



ASAA PROVINCIAL CURLING INFO PACKAGE

ASAA High School Provincial Curling Championship

Lethbridge Curling Club
74 Mauretania Rd West
Phone: (403) 327-1213

March 5 - 7, 2020



WELCOME TO LETHBRIDGE

Welcome to the 2020 ASAA High School Provincial Curling Championship.

We are very excited to be hosting you here at the
Lethbridge Curling Club in Lethbridge, Alberta.

Hosted by: LCI - Lethbridge Collegiate Institute





Contacts - The Provincial Committee:

- Chairperson: Dave Fletcher david.fletcher@lethsd.ab.ca
- Assistant Chairperson: Gordon Vatcher gordon.vatcher@lethsd.ab.ca
- ASAA Representative: Micahel Steele
- Banquet: Kim Orr, Tiffant Kiist, Christina Whittmire
- Official: Andy Lessard
- Sportsmanship: Marshall Cox and Matt Strikwerda
- Hospitality Suite: Vincie Fallwell and Kathy Martin
- Accommodations: Cory Hoffner
- Opening Ceremonies: Trish Wallace and Dave Fletcher
- Livestream: Michael Krokosh and Jean Brochu
- Program: Dave Fletcher
- Promotional Items/Prizes: Christina Whittmire, Dave Fletcher, Kim Orr, Kathy Martin
- Decorations: Tiffany Kiist, Kim Orr, Cory Hoffner, Alyssa Andreachuk
- Logo Design: LCI students: Olive Graham and Indira Brouwer

Lethbridge Collegiate Institute
1701 5 Ave S , Lethbridge, AB T1J 0W4

Lethbridge Curling Club
Unit #110 - 74 Mauretania Rd West
Lethbridge, AB, T1J 5L4
<http://provincials.asaa.ca>

