



HIGH SCHOOL PROVINCIAL
CHEERLEADING
CHAMPIONSHIPS

APRIL 13 & 14, 2018

Lethbridge, AB

Hosted By



Lethbridge Collegiate Institute

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COMPETITION INFORMATION

Alberta Schools' Athletic Association

www.asaa.ca

Provincial Cheerleading Championship Website

<https://www.asaa.ca/championships/list/cheerleading>

Map of Venues, Banquet, Accommodations

<https://drive.google.com/open?id=13Vgx1040ELSsE0DBL9jwWArvRDrwm-Of&usp=sharing>

Contact Information

Samantha Paradee, Chair
Perfect Storm Athletics
2920 18th Ave N
Lethbridge, AB
T1H 5B7
(403) 328 3990
sam@perfectstormathletics.com

Competition Location

Lethbridge College
3000 College Dr S
Lethbridge, AB
T1K 1L6

Banquet Location

Lethbridge Lodge
320 Scenic Dr S
Lethbridge, AB
T1J 4B4

Host Hotel

Best Western Plus Inn & Suites
209 41 St S
Lethbridge, AB
T1J 1Z3

SCHEDULE OF EVENTS

Friday April 13th, 2018

2:45pm	Banquet Doors Open
3:15pm	Early Dinner
4:00pm	Program
4:30pm	Banquet Ends
5:30pm	Team Registration
6:00pm	Ticket Sales, Doors Open to Public
6:00pm	Coaches Meeting
6:20pm	Captains Meeting
7:00pm	Opening Ceremonies
7:10pm	Warm Up Times Begin
7:30pm	Competition Begins
9:00pm	Competition Ends

Saturday April 14th, 2018

9:00am	Ticket Sales, Doors Open to Public
9:40am	Warm Up Times Begin
10:00am	Competition Begins
11:30am	Closing Ceremonies
12:00pm	Awards

**** All times subject to change ****

ACCOMMODATIONS



Best Western Plus Inn & Suites
209 41 St S
Lethbridge, AB
T1J 1Z3

Book under "ASAA Cheerleading Provincials". Rooms are available Friday AND Saturday April 13-14th.

Please email Samantha Paradee : sam@perfectstormathletics.com if you will be arriving Thursday and an additional block will be opened.

Room Rate : \$129.99 2 Queen beds

Free Wi-Fi * Free Breakfast * Free Parking * Pool * Waterslide * Hot Tub *
Fitness Centre * Kitchen in all Rooms *

BANQUET

LETHBRIDGE LODGE

HOTEL AND CONFERENCE CENTRE

Lethbridge Lodge
320 Scenic Dr S
Lethbridge, AB
T1J 4B4

2:45pm Banquet Doors Open

3:15pm Early Dinner

4:00pm Program

4:30pm Banquet Ends

Banquet tickets are \$30 each.

Attendance to the banquet is mandatory for all team members, coaches, and advisors. However, teams have the discretion to leave the event after the formal program has ended at 4:30pm.

Semi formal attire is required, no t-shirts or jeans. Athlete seating is first come, first served. Coaches and advisors seating will be reserved.

Food allergies, gluten free, or vegetarian meal requests must be brought to attention by April 6th. After this time, requests will be accepted but may not be available. Please send your team name, athlete's name and their restrictions to Samantha Paradee : sam@perfectstormathletics.com

REGISTRATION

Registration must be completed by April 9th

Click on the link on the navigational panel of the provincial cheerleading website :
<https://www.asaa.ca/championships/list/cheerleading>

If you have any questions about the registration process, please contact

Deanna Metro

Assistant Director

Alberta Schools' Athletic Association

Ph: [780-643-1888](tel:780-643-1888)

Fx: [780-415-1833](tel:780-415-1833)

deanna@asaa.ca

Fees

Entry Fee : \$275.00

Banquet Fee: \$30/ticket

Loonie Fee : \$1/athlete

According to ASAA Policy (page 64):

“Pay it Forward Loