Zoom Platform

Sponsored by Morgex Insurance



LEADERSHIP TRAINING FOR HIGH SCHOOL STUDENTS AND ADVISORS

The 2021 !MPACT Student Leadership conference will be held virtually on Zoom on May 3 & 4, 2021.

The Conference is a joint initiative offered by The Southern Alberta Professional Development Consortium and the Alberta Schools' Athletic Association



The !mpact Student Leadership Workshop is a leadership initiative for high school student leaders and advisors where participants will discuss topics related to leadership, mental health, respect, and positive values. The goal of this workshop is to help student leaders develop skills that will make them better leaders in their schools and communities. Highly esteemed guest speakers will be attending and providing valuable knowledge and information that attendees can use to further develop themselves and their peers. This conference is supported by Morgex Insurance.



REGISTRATION INFORMATION

Pricing

- Early Bird Pricing = \$5
 - Early Bird Registration
March 1 - April 15
- Regular Pricing = \$10
 - Regular Registration
April 16 - April 30

Who Can Attend?

Any students in Grade 9-12 along with any High School Advisors are able to attend the conference.

Note : You can register for this event as an individual or as a part of a school.

Where to Register

To Register, please visit the Southern Alberta Professional Development Consortium Website:

<https://www.sapdc.ca/conference/130>



EVENT SPEAKERS

Alex Sheen - 'Because I Said I Would'



Alex Sheen is renowned as one of the world's foremost experts on accountability and commitment. Alex is a TEDxTalk speaker, humanitarian, author, and founder of the "because i said i would" movement which is a non-profit committed to the betterment of humanity through promises made and kept. His work has been featured on the TODAY Show, Good Morning America, the Steve Harvey Show, CNN, Fox News and many other programs

"Because I said I would" is a social movement created by presenter Alex Sheen that is focused on fixing the issue of broken promises. This presentation will highlight the importance of making promises and keeping them. Attendees will learn how to bridge the gap between intention and action through education and character development.

Bob Wilkie - Introducing Stress

Bob Wilkie is a former NHL hockey player, an award-winning entrepreneur, a best-selling author, and has given thousands of presentations to crowds ranging from CEOs, businesses, schools, and sports organizations throughout North America.

Bob Wilkie provides his unique insight on the concept of stress and how to manage stress effectively. Learning objectives will include:

- To teach the concept of healthy and unhealthy stress
- To bridge the gap of education to the benefits of stress
- To openly share what stress feels like through personal stories
- To provide tools and ideas of creating success strategies for yourself
- Self Care is the most important care.



EVENT SPEAKERS

Kwame Osei - Adapt and Conquer



Kwame shares his vast life experiences and accomplishments to inspire change and growth in every individual he crosses paths with. His presentations help create a perspective shift for the audience in attendance.

Kwame uses the art of storytelling from his life to inspire his audience to adapt and conquer every obstacle that comes their way.

Kwame urges his audience to understand that after stress comes success and from struggle comes strength. Kwame has learned this through the course of his life, as he overcame the negative environment he lived in. He overcame the stereotypes placed on him, countless situations in which he could have easily lost his life or been incarcerated. Kwame urges his audiences to not only find their passion but to also place themselves in the right environment to truly grow to their full potential. Find out how Kwame turned his obstacles into triumphs and turned lead into gold.

Reset & Reinvent

In this session, participants will be given a “next steps” template for how to apply their new-found knowledge of leadership to their own environment and make an **IMPACT** in their school and community. This session will consist of smaller groups where students and advisors from one school join each other online to explore ideas for a plan of action. Students who register as individuals and not as part of school team will join each other along with an ASAA facilitator.



Schedule For Monday, May 3

<u>Time</u>	<u>Activity</u>
12:30 PM	Welcome & Opening Remarks
12:45 PM	Because I Said I Would with Alex Sheen
1:45 PM	Break
2:00 PM	Introducing Stress with Bob Wilkie
2:45 PM	Break
3:00 PM	Introducing Stress with Bob Wilkie cont.
3:30 PM	Closing Comments

Schedule For Tuesday, May 4

<u>Time</u>	<u>Activity</u>
8:30 AM	Welcome
8:45 AM	Adapt and Conquer with Kwame Osei
9:45 AM	Break
10:00 AM	Reset & Reinvent for 2021/2022 Session
11:00 AM	Break
11:15 AM	Impact Planning/Lunch
11:45 AM	Closing Comments

Additional Information

Each school registered will be responsible for providing the link for the "Impact Planning" session at 11:15 AM on May 4 that will include all the students attending from their school.

A separate Zoom link will be provided for students who are not registered as part of a school for the "Impact Planning" session.

For all registration questions/concerns contact the SAPDC:

Email: heather.pearson@sapdc.ca

Phone: 403-381-5580

For other questions related to the event contact Deanna Metro:

Email: deanna@asaa.ca

Phone: 780-643-1888

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