

ASAA

**Rural Wrestling
Championships**

Alberta High Schools - 2016

- Information Package –

**Lethbridge Collegiate Institute
Lethbridge, Alberta**

DATES:

Friday, February 26th 2016

Saturday, February 27th 2016

LOCATION:

Lethbridge Collegiate Institute

Lethbridge, Alberta

1701 5th Ave. South

LCI Contact info below

Phone: (403) 328-0836 Fax: (403) 328-9979

Email – chris.harris@lethsd.ab.ca

CHAIRPERSON:

Alan Hansen

(cell) (403) 634-5706

(work) (403) 308-7225

e-mail: alan.hansen@telus.com

Tournament Website:

<http://www.asaa.ca/championships/site/rural-wrestling-lethbridge>

SCHEDULE

Wednesday, February 24th, 2016

Registration deadline – all registrations must be received by **NOON**

Friday, February 26th, 2016

10:30 am - 11:00 am Fee Payment in Main Foyer

11:00 am - 12:00 pm Medical (Skin Check) and Weigh-in
Large Lecture Theater Rm C 119

Note: Any wrestler failing to make weight may move up to the next category. A fee of \$10 will be charged.

11:30 am - 12:30 pm Lunch will be served to athletes and coaches in the main cafeteria.

2:00 pm – 2:50 pm Coaches meeting – Staff room Rm D 208
This is a mandatory meeting for all coaches

3:00 pm - 3:40 pm Opening Ceremonies in Main Gym E 107

3:40 pm - 4:00 pm Warm-up

4:00 pm - 9:00 pm Wrestling (the last match will be called at 8:45 p.m.)

Saturday, February 27th, 2016

9:00 a.m. - 12:00 pm Complete preliminary rounds

12:00 pm - 1:00 pm Semi final cross-overs

1:00 pm - 1:30 pm 5th/6th 7th/8th place matches

1:30 pm - 2:00 pm Medal/Ribbons presentation for completed weight classes

2:00 pm - 2:45 pm Bronze medal matches

2:45 pm - 3:30 pm Gold medal matches

3:30 pm - 4:00 pm Final Medal presentations and Team awards

Medal Presentations – Medals and Ribbons for weight classes that do not compete in the crossovers (5 or less wrestlers) will be awarded prior to the start of the Gold and Bronze medal matches. The medals for cross-overs and team awards will be presented at the completion of all Gold and Bronze medal matches. Sportsmanship pins will be presented at this time.

Pictures for the individual winners will be taken on stage.

Registration Information:

Registration fee is **\$31.00 per wrestler**.

Go to the ASAA.ca and click on the championship tab, rural wrestling, info package, registration link. Follow the instructions for registering your athletes with their appropriate weight class.

Please email registration form to Alan Hansen, Josh Boyd, and Chris Harris.

Please make **Cheques payable to Lethbridge Collegiate Institute or use the online payment option.**

Registrations must be received by **NOON** on Wednesday, February 24, 2016

If you have trouble with the online registration contact Josh Boyd at the ASAA office at
780-427-8182

For further information contact
Chris Harris (work) (403) 328-0836
Email chris.harris@lethsd.ab.ca

Team Rooms/Change Rooms/Shower Facilities:

Team rooms will NOT be available.

Shower facilities and change rooms (Fitness Centre) will be available for use at LCI. Please note that the Lethbridge School District is not responsible for lost or stolen articles. Please ensure valuables are safely stored.

Coaches & Officials Room:

A hospitality room (Staff Rm D208) will be available to coaches and officials throughout the tournament in the staff room at LCI.

First Aid and Athletic Therapy:

Teams must bring their own medical supplies and plan to do their own taping. Ice will be provided. Paramedics are present on site on the main stage.

Concession:

A concession will be available at LCI during the tournament. The concession is located just outside of the NW large gym doors

Registrations must be received by **NOON** on Wednesday, February 24, 2016.

HOTELS:

Best Western Plus Service Inn & Suites (ASAA Official Supplier Hotel)

208 - 41st Street South

(403) 329-6844

Group name: ASAA Rural Wrestling Provincial

Blocked off 60 rooms up till Feb 5th

2 Standard Queens \$123.24/night

Junior Executive \$135.99/night

ASAA WRESTLING POLICY

For more information please see Section XX – Wrestling in the 2014-2015 ASAA Handbook

Rules (Section A)

The rules shall be those of the Wrestling Canada Lutte (WCL) with the exceptions being those specifically adopted by the ASAA:

1. All wrestlers competing in an ASAA sanctioned event must wear a mouth guard. If during competition the mouth guard comes out, it may be replaced at an appropriate time at the official's discretion.
2. Wrestlers are required to wear a red or blue singlet for ASAA rural and provincial championship events as per the requirements in the WCL rulebook for a national championship. As exceptions to this rule, the ASAA allows a school team to wear a singlet of school colour(s) which may or may not display a school logo and/or name. Also, the ASAA will allow the new two-piece uniform, which may or may not include a UWW (United World Wrestling) logo or emblem or in particular situations, competitors may wear athletic shorts of the same singlet colour over the singlet. Aside from these exceptions, the ASAA does not allow any club logos or colours, provincial and/or national logos and/or emblems on singlets to be worn.

