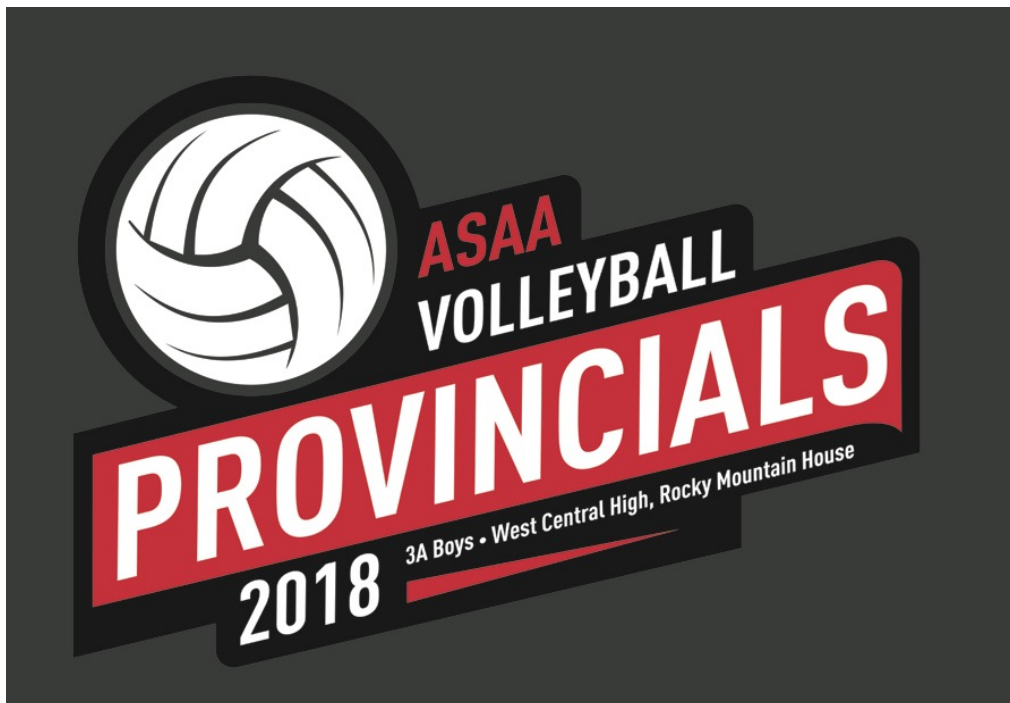


2018 3A Boys Volleyball Provincial Championships

November 22-24, 2018



Hosted by

West Central High School
Rocky Mountain House, Alberta



ASAA 2018

3A Boys Volleyball Provincial Championships

Information Package



West Central High School - Rocky Mountain House, Alberta

PRINCIPAL'S WELCOME:

West Central staff and students welcome all provincial volleyball competitors, coaches, fans and families to our school at the foot of the Rocky Mountains. It is a great pleasure to host the 3A Boys Volleyball Provincial Championships, and we are overwhelmed at the support of our community for this event and for our school.

Congratulations to the teams that have earned their places at these championships. Your place here is a result of many hard hours of practice, miles on the road, and sweat on the court. Your dedication and sportsmanship make you leaders and role models in your schools and communities.

Hosting a Provincial Championship is a large endeavor - it is thanks to our sponsors, staff, students and volunteers that this event is possible. Thank you so much for your dedication and commitment that turns a vision into a reality.

In addition to to our staff, student, sponsor and volunteer support, the support of the fans cheering wildly from the benches and encouraging all our players, makes playing at the Provincial Championships an experience to remember.

Welcome to West Central and good luck!