LOCATION



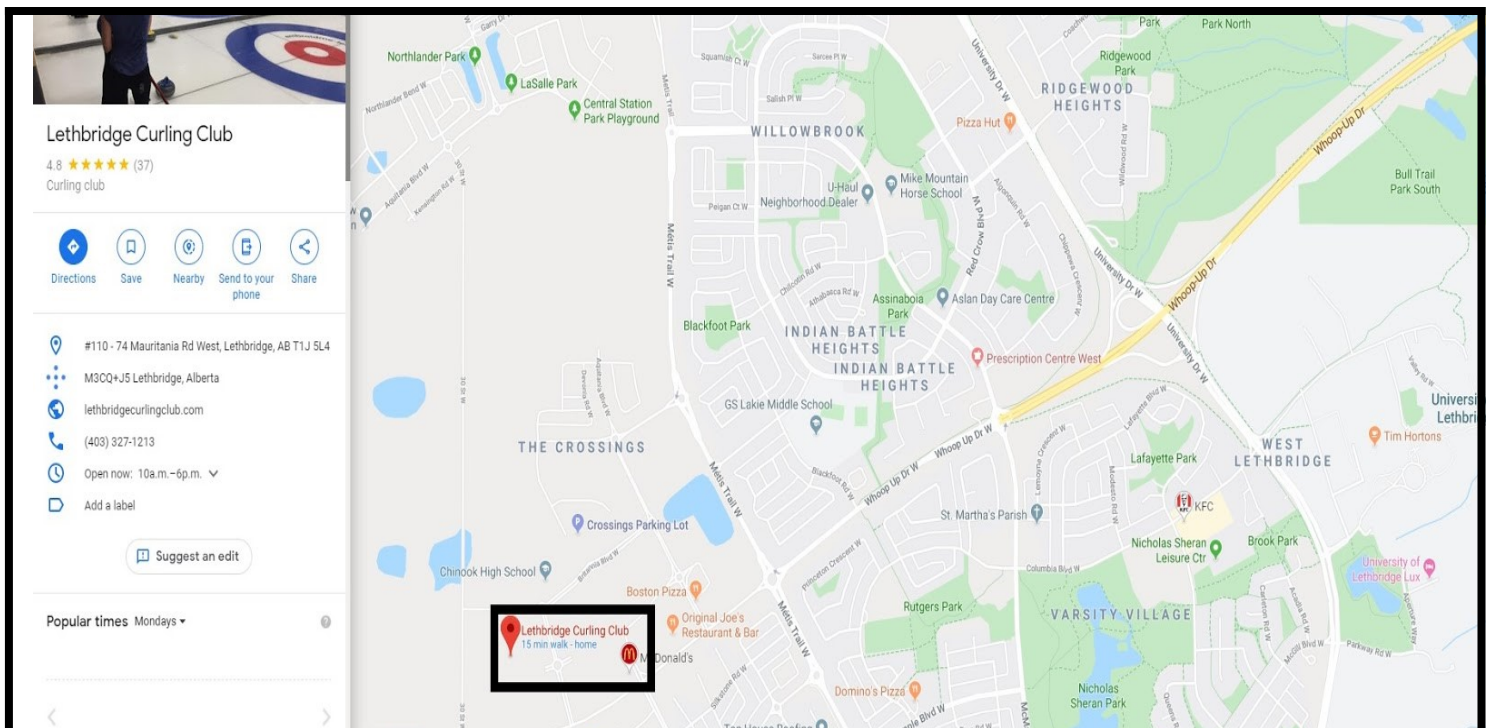
Competition Site

Competition Site: Lethbridge Curling Club

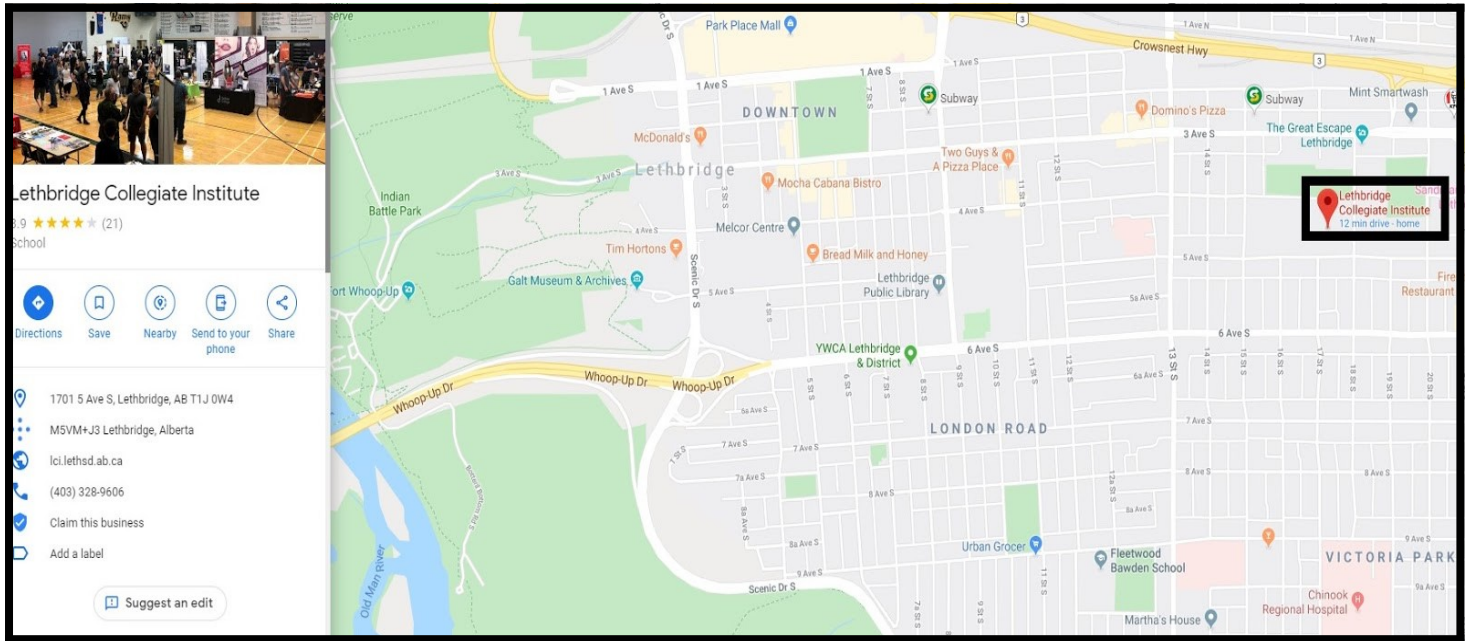
Address: 74 Mauretania Rd W,
Lethbridge, Alberta T1J 5A8

Date of Competition: March 5-7, 2020

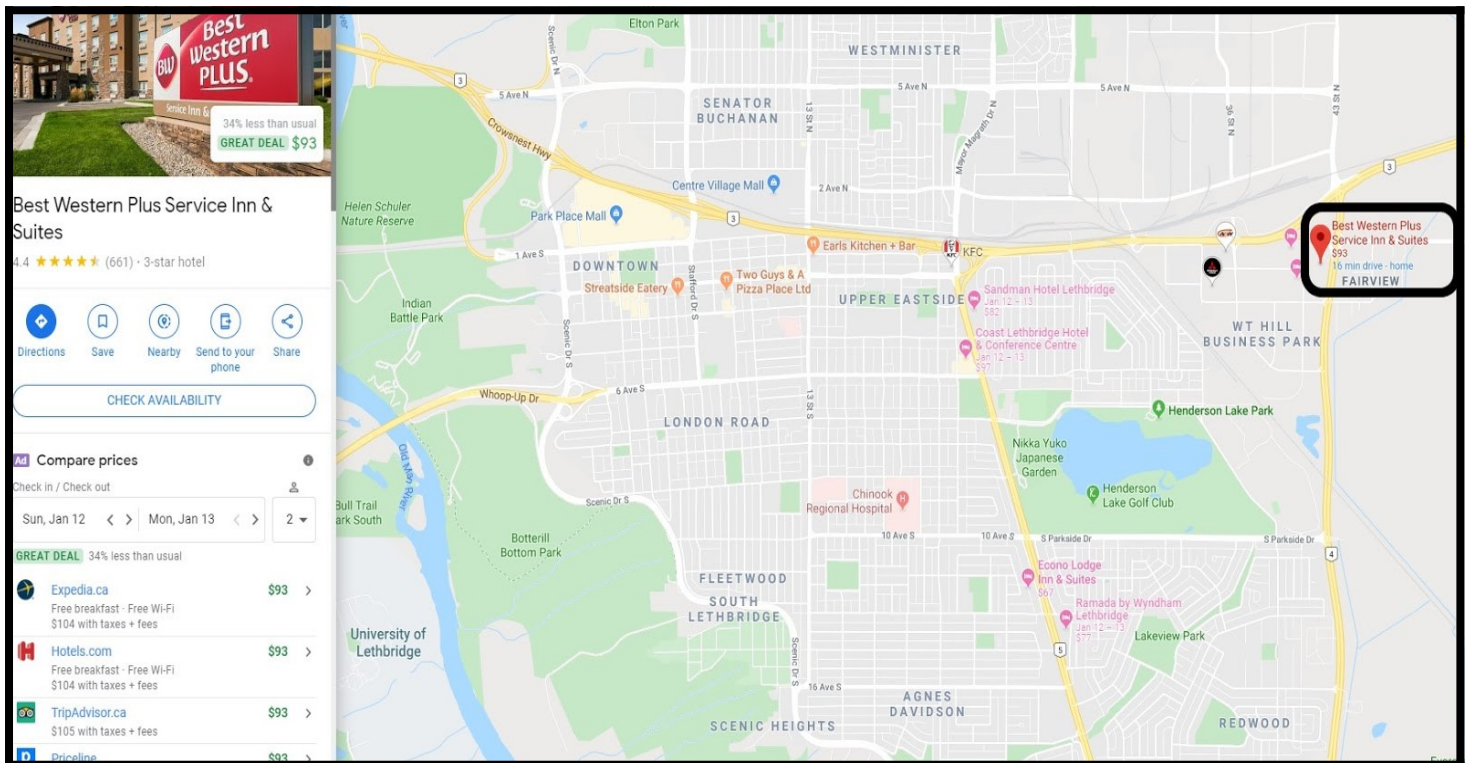
Lethbridge Collegiate Institute along with the Lethbridge Curling Club are proud to host the 2020 Provincial Championships. The Lethbridge Curling Club offers a great concession as well as great viewing area of our 10 sheets of ice with TVs showing both houses for every sheet upstairs. The coach and player viewing area will be available on main level, it also has TV monitors for each sheet. Concession will be open throughout the event for your comfort.



Banquet- Lethbridge Collegiate Institute 1701 5 Ave S, Lethbridge, AB T1J 0W4
<https://goo.gl/maps/Chiwz3ERbR9Jy6hT6>



Sponsorship Hotel- Best Western Plus Service Inn & Suites 209 41 St S, Lethbridge, AB T1J 1Z3
<https://goo.gl/maps/gKNQU529nL7ivzNy9>



GENERAL INFORMATION

ASAA Provincial Curling Championships – Lethbridge, AB

Player/Team Registration

Team registration information must be submitted via the ASAA Curling Championship website online registration form **NO LATER THAN FRIDAY**, February 28th, 2020.

Physical registration and welcome will take place on:

Thursday, March 5th from 8:00 am - 9:45am at Lethbridge Curling Club.

Lethbridge Curling Club **requires all athletes to have the Curling Canada Consent Form completed prior to arrival** to Provincials. This will be completed as a part of your registration package.

Banquet

The banquet is for players and coaches only. Due to the size of the facility, unfortunately there is no room to accommodate parents and guests. Deadline to order tickets is Friday, February 28th. Please include tickets you will be needing with your team registration information. **Cost of banquet tickets is \$30 per person.**

Date: Friday, March 6th. **Time:** 6:00 pm **Location:** LCI—Lethbridge Collegiate Institute cafeteria (1701 5 Ave S)

Dress: Semi Formal

Fees

The entry fee is **\$150/team** plus \$1.00/player for ASAA Pay It Forward Loonie Fee. The banquet tickets are \$30.00/person. Please bring your cheque with you to the registration on Thursday, March 5th. One cheque covering all expenses is acceptable and is to be made payable to: **Lethbridge Collegiate Institute.**

Fee Calculator:

Entry Fee (\$150/team) <https://lethbridge.schoolcashonline.com/Fee/Details/21006/38/False/True>

ASAA Loonie Fee (# of players X \$1) <https://lethbridge.schoolcashonline.com/Fee/Details/21007/38/False/True>

Banquet Tickets (# of tickets X \$30) <https://lethbridge.schoolcashonline.com/Fee/Details/21008/38/False/True>

Photographs

The ASAA requires team photographs for its yearbook. All teams will have their pictures taken either immediately before or after their practice time at Lethbridge Curling Club. Athletes are asked to be dressed in team gear for the pictures. A photo schedule using the Google Doc on the website: <https://docs.google.com/document/d/1RMFOoUSE3D2bRwFXYSvKGeUmiQ83ajiTaheH1ttfToU/edit?usp=sharing>

Coaches & Skips Meeting

This meeting on Thursday, March 5th at 10am after the practice times & pictures in the upstairs of the curling rink. Please ensure both representatives are present at this meeting. Only coaches & skips are allowed in the meeting.

Opening Ceremonies:

The opening ceremonies will take place on Thursday, March 5th at 11:15 at Lethbridge Curling Club. Teams arrive 40 minutes before the ceremonies, and be lining up by 11:00am. Athletes and coaches should come dressed in their **competition gear**. The opening ceremonies format:

Zones and individual teams led onto ice, led by the zone host.

O Canada

Athletes Oath

Welcome/opening remarks –

Ceremonial Rock

Exit by following host.

Medal Ceremonies:

Bronze and Gold Medal presentations will take place at the Curling Club after each respective competition.

Concession:

A concession at the Curling Club will be open and available for all meals.

Championship Apparel:

ASAA provincial clothing will be on sale at the registration table. *Clothing will be sold onsite at the Lethbridge Curling Club.* **Sales will be CASH only.** Thursday, March 5: 7:30am to 10:30am and 1pm to 5pm, Friday, March 6: 8:30am to 2:30pm Saturday: March 7: 10 to 12am

Water Bottles:

Please ensure your athletes bring their own water bottles. Only sealable beverage bottles are permitted in the ice area. There are water stations near each of the curling sheets.

First Aid:

Teams must bring their own medical supplies and should plan to do their own taping if necessary. First Aid kits will be on-site for emergency purposes only.

Admission:

The organization committee has decided to not charge admission for this event. Instead there will donations accepted at the registration table and various raffle draws used to offset the cost of the event.

Accommodations:

50 rooms have been blocked **for the teams and coaches** at the **Best Western Plus** (please indicate you are a team with ASAA Curling Provincials when booking). There are other hotels available within Lethbridge. Best Western Plus - 209 41 St S, Lethbridge, Alberta (403) 329 6844

*****Blocked rooms are for players and coaches ONLY. Parents are required to book their own rooms.*****

Book photo and practice slots through the Google Doc on the website:

<https://docs.google.com/document/d/1RMFOoUSE3D2bRwFXYSvKGeUmiQ83ajiTaheH1ttfToU/edit?usp=sharing>

CONCESSION MENU

CONCESSION MENU

GRAB N GO

Chocolate Bars	\$2.00
Gum	\$2.00
Chips	\$1.50
Baked Goods	\$1.50
Fruit/Veggie Cup	\$2.75
Candy Cup	\$1.50
Display Sandwiches	\$5.25
Display Wraps	\$7.25

COLD DRINKS

Bottle Pop	\$2.50
Fountain Pop Large	\$2.50
Fountain Pop Small	\$2.25
PowerAde	\$3.75
Core Power	\$3.75
Nestea	\$2.50
Water	\$2.50
Apple or Orange Juice	\$2.75
Energy Drink	\$3.00
Vitamin Water	\$3.00

HOT DRINKS

Coffee	\$2.00
Mocha	\$2.50
Tea	\$2.00
Hot Chocolate	\$2.50

BREAKFAST

Breakfast Sandwich	\$5.00
Full Breakfast	\$9.00

FRYER

Large Fries	\$6.00
Small Fries	\$4.00
Large Poutine	\$8.00
Small Poutine	\$6.00
Onion Rings	\$7.00
Mozzarella Sticks	\$5.50
Fried Pickles	\$5.50
Maple Bacon Kettle Chips	\$5.50
Mac 'n' Cheese Bites	\$5.50

HOT ITEMS

Hamburger	\$8.75
CheeseBurger	\$9.75
Grilled Cheese	\$5.50
2 Topping Ind. Pizza	\$8.00
Daily Soup	\$4.00
Hot Dog	\$5.00
Smokie	\$5.50
Chicken Caesar Wrap	\$9.00
Taco Salad	\$10.00
Full Nacho	\$18.00
Half Nacho	\$13.00
Chicken Wings	\$12.00
Chicken Tenders & Fries	\$13.00
2pc Fish & Chips	\$14.00
1pc Fish & Chips	\$9.00

**DAILY SOUP AND
SANDWICH SPECIAL \$8.00**

Inc. 2 eggs, ham/sausage, hashbrowns and toast

COMBOS

Taco Salad Combo	\$12.75
CheeseBurger Combo	\$12.00
2 Topping Pizza Combo	\$12.50
Hot Dog Combo	\$10.75

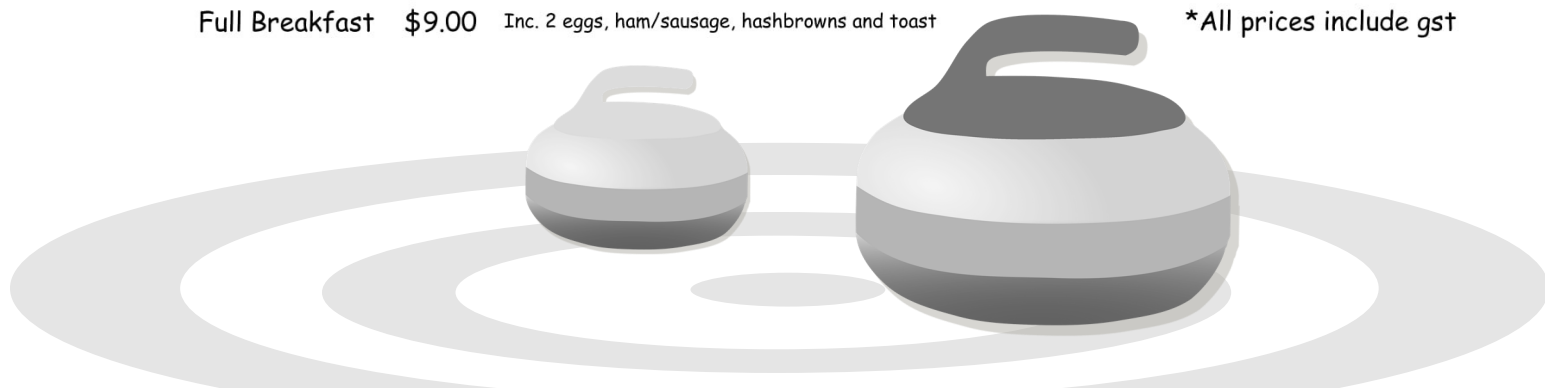
PIZZA

Cheese	12"	\$19.00
	16"	\$21.00
Pepperoni	12"	\$22.00
	16"	\$25.00
Hawaiian	12"	\$23.00
	16"	\$26.00
Veggie	12"	\$21.00
	16"	\$23.00
Loaded	12"	\$26.00
	16"	\$29.00
BBQ Chicken	12"	\$22.00
	16"	\$25.00

ADD

FRIES	\$3.25
SALAD	\$3.25
SOUP	\$3.25
ORINGS	\$4.00
GRAVY	\$1.50
BACON	\$2.00
CHEDDAR	\$1.00
GRILLED CHICKEN	\$3.00
HAM	\$2.00

*All prices include gst



Schedule & Tournament Website

The complete schedule/draw and all tournament information and results are online:
<http://www.asaa.ca/championships/site/2020-asaa-curling-provincials>

2020 ASAA Provincial Curling Championship Draw

Lethbridge Curling Club, Lethbridge, Alberta

Thursday March 5 - Saturday March 7, 2020

Boys Tournament	
Pool A	Pool B
1 (Ctl)	6 (NC)
2 (C)	7 (SC)
3 NE)	8 NW)
4 S	9 (Edm)
5 Wild Card	10 LCI (Host)

Girls Tournament	
Pool A	Pool B
1 (Ctl)	6 (NC)
2 (C)	7 (SC)
3 NE)	8 NW)
4 S	9 (Edm)
5 Wild Card	10 LCI (Host)

Mixed Tournament	
Pool A	Pool B
1 (Ctl)	6 (NC)
2 (C)	7 (SC)
3 NE)	8 NW)
4 S	9 (Edm)
5 Wild Card	10 LCI (Host)

THURSDAY — MARCH 5, 2020													
8:00 — 9:30: Registration and Practice Ice (book your timeslot in advance)													
10:00 (sharp!) — 10:45: Coaches/Skips Meeting (upstairs lounge of the Lethbridge Curling Rink)													
11:15 — 12:00 Opening Ceremonies (at the Lethbridge Curling Rink)													
		Boys	Sheet	Boys	Sheet	Girls	Sheet	Girls	Sheet	Mixed	Sheet	Mixed	Sheet
Draw 1	12:30am	2 vs. 5	1	1 vs. 4	2	2 vs. 5	5	1 v 3	6			1 vs. 4	9
		7 v 10	3	6 v 9	4	7 v 10	7	6 v 8	8			6 v 9	10
Draw 2	3:15pm			1 v 3	6	1 vs. 4	1	3 vs. 2	4	1 v 3	7	2 vs. 5	9
				6 v 8	5	6 v 9	2	8 v 7	3	6 v 8	8	7 v 10	10
Draw 3	6:00pm	5 vs. 4	3	3 vs. 2	4	5 vs. 4	6			5 vs. 4	10	3 vs. 2	8
		10 v 9	1	8 v 7	2	10 v 9	5			10 v 9	9	8 v 7	7
FRIDAY — MARCH 6, 2020													
		Boys	Sheet	Boys	Sheet	Girls	Sheet	Girls	Sheet	Mixed	Sheet	Mixed	Sheet
Draw 4	9:00am	1 v 5	9	4 v 3	7	4 v 2	5	5 v 3	4	4 v 2	1		
		6 v 10	10	9 v 8	8	9 v 7	6	8 v 10	3	9 v 7	2		
Draw 5	11:30pm	4 v 2	4	5 v 3	2	1 v 5	9			1 v 2	5	5 v 3	7
		9 v 7	3	8 v 10	1	6 v 10	10			6 v 7	6	8 v 10	8
Draw 6	2:00pm	1 v 2	5			4 v 3	10	1 v 2	7	1 v 5	4	4 v 3	1
		6 v 7	6			9 v 8	9	6 v 7	8	6 v 10	3	9 v 8	2
6:00 — 9:00 The Banquet and Entertainment at LCI Cafeteria (1701 5 Ave S)													
SATURDAY — MARCH 7, 2020													
(Note: if no tie breaker games are needed, the semi finals and the finals will move to 8:30 and 11 time slots)													
		Boys	Sheet	Boys	Sheet	Girls	Sheet	Girls	Sheet	Mixed	Sheet	Mixed	Sheet
Tie Breakers	8:30am		1		2		4		5		7		10
Semi	11:00am	1st of A vs. 2nd of B	9	2nd of A vs. 1st of B	8	1st of A vs. 2nd of B	6	2nd of A vs. 1st of B	5	1st of A vs. 2nd of B	3	2nd of A vs. 1st of B	2
Gold Medal	2:00pm	Winner of Semi vs. Winner of Semi			5	Winner of Semi vs. Winner of Semi			2	Winner of Semi vs. Winner of Semi			8
Bronze Medal	2:00pm	Loser of Semi vs. Loser of Semi			6	Loser of Semi vs. Loser of Semi			3	Loser of Semi vs. Loser of Semi			9