3. Illegal Moves

The following are illegal moves in ASAA wrestling and are not permitted:

- a) Full Nelson
- b) West Point Ride (T-Bar)
- c) Full Suplay, Front Suplay, Front Salto, Standing Firemans' Carry and throws initiated by a back bending motion where grand amplitude points are awarded.

The penalty for performing illegal moves in (c) shall be disqualification from the match and tournament.

4. One person in addition to one coach may be in the corner during competition if the person is acting only as a photographer or videographer. This person will not be granted any coaching privileges. He or she shall not in any way attempt to coach the athlete: any attempt to do so will result in that person's loss of corner privileges for the duration of that match.

Note: Coaching includes shouting at or calling encouragement to the athletes. Coaches attire should be neat and tidy in appearance.

A list of the rule deviations adopted by the ASAA shall be given to the head official in advance of the meet.

5. Protests

Within 30 minutes of the completion of the bout, the coach or school teacher must submit a written protest accompanied with a fee of \$100 cash. The written protest along with the cash should be filed with the head official and the tournament coordinator should be notified. The protest committee shall consist of the head official, ASAA wrestling commissioner and a neutral coach. If the protest is successful, the fee of \$100 shall be returned to the coach or school teacher and the appropriate process will be followed, as per the WCL rule book, to determine the winner.

Representation to Rurals and Provincials (Section D)

1. The rural provincials shall be an open competition for all rural high school wrestlers.
2. At provincials, Calgary, Edmonton and rural zones may each enter five male and female wrestlers per weight class who attended the qualifying tournament at that weight class. In the event that any zone cannot send five athletes per weight class to the provincial tournament, an attempt will be made to fill those vacancies from the other zones. Preference for filling single vacancies will be offered first to the host zone. In situations where there is more than one vacancy in a weight class, preference for filling weight classes will follow the provincial tournament host rotation with the host zone having first opportunity to fill and will alternate with the remaining zones. Athletes filling vacancies in this manner will not count towards team points. Team rosters must be submitted to the host chairs for rural and provincial meets at least 48 hours prior to the commencement of the competition.

Weigh In (Section E)

Weight classifications for ASAA wrestling shall be as follows:

Male Competitors:

43-47 kg	56 kg	65 kg	76 kg	98 kg	120+kg*
50 kg	59 kg	68 kg	82 kg	108 kg	
53 kg	62 kg	72 kg	90 kg	120 kg	

*In order to compete in the 120+ kg category, the wrestler must weigh over 120 kg.

Note: Each weight listed represents the upper limit of the weight class.

Female Competitors:

44 kg	53 kg	65 kg	80 kg
47 kg	57 kg	70 kg	90 kg
50 kg	61 kg	75 kg	90+ kg

*In order to compete in the 90+ kg category, the wrestler must weigh over 90 kg.

Note: Each weight listed represents the upper limit of the weight class.

1. Scales

- a) The weigh-ins for both the rural and provincial competitions shall be held on the first day of the competition. It will be the only weigh-in of the competition.
- b) The ASAA will follow the weigh-in procedures as outlined in the WCL rules
- c) See the WCL rulebook regarding weight loss by an athlete and the discipline for athletes and coaches involved in such behaviour. The ASAA does not tolerate inappropriate methods of weight loss.
- d) All athletes must have their arms and shoulders exposed for the skin check.

Events (Section F)

There shall be one wrestling competition for boys and one for girls at each of the rural and provincial competitions.

1. Rural Provincial Championships

- a) The rotation for rural provincial championship host sites will be as follows:
2016 South/South Central
2017 Central
2018 North (NW/NC/NE)

Should no school or zone within the region bid to host the championship, the next region in the rotation will have first right of refusal to submit a bid to host the championship.

- b) The rural provincial championships shall be a two-day competition held two weeks prior to the provincial championship. On the first day, no matches will be called after 8:40 p.m.
- c) Any weight class with five or fewer competitors at the rural provincial championship will use a single pool round robin format.