Stacey Wigley,
Principal
West Central High School

HOST SCHOOL

West Central High School

Address: 5506 50th Street
Rocky Mountain House, AB
T4T 1W7

Division Website: www.wrsd.ca

School Website: www.westcentral.wrsd.ca

Host Website: <https://www.asaa.ca/championships/host-websites>

TOURNAMENT CHAIR

Nathan Moore

Phone: 403 845 3711 (ext 1199)

Cell: 403-895-3652

Email: nathan.moore@wrsd.ca

EXECUTIVE COMMITTEE

Crystal Stang - Events and Entertainment
crystal.stang@wrsd.ca

Ed Coles - Finance
ed.coles@wrsd.ca

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Hayden Brenneis - Facilities
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Justin Klein - Competition
justin.klein@wrsd.ca

Nathan Moore - Accommodations
nathan.moore@wrsd.ca

Greg Wedman - Home Team Coach
greg.wedman@wrsd.ca

Welcome and Congratulations,

Your hard work over years has paid off and you are competing with 11 top seeded teams from around the province for the Provincial Championships 2019 in Men's 3A Volleyball. We welcome you to West Central High School.

As you prepare to join us in Rocky Mountain House, there are a number of things which we need to make you aware of. This Information Package should cover everything, but if you need further clarification, please feel free to call the contacts above and we will be happy to help.

3 quick things specific to our tournament:

1. Please bring an extra team jersey for the banquet. We will be displaying them on the stage.
2. Because we are using two venues (the schools are two blocks apart - easy walking distance) we would ask you to pay careful attention to both your practice and playing times, and your practice and playing venue.
3. Your host will meet you on Wednesday evening and introduce him/herself. The first order of business will be to have your photo taken and have a practice time. Please make sure that you sign up for both a team photo and a practice time on Wednesday.

[Wednesday Team Photo and Practice Time Sign Up Form](#)

Thank you and we look forward to a weekend of great volleyball,

Nathan Moore
Tournament Co - Chairperson.

TOURNAMENT AT A GLANCE

Wednesday Nov. 21	Thursday Nov. 22	Friday Nov. 23	Saturday Nov. 24
	Opening Ceremonies West Central Gymnasium 9:30 - 10:30 am	Game Play 9:30 am - 3:45 pm at West Central High School & Pioneer Middle School	Game Play 9:00 am - 12:45 pm at West Central High School & Pioneer Middle School
Team Photos 3:00 - 7:00 pm			Playoff Round 2:00 - 7:45 pm at West Central High School & Pioneer Middle School
Team Practices 3:45 - 8:00 pm at West Central High School & Pioneer Middle School	Game Play 12:30 - 9:15 pm at West Central High School & Pioneer Middle School	Banquet 6:30 pm at West Central	Closing Ceremonies & Award Presentations 7:45 pm West Central Gymnasium
Coaches & Captains Meetings and Reg. Pick-Up 9:00pm in the Staff Room & Conference Room At West Central			

SPECIAL REQUEST: We ask each team to please bring one extra team jersey. These will be part of a display for the event's banquet.

GYM LOCATIONS

West Central High School

5506 50th Street
Rocky Mountain House, AB
T4T 1W7

Pioneer Middle School

5516 54th Street
Rocky Mountain House, AB
T4T 1S7



REGISTRATION FEES

Register by November

Entry Fee: \$520.00

Banquet Fee: \$35.00 /ticket (maximum of 16 tickets per team)

Please bring one cheque for all your fees made payable to
WEST CENTRAL HIGH SCHOOL

PRACTICE TIMES

Teams will be given 45-minute practice slots on a first come first serve basis. Teams are able to sign up for these times on the following form.

[Wednesday Team Photo and Practice Time Sign up Form](#)

Wednesday November 21	
West Central	Pioneer
3:45	3:45
4:30	4:30
5:15	5:15
6:00	6:00
7:15	7:15
8:00	8:00

ACCOMMODATIONS

Blocks of rooms have been reserved at three hotels within Rocky Mountain House. These will be held until November 10, 2018.

Best Western

15 rooms blocked - 2 queen sized beds per room

\$171.72 per night (includes all taxes and fees)

Address: 4407 41 Ave, Rocky Mountain House, AB T4T 1A5

Phone: 403-844-3100 Toll free - 1-866-303-3100

Rooms blocked under - GPROVINCIAL-V

Check in time - 3:00 p.m.