ASAA Code of Ethics

Fair Play and Sportsmanship

All competitions must be conducted with a high standard of courtesy, fair play and sportsmanship. All those involved share this responsibility.

A. Coaches

The coaches must demonstrate qualities of courtesy and good sportsmanship. These are evidenced by proper acceptance of officials' judgment, positive encouragement of player performance and bench behaviour.

B. Athletes

Athletes must demonstrate qualities of courtesy and good sportsmanship by proper acceptance of officials' judgment and by showing proper respect for opposing athletes as well as for teammates.

C. Cheerleaders

Cheerleaders must demonstrate courtesy and good sportsmanship by the appropriateness and timeliness of the cheers they lead, respect for the other cheerleaders and athletes, and their attempts at effective crowd control.

D. Spectators

a. Spectators, both student and adult, must demonstrate courtesy and good sportsmanship by positive cheers of encouragement for their team, not against the opposing team. Spectators must also show proper acceptance of officials' judgment. Artificial noisemakers are not permitted during provincial championship tournaments/event including: badminton, basketball, cheerleading, curling, golf, team handball, track & field, volleyball and wrestling. With the exception of air horns and electronic megaphones, noisemakers are permitted at cross country, football and rugby. Prohibited noisemakers may include but are not limited to: air horns, cow bells, plastic tube horns, garbage can lids, etc. The provincial championship host shall have the authority to eject from the competition facility individuals who, following a warning, refuse to comply with this requirement.

b. Eviction for Inappropriate Language and/or Behaviour. The Executive Committee or its host/designated representative shall have authority to direct any person to immediately leave any premises or venue hosting any ASAA sanctioned event if that person:

- exhibits rude or abusive behaviour to any other person
- uses vulgar, obscene or abusive language and/or gestures
- fails to promptly follow any reasonable direction given to that person by the designated representative of the ASAA

The Executive Committee or its designated representatives all have the authority to notify local law enforcement personnel of the failure of any person to immediately comply with a direction to leave any premises or venue hosting any ASAA sanctioned event.

E. Administrators and Teachers

Administrators and teachers must demonstrate courtesy and good sportsmanship by their positive examples.

Sportsmanship Awards

Sportsmanship pins will be given to individuals who exhibit outstanding displays of integrity, fair play and good sportsmanship. Sportsmanship pins may be given to players, coaches, parents and spectators. These individuals will be recognized for bringing a positive presence to the championship and demonstrating consistent exemplary sportsmanlike behavior. If you see outstanding displays of sportsmanship, bring an informal nomination forward to any one of the organizing committee members.

Curling Sportsmanship Team Awards are presented to one team from each of the girls, boys and mixed events. Each team member is presented with an ASAA sportsmanship pin to commemorate their achievement, along with the team banner and sportsmanship plaque, which will be sent from the ASAA office within the weeks following the event. These awards are selected by the sportsmanship committee members. The team sportsmanship award selection will also have the input from participating teams.

Grievance Committee Purpose: There are two key functions of the Grievance committee at ASAA provincials. The first function is to deal with matters that occur during competition, typically discipline/conduct types of issues, and appeals that may arise from ejections, while the second function is to handle any other matters that arise that require dispute resolution.

Coaches will be informed of who is sitting on this committee during the coaches meeting.

Special note regarding broom heads Hair brooms will not be permitted to sweep. All **non-directional** fabric broom heads will be allowed. The exception is any broom head that has been textured, sealed, or modified from the original woven fabric. Plastic insert must be removed from the broom heads.

Lethbridge Curling Club

Emergency Response Plan

See package on website.