Any weight class with between six and 16 competitors will use a double pool round robin format. When the number of competitors in any weight class reaches 17 or more, that category shall be wrestled as a bracket draw according to the WCL rulebook with the exceptions of a cross-over wrestle back semifinal and a re-wrestle for the bronze medal. Ideally, athletes shall not re-wrestle a previous competitor during the cross-over wrestle back. To determine crossover pairings, the first criteria shall be straight across, the second criteria shall be top-right versus bottom-left and also top-left versus bottom-right. Should both criteria produce a pairing where athletes have previously met during the rural provincial championship, then the first criteria will be used and a re-wrestle during the cross-over will occur.

- d) The ASAA will follow the rules for match lengths, etc. as per the WCL rulebook.

Scoring (Section H)

1. At the Rural Provincials and Provincials, school team champions will be determined in three categories.
 - a. 1A/2A schools
 - b. 3A schools
 - c. 4A schools
2. Each school will select its ten (10) highest finishing wrestlers and combine placement points to determine the top school in each category. The team points awarded will be proportional to the number of participants in each weight class and shall be weighted as shown in the ASAA Handbook Page 139.

Please note: Team Trophy Award winners from 2014/15 must send these plaques to Mr. Chris Harris at LCI High School, to be received two full weeks prior to the Rural Provincial Championships

Officials (Section G)

There shall be a minimum of two nationally ranked officials per –competition surface. From the cross-over wrestle-back portion of the event until the completion of each weight class there shall be a minimum of three officials assigned to each mat surface. All officials must be assigned through the Alberta Amateur –Wrestling Officials’ –Association.

Grievance Committee

There are two key functions of the Grievance/Discipline Committee at ASAA provincials. The first function is to deal with matters that occur during competition, typically discipline/conduct issues, and appeals that may arise from ejections. The second function is to handle any other matters that arise that require dispute resolution.

Committee members:

- Neil Domstad – ASAA Wrestling Commissioner
- Pat Selk – Coach, Chinook HS Lethbridge
- Alan Hansen – Tournament Chairperson

Individual Sports: Individuals Failing to Show (p. 65, Policy Handbook)

In wrestling, participating schools will submit a cheque for all athletes confirmed by the entry deadline. In the event an athlete(s) fails to show, the offending athlete's school will be penalized an additional \$50 per no show to a maximum of \$250. The Executive will have the sole discretion to impose the penalty based on the rationale provided by the school for the late withdrawal.

Note: any school that has outstanding fees resulting from either the team or individual failing to show policy will be ineligible to participate in an ASAA provincial championship in any sport until those fees have been paid to the ASAA.

Appeals

If an athlete or coach wishes to appeal an ejection, it is the responsibility of the Grievance/Discipline Committee to address the appeal as soon as possible, and before the next scheduled game, match etc. To handle appeals of an ejection, ASAA Policy (page 26) states:

All ASAA provincial championship hosts will convene a discipline appeal committee. This committee will have the authority to address issues of a serious nature that may occur before, during or after a provincial championship match, or to hear appeals of the automatic suspension resulting from an ejection. The committee may include, but is not limited to, the tournament chairperson, an official and two coaches not in conflict with the issue.

Ejections

Any unsportsmanlike or violent behavior (e.g. fighting) that results in an ejection of an athlete or coach from play in an ASAA provincial competition shall result in a suspension from the next scheduled match of the current season, where match is understood to mean game, match, round, bout, etc. as appropriate for the sport (page 27 in ASAA policy handbook).

Conflict of Interest

Anyone who is on this committee who is perceived to be in conflict of interest to the appeal by the tournament chair should be excluded from the committee. Better to err on the side of caution in this regard. Replacements can be sought, if necessary from individuals who are not in conflict of interest to the teams or issues.

Protests/complaints regarding other issues

During the course of a provincial competition, other things may occur that give rise to a protest or complaint. Unless there is a sport specific policy to deal with such matters, the grievance/discipline committee should handle such matters.

Examples include but may not be limited to:

1. Team(s) delayed due to weather. Committee needs to weigh what is in the best interests of both the team that had no control over being delayed and all other teams in the competition, with the goal being what is right through compromise.
2. Lockdowns and relocation of games
3. Location of courts
4. Banquet complaints (not enough food...)
5. Abusive spectators/coaches

These are just a few examples of issues that may arise, just remember that the grievance/discipline committee should act reasonably to address any of these issues, keeping the competition in mind and the impact on those involved. Please note that the national/international rules of competition govern each sport and most do not allow protests of final scores.