Check out time - 11:00 a.m.

Hotel amenities - Pool/waterslide (*open 5:00 a.m. - 10:00 p.m.). Continental breakfast available from 5:00 a.m. - 10:00 a.m.

Release date - November 10, 2018

Rooms may be booked either by a rooming list and one credit card to hold the rooms or each guest may call the hotel directly to book a room off the block. If the latter methods are used, please have each guest quote the blocking code above (GPROVINCIAL-V)

Canalta Hotel

20 rooms blocked - 2 queen sized beds per room, there are some 3 queen size bedrooms blocked as well.

166.72 per night (includes all taxes and fees)

Address: 4406 41 Ave. Rocky Mountain House, AB T4T 1J6

Phone: 403-846-0088

Rooms blocked under **WCHS Volleyball**

Check in time: 3:00 p.m.

Check out time: 11:00 a.m.

Release Date - November 18, 2018

Hotel amenities - Swimming pool, hot tub, exercise room,

Walking Eagle Inn and Lodge

16 rooms booked - 2 queen sized beds per room,
\$159.10 per night (includes all taxes and fees)

Address: Highway 11 East

Phone: 1-866-845-2131

Rooms blocked under WRSD Provincial Volleyball

Check in time: 3:00 p.m.

Check out time: 11:00 a.m.

Release Date - November 18, 2018

Hotel Amenities: free full hot breakfast each morning.

COACHES & CAPTAINS MEETINGS

The **Coaches Meeting** will be held in the West Central High School conference room. The meeting is scheduled to start at 9:00 pm on Wednesday night. You will be met in the front foyer and escorted to the meeting. At least one representative of the team's Coaching Staff must be present for the meeting.

The **Captains Meeting** will be held in the West Central High School staff room. The meeting is scheduled to start at 9:00 pm on Wednesday night. Athletes will be met in the front foyer and escorted to the meeting. At least one of the Team Captains must be present for the meeting.

Items to be discussed will include

- 1) ASAA Regulations and Officials
- 2) Tournament Draw & Format
- 3) Facilities (Parking, change rooms, washrooms)
- 4) Opening Ceremonies
- 5) Banquet
- 6) Officials, scorekeepers and linesmen
- 7) Grievance Committee & Appeal Procedures
- 8) Coaches Lounge
- 9) Elite - Souvenir/Apparel
- 10) Concession Food Choices
- 11) Questions

OPENING CEREMONIES

Opening Ceremony will be held on Thursday, November 22nd at West Central High School gym. Please have your team arrive no later than 9:15 am to be greeted by their host/hostess. Teams are asked to wear team warm-up gear or team attire. If your team has mascots or signs, we welcome them to join your team in the procession into the gym led by your team host.

Teams will be led into the gym at around 9:30

Master of Ceremonies Mr. Chris Egeto will lead us in:

- Recognition of Land Treaty 6
- O Canada! Played by our WCHS Jazz band and accompanied by Jaylyn van Tol in singing our national anthem.
- Speakers will welcome and greet crowd
Principal of West Central High School Mrs. Stacey Wigley
Division One Councillor Mr. Jim Duncan
ASAA representative
- Rocky Rush Cheerleader presentation
- Jazz Band Finale

BANQUET

Dress in semi-formal to formal attire

Friday, November 23rd, 2018 at 6:30 pm

Doors will open at 6:00

The meal will be served in West Central High School common area.

Welcome by our Master of Ceremonies Mr. Chris Egeto.

Dignitaries sharing speeches and welcoming teams:

Rocky Mountain House mayor Mrs. Tammy Burke

Member of Legislative Assembly of Alberta Mr. Jason Nixon

Superintendent of Wild Rose School Division Mr. Brad Volkman

Fee \$35 per person which includes the following catered meal by Creative Cuisine Catering:

Menu

Japanese Sesame Cabbage Salad

Caesar Salad

Honey, Dill glazed Carrots & Green Beans

Herb Roasted New potatoes

Honey Ginger Glazed Chicken

Dinner Buns

Fruit Cheesecake Tarts

Cream Puffs

Beverages

Lemon Ice Water

Sparkling Berry Punch

TOURNAMENT DRAW

<i>Pool A</i>	<i>Pool B</i>
1 - Morinville (North Central)	2 - Louis St Laurent (Edmonton)
4 - Cochrane (South Central)	3 - LCI (South)
5 - St Martin de Porres (Calgary)	6 - St Paul Regional (North East)
8 - HJ Cody (Central)	7 - Peace Wapiti Academy (North West)
9 - Edmonton Christian (Edmonton WC)	10 - Barrhead (North Central WC)
12 - Cardston (South WC)	11 - West Central (Host / Central)

Time	West Central	Pioneer
Thursday → November 22		
9:30	Opening Ceremonies	
12:30	1. HJ Cody (Cen) v Edmonton Christian (EDM WC)	2. Peace Wapiti Academy (NW) v Barrhead (NC WC)
1:45	3. St Martin de Porres (CAL) v Cardston (S WC)	4. St Paul Regional (NE) v West Central (H)
3:00	5. Morinville (NC) v Cochrane (SC)	6. Louis St Laurent (EDM) v LCI (S)
4:15	7. St Paul Regional (NE) v Peace Wapiti Academy (NW)	8. St Martin de Porres (CAL) v HJ Cody (Cen)
5:30	9. Louis St Laurent (EDM) v West Central (H)	10. Cardston (S WC) v Morinville (NC)
6:45	11. LCI (S) v Barrhead (NC WC)	12. Cochrane (SC) v Edmonton Christian (EDM WC)

8:00	13. Cardston (S WC) v HJ Cody (Cen)	14. West Central (H) v Peace Wapiti Academy (NW)
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Time	West Central	Pioneer
Friday → November 23		
9:30	15. Morinville (NC) v Edmonton Christian (EDM WC)	16. Louis St Laurent (EDM) v Barrhead (NC WC)
10:45	17. Cochrane (SC) v St Martin de Porres (CAL)	18. LCI (S) v St Paul Regional (NE)
12:00	19. Peace Wapiti Academy (NW) v Louis St Laurent (EDM)	20. HJ Cody (Cen) v Morinville (NC)
1:15	21. Barrhead (NC WC) v St Paul Regional (NE)	22. Edmonton Christian (EDM WC) v St Martin de Porres (CAL)
2:30	23. West Central (H) v LCI (S)	24. Cardston (S WC) v Cochrane (SC)
6:30	Banquet @ West Central	

Saturday → November 24		
9:00	25. Edmonton Christian (EDM WC) v Cardston (S WC)	26. Barrhead (NC WC) v West Central (H)
10:15	27. Morinville (NC) v St Martin de Porres (CAL)	28. Louis St Laurent (EDM) v St Paul Regional (NE)
11:30	29. HJ Cody (Cen) v Cochrane (SC)	30. Peace Wapiti Academy (NW) v LCI (S)
12:45	Tie Break	Tie Break
IF NO TIE BREAKS ARE NEEDED, ALL TIMES WILL BE BUMPED AHEAD 1 HOUR		
2:00	M1. 2ND B V 3RD A	M2. 2ND A V 3RD B
3:30	M3. 1ST A V WINNER OF A	M4. 1ST IN B V WINNER OF B
5:15	M5. BRONZE MEDAL MATCH LOSER M3 V LOSER M4	

6:30	BRONZE MEDAL PRESENTATION	
7:00	M6. GOLD MEDAL MATCH WINNER M3 V WINNER M4	
7:45	GOLD MEDAL PRESENTATION & CLOSING CEREMONIES	

* If teams are tied in a section, the Volleyball Canada tie-break procedure will be used. This system is used to rank teams in a section, but not used to eliminate a team. If teams are tied for the last playoff spot, the lowest ranked team will play one game to 25 points (no cap - win by two points) against the next lowest ranked team. If the winner of this game is still tied with another team for the last playoff berth, these two teams will play one game to 25 points (no cap - win by two points) and so on, until the winning team is no longer tied for the last berth. For each of these elimination games, there will be a minimum warmup of 15 minutes [five-minute warm-up followed by 5-5 (serve within your five minutes)] to allow the teams an adequate warm up.