RULES:

ASAA Provincial Curling Championships

ASAA CURLING RULES (Grey background indicates new for 2018/2019)

1. Rules

- A. The rules governing ASAA Curling shall be the blended rules of the Curling Canada, with the following modifications:
 - i. Each team is permitted to take two 60-second time outs per game. The time outs must be taken when the team is in possession of the rock. They may be called by the skip or coach. The time outs cannot be carried forward to the extra end(s).
 - ii. One 60-second timeout is available to each team for each extra end.
 - iii. A five minute break is allowed after the 4th end.
 - iv. In the event of a 4-end tie-breaker, one 60-second time out per team will be permitted.
- B. ASAA Provincial competitions shall use the five rock free guard Zone rule currently used by Curling Canada.
- C. The following limited broom head rule will be used at ASAA Provincial competitions
 - i. Broom heads used for sweeping can be any fabric that is commercially purchased. No homemade heads and modifications to commercial heads will be permitted.
 - ii. No hair brooms or corn brooms will be used to sweep a rock. Additionally, the plastic insert from Hardline brooms must be removed. The WCF approved fabric is NOT required for ASAA provincial curling.
 - iii. A player may use any device (including hair and corn brooms) to deliver the stone; however, the device may not be used to sweep unless it complies with i and ii
 - iv. Failure to comply with the above will result in the loss of hammer if used during practice, removal of stone if used during a game, or forfeiture if a replacement head in compliance with these rules cannot be found.

2. Season of Play

The Season of Play for Curling shall be October 1 to the Provincial championships on the first Friday and Saturday in March. The Season of Play is not intended to include July and August.
See SECTION V – ACTIVITIES, Item 3, pages 54-57 for more information.

3. Eligibility

- A. Schools are required to submit the names of their Curling athletes in the Sport Registration System by the registration deadline. All students on the Curling team are eligible to compete on any of the school Curling teams; however, the athletes that play together at all qualifying events for Provincials (e.g., districts, Zones) are the ones that form the team that moves on to the Provincial competition.
- B. Each boys and girls team will consist of five students and mixed teams will consist of six students. Mixed teams shall comprise two girls and two boys, with girls and boys alternating at the various team positions.
- C. Only one team per category may compete per school.

4. Teams

- A. All games must be started with the rink having four players. Any rink not having its full complement of four players shall be -disqualified. If a player withdraws from play and there is no substitute, the first two curlers will throw three stones, with the skip throwing two stones. No rink may continue to play with fewer than three players.

B. Substitutions may be made during or between games by using the non-playing team member(s) for any team positions (in mixed play, a boy can only be substituted for a boy, and a girl for a girl, following 3.B. above). In mixed play, if a substitute of the correct gender is not available then the team will continue the game with three players in their existing order, throwing 3, 3, and 2 stones. All team members must meet ASAA eligibility requirements and cannot be members of other school representative Curling teams as established at the qualifying events for Provincials (see 3 above). All teams must continue throughout the competition with the listed team members as constituted in the first post-district game of the competition.

5. Events

A. Format

- i. Each Provincial competition shall be a 10 team spiel with each Zone having one entry in each of the three categories.
 1. The host school will be granted a berth in each of the three categories
 2. In each category, a wildcard berth will be awarded. The ASAA office will calculate Provincial Championship history for teams representing their Zones for the three years prior to the current school year. Teams that win the gold medal will receive 3 points. Teams that won the silver medal will receive 2 points. Teams that win the bronze medal will receive 1 point. The Zone that has the highest total will receive the additional berth in that category.
 3. There will be a maximum of 3 representatives from a Zone (includes the host teams) in any Category.
- ii. All games will be eight ends duration. If tied at the completion of eight ends, an extra end or ends shall be played.
- iii. Competition in each event shall be two section round robins. At the completion of the round robin, the first place team from each pool will play the second place team from the opposite pool. The winners play to determine the gold and silver medal winners, and the losing teams play to determine the bronze medal winner.

B. Hammer

Practice and Draw to the button procedures for Round Robin, Tie Breakers and Medal Games:

- i. 30 minutes prior to the scheduled start time, the thirds will flip a coin. The winner of the coin toss will choose second practice or colour of rocks. At the end of the practice, an extra stone will be delivered as a draw to the button.
- ii. This stone can be delivered by any player on the team with sweeping allowed.
- iii. This stone must be measurable in the house.
 1. If the stone is in the free-guard Zone or not in play, the stone must be delivered again, by different team member, and a score of 72" or 189 cm will be recorded. This process is repeated until a stone is measurable in the house. If the second team's rock does not stop in the house and the first team had a measurable stone, the second team does not throw again.
 2. If the stone covers the pin, the stone must be delivered again, by a different team member, and a score of 0" or 0 cm will be added to measurement. This process is repeated until a stone is measurable in the house. If the first team does not cover the pin and the second team covers the pin, the second team does not throw again. A score of 0" will be recorded for any team covering the pin during their first attempt for tie breaker purposes (see section 5,C. Tie Breaker Policy).
- iv. The same player may deliver the 1st draw to the button attempt in all games. Rotation of players is only required if the 1st attempt is not measurable.
 1. The team with the lower measure at the end of each team's practice will be awarded hammer in the first end of play.
 2. The measurements of the three round robin games will be recorded and totalled for tie breaking placing and determining the hammer in medal games
 3. All measurements will be done by the thirds and agreed upon by both teams. Measurements are recorded on paper and are collected by the Host to be tallied, only the first delivered rock is recorded, the distances of additional rocks is only used should the opposing team's first rock not reach the house, or covers the pin, they determine hammer in the first end.
 4. 1 vs 2 crossover playoff game - The team which finished first in their pool will be rewarded with

hammer in this game, thus the extra delivered stone is not required as part of the practice. Teams will still flip a coin to determine order of practice and colour of stones. The team with hammer receives first practice, the other team selects rock colour.