PARKING

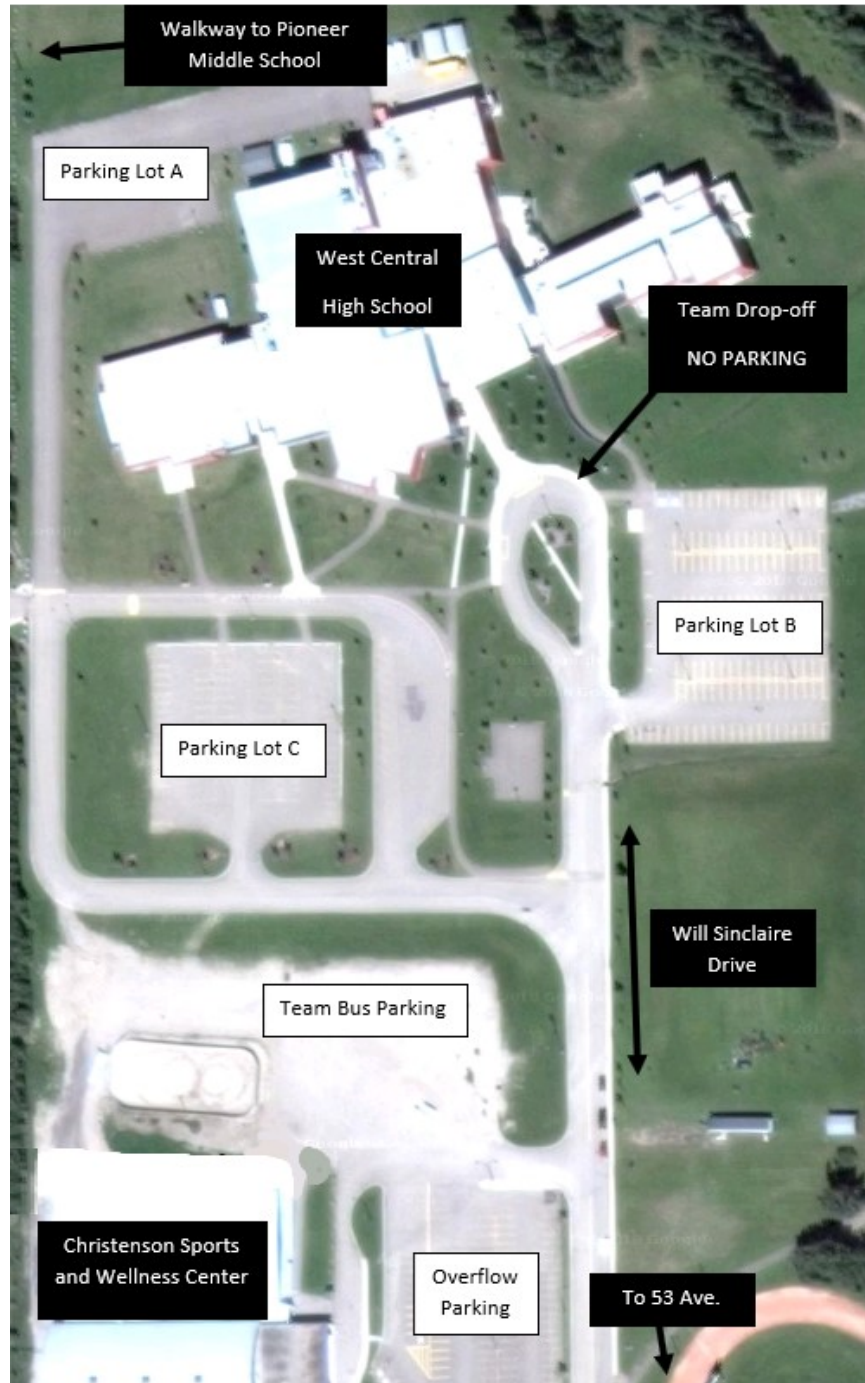
Parking at West Central High School

Thursday:

On Thursday there will be parking available in parking lot A only. There will be signs directing teams, spectators, and tournament personal where to park their vehicles. Both host facilities are within a five minute walk to parking lot A. Please note there will be no parking permitted in parking lots B and C until 5:00 pm on Thursday evening. Bus parking will be available for team busses in the parking lot indicated on the map and teams can be dropped off in front of the school, however no parking in front is permitted.

Friday - Saturday:

Team, spectator, and tournament personal parking is available in parking lots A, B, and C but is limited to first come first served. Bus parking will be available for team busses in the parking lot indicated on the map and teams can be dropped off in front of the school, however no parking in front is permitted.



West Central Parking

Parking at Pioneer Middle School

Thursday:

On Thursday there will be parking available in parking lot A as well as along the street in front of Pioneer Middle School. There will be signs directing teams, spectators, and tournament personal where to park their vehicles. Both host facilities are within a five minute walk to parking lot A. Please note there will be no parking permitted in parking lots Y and Z until 5:00 pm on Thursday evening. Bus parking will be available for team busses in the parking lot indicated on the map and teams can be dropped off in front of the school, however no parking in front is permitted. In addition the large parking lot directly South of Pioneer Middle School is designated for school busses and no tournament parking will be permitted.

Friday - Saturday:

Team, spectator, and tournament personal parking is available in parking lots A, Y, and Z but is limited to first come first served. Bus parking will be available for team busses in the parking lot indicated on the map and teams can be dropped off in front of the school, however no parking in front is permitted. In addition the large parking lot directly South of Pioneer Middle School will be made available for overflow parking.



Pioneer Parking

CHANGE ROOMS

There will be change rooms at WCHS and Pioneer Middle School will be available during the match preceding for teams preparing to go on court. These change rooms are shared with the students at each school as well as other teams participating in the tournament. Athletes are cautioned not to leave anything in the changerooms. WCHS and Pioneer Middle School will not be responsible for lost, damaged, or stolen items.

Athletes will not be allowed to change in public.

TEAM ROOMS

Thursday:

As classes are scheduled for Thursday at both tournament locations teams will not have access to a private team room on Thursday. Instead, there will be two team rooms available for all teams to use at both locations. These rooms are scheduled based upon the match schedule. Please see the room schedule to determine the time in which the room will be available for your use, or ask your team host who will provide you with the information needed. Please note, teams are not permitted to leave equipment overnight in the team rooms.

Friday - Saturday:

Your team host will show you which rooms are available to you on Friday - Saturday. All teams will have access to a team room immediately following their match at both locations for the duration of the tournament starting on Friday morning. These rooms are on a scheduled basis, please see the info table or refer to your team host for more information. Please note, teams are not permitted to leave equipment overnight in the team rooms.

CONCESSION

A concession will be made available by Diva's Catering Ltd, at West Central High School throughout the tournament. A wide variety of healthy food choices, hot and cold, will be at hand for breakfast, lunch, and dinner (except Friday evening as that is the Banquet). Food item costs will be available at the concession site. Cafeteria hours will be from 7:00 a.m. to 6:00 p.m.

COACHES & OFFICIALS HOSPITALITY ROOMS

Hospitality rooms for coaches and officials will be provided at both tournament locations. Please see signage or talk to your team host for the locations of these rooms.

ADMISSION

Day Pass - \$10.00/day

Weekend Pass - \$20.00

Younger than 12 years old - Free

Students (must have a valid student ID Card) - \$5.00

Student Weekend Pass - \$15.00

Programs - \$5.00 each

Athletes, Coaches and Officials will be given an official ID Card on a lanyard to enter all gymnasiums. DO NOT LOSE THESE AS THEY ARE YOUR OFFICIAL ACCREDITATION FOR ENTRY INTO THE TOURNAMENT. All spectators will be required to purchase a pass to watch the competition and must show the pass each time they enter a venue. Passes are good for all venues for the duration of the provincial tournament.