5. For the medal games, the team with the lower combined total from the draws to the bottom from the round robin games will be awarded hammer and first practice. The other team will select rock colour and have second practice.

C. Tie Breaker Policy

i. If two teams are tied for first, the game between the two teams will determine first and second places.

ii. The tie-breaking procedure will include a draw to the button to take place after the conclusion of each practice, by all teams involved in the competition. The measurements of the three round robin games will be recorded and totaled for tie breaking placing only.

1. If three teams are tied for first, the team with the lowest total draw to the button will be awarded 1st place in the pool. The other two teams will play a four-end game to determine the 2nd place team. Extra ends will be played if necessary.

2. If three teams are tied for second place, the team with the lowest total draw to the button will be awarded a bye. The other two teams will play a four-end game with the winner then playing the team with the bye in another four-end game to determine 2nd place in the pool. Extra ends will be played if necessary.

D. Practice Time

i. Each team will have a practice of a maximum of five (5) minutes to deliver one (1) rock per player down and back.



Good Luck Athletes!

CURLING CANADA ~ INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

(To be executed by Participants under the Age of Majority)

WARNING! By executing this document you will assume certain risks and responsibilities. Please read carefully.

Participant's Name: _____

1. This is a binding legal agreement; therefore clarify any questions or concerns before signing. As a Participant in the activities, programs, services of Curling Canada, _____ collectively or independently and the sport of curling (collectively the "Activities"), the undersigned, being the Participant and the Participant's Parent/Guardian (collectively the "Parties"), acknowledge and agree to the following terms:

Disclaimer

2. Curling Canada, _____ their respective, directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facility, and representatives (collectively the "Organization") are not responsible for any injury, property damage, death, expense, loss of income, damage or loss of any kind suffered by the Participant during, or as a result of, the Activities and the risks relating to the Activities. ☐ **I have read and agree to be bound by paragraphs 1 - 2**

Description, Acknowledgement of Risks and Helmet Recommendation

3. The Parties understand and acknowledge that the Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life. The sport of curling is played on a sheet of ice, which is slippery, hard, and dangerous.
4. The Parties understand and acknowledge that a pertinent risk within the sport of curling is the risk of suffering serious head injury should a Participant fall, trip, or stumble onto the ground or ice. It is highly recommended that the Participant wear a helmet at all times when participating in the sport of curling.
5. The Participant is participating voluntarily in the Activities. In consideration of the Participant's participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the Activities. The risks, dangers and hazards include, but are not limited to, injuries from:
- a) Executing strenuous and demanding physical techniques in curling;
 - b) Dryland training including weights, running and massage;
 - c) Strenuous cardiovascular workouts;
 - d) Exerting and stretching various muscle groups;
 - e) Being struck by a broom, brush or curling stone;
 - f) The failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - g) Physical contact with other participants, spectators, equipment and vehicles;
 - h) Running or sliding on the ice surface;
 - i) Falling while delivering the curling stone, skipping or sweeping;
 - j) Falling because of slippery ice, or uneven or irregular surfaces;
 - k) Spinal cord injuries which may render me permanently paralyzed;
 - l) Stepping onto the ice surface from the walkway or onto the walkway from the ice surface;
 - m) Stepping over dividers that divide one sheet of ice from the next;
 - n) Weather conditions which may result in hypothermia;
 - o) Travel to and from competitive events and associated non-competitive events, which are an integral part of the organization's activities.
- ☐ **I have read and agree to be bound by paragraph 4 and 5**

Terms

6. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
- a) That the Participant's physical condition is appropriate to participate in the Activities;
 - b) To comply with the rules and regulations for participation in the Activities.
 - c) That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring such to the attention of an Organization representative immediately.
 - d) That the Organization does not undertake to provide health, accident, disability, hospitalization, personal property or other insurance for the Participant in the Activities and the Parties affirm they have ascertained appropriate insurance to protect the Participant.

Release of Liability

7. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree to freely accept and fully assume all such risks, dangers and hazards, and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from the Participant's participation in the Activities and travel to and from the Activities. ☐ **I have read and agree to be bound by paragraph 6-8**

General

8. The Parties expressly agree that this Agreement is intended to be as broad and inclusive as is permitted by the law and that if any of its provisions are held to be invalid, the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgement

9. The Parties acknowledge that they have read this Agreement and understand it, that they have executed this agreement voluntarily, and that this agreement is to be binding upon themselves, their heirs, next of kin, assigns, executors, administrators, and representatives.

Printed Name of Participant

Signature of Participant

Date of Birth

Printed Name of Parent or Guardian

Signature of Parent or Guardian

Date