PHOTOGRAPHY

Photography will be provided by Timelapse Photography out of Sylvan Lake. Team Pictures will be scheduled for Wednesday, November 21. Team photos are priced at \$15.00/photo. Coaches may order team photos as they register their team. Competition photos will be taken by professional photographers throughout the tournament and will be available on a bit.ly gallery for purchase or download. Make sure to sign up for your team's photo shoot on Wednesday, November 21!

[Wednesday Team Photo and Team Practice Sign Up Form](#)

MERCHANDISE

A merchandise table will be set up at West Central.

LIVE ONLINE STREAMING

Links to the live stream will be found on the host website and on the ASAA Youtube Channel. Please advertise this to your school, athletes, parents, relatives and friends who are not able to make it for the tournament.

FIRST AID

Please ensure you bring an individual medical kit for your team. Our local Search and Rescue team will be providing our First Aid support out of West Central High School. First Aid will have as its purpose to stabilize and prepare for movement to hospital which is 4 blocks away.

EMERGENCY ACTION PLAN

In the event of an emergency, the tournament coordinator or first on site will contact 9-1-1. First Aid kits will be located in the First Aid Room and in the Coaches room at each school.

AED Locations: in St. Dom's Office/Common Area

When an injury occurs:

1. Initially, when coming in contact with the injured student-athlete, take control and assess the situation. Exercise universal precautions related to blood/bloody fluids.
2. Keep in mind the following - DO NOT move the injured student-athlete
 - If a student-athlete cannot move by himself, do not move the body part for him

3. Instruct any bystanders to leave the injured student alone
4. Do not remove the student athlete's equipment unless emergency treatment is required (eg. CPR or artificial respiration)
5. Assess the injury; evaluate the severity of the injury and decide if further assistance is required
6. If an ambulance is not needed, then decide what action is to be taken to remove the injured student-athlete from the playing surface
7. If an ambulance is required: request assistance from another person by having this person call an ambulance with all the relevant information (nature of the emergency, precise location, telephone number of location) and have them report back to you with estimated time of arrival, then send them to the access entrance to wait for the ambulance.
8. Once the call has been placed, observe the injured student-athlete carefully for any change in condition and try to reassure the injured student until professional help arrives
9. Do not provide the injured student-athlete with food or drink, unless otherwise indicated by the situation (e.g. diabetes, hydration)
10. Stay calm and speak reassuringly
11. When the ambulance arrives, describe the incident and what has been done
12. An adult should be designated to accompany the injured student-athlete to the hospital to help and document the steps taken to treat the injury (the local hospital is 3 minutes drive from the High School, 4 minutes drive from Pioneer School)
13. The parent/guardian of the injured student-athlete must be contacted as soon as possible after the injury
14. Complete any necessary incident/accident reports and file with the appropriate school administrator

SCOREKEEPERS & LINESMEN

Students, Junior Volleyball and Junior Varsity Volleyball players will be scheduled to fill these needs. Please treat these individuals with respect. If you have a concern with the scorekeeping or lines people address it through the Officials and/or Facility Managers. Do not direct comments to the minor officials.

GRIEVANCE COMMITTEE

Grievance Committee:

A committee has been organized to deal with discipline and grievance issues that may arise. There are two functions of this committee at provincials:

1. To deal with matters that may occur during competition.
2. To handle any other matters, associated with the tournament, outside the game, that may require dispute resolution.

The grievance committee will consist of a minimum of three members and may include but may not be limited to Nathan Moore, Justin Klein, as well as the Head Official.

SPORTSMANSHIP

Criteria for team/individual sportsmanship awards will be included in coach's packages as well as given to the committee at the beginning of the competition. Coaches are asked to fill out nomination papers prior to the end of the Championship. Awards will be announced throughout the tournament as well as within one week of the event.

Here is the handout of criteria for determining sportsmanship awards and the forms that will be used.

[Sportsmanship Criteria](#)

AWARD PRESENTATIONS

Awards ceremonies will occur immediately following the Bronze and Gold medal match at West Central. Teams are asked to line up on the sidelines facing the crowd in front of their benches after the handshake.

SCHOOL RULES

- During Thursday competition and activities please be advised that classes will be in session during class time and other events will be going on in the school. Please be courteous and respectful during this time and for the duration of the tournament.
- Please be sure to only use your gym footwear and practice balls when in the gymnasium(s). ABSOLUTELY NO warming up or playing with balls in the commons area or hallways of WCHS and Pioneer School, please.
- Please remember that like all other schools in the province, there is no smoking, vaping or using of illicit drugs on campus.
- As well, West Central High is a conglomerate school housing a public school (WCHS) a Catholic School (St. Dom's) and an offshoot campus of Red Deer College. Please be respectful our partners.

CONDUCT OF PLAYERS

Players should:

- Conduct themselves in a positive nature/manner during, before, and after the game
- Offer positive feedback to opponents during the game
- Shake hands before and after the game
- Be courteous, polite, and friendly
- Show good sportsmanship during the game
- Show concern, respect, or empathy for an opponent

CONDUCT OF SPECTATORS

Teams are responsible for their own spectators. Any spectator not acting accordingly will be asked to leave the facility. Air horns and other artificial noise-makers will not be allowed. Spectators should show good sportsmanship and consistently give positive feedback to players, coaches, etc.

DISCIPLINE & MISCONDUCT

The following is the ASAA statement on discipline:

1. The head coach, as a representative of the school, is responsible for the conduct of all persons comprising the school's team including assistant coaches, players, and bench personnel
2. For a coach to address, or permit anyone on his/her bench to address, uncomplimentary remarks to any official during the progress of a provincial championship, or to indulge in conduct that might incite players or spectators against the officials, is a violation of the rules of the game and must likewise be considered conduct unworthy of a coach
3. Behavior by any member of a team, including bench personnel, deemed objectionable conduct as defined in the rulebook shall be immediately subject to the penalty prescribed in the rulebook for such an offense.

ALBERTA SCHOOLS ATHLETIC ASSOCIATION CODE OF ETHICS

Adults who work students in interscholastic activities should present a positive role model for them to emulate. Students who represent a school in interscholastic activities must be creditable school citizens.

The Association recognizes that the school administration is responsible for all athletic programs and the conduct of all school representatives, whatever the level and location of the competition. In recognition of this authority and responsibility, the Association presents the following general guidelines.

Fair Play and Sportsmanship

All competitions must be conducted with a high standard of courtesy, fair play, and sportsmanship. All those involved share this responsibility.

A. Coaches

- The coaches must demonstrate qualities of courtesy and good sportsmanship. These are evidenced by the proper acceptance of officials' judgment, positive encouragement of player performance and bench behavior.

B. Athletes

- The athletes must demonstrate qualities of courtesy and good sportsmanship by proper acceptance of officials' judgment and by showing proper respect for opposing athletes as well as for teammates.

C. Cheerleaders

- The cheerleaders must demonstrate courtesy and good sportsmanship by appropriateness and timeliness of the cheers they lead, respect for the other cheerleaders and athletes, and their attempts at effective crowd control

D. Spectators

- The spectators, both student, and adult must demonstrate courtesy and good sportsmanship by positive cheers of encouragement for their team, not against the opposing team. This is evidenced by the absence of booing and vulgarities. Spectators must also show proper acceptance of officials' judgment. Artificial noisemakers are not permitted during provincial championship tournaments/events. These noisemakers may include but are not limited to: air horns, cowbells, plastic tube horns, garbage can lids, etc. The provincial championship host shall have the authority to eject from the competition facility individuals who, following a warning, refuse to comply with this requirement.

E. Administrators and Teachers Administrators and Teachers must demonstrate courtesy and good sportsmanship by their positive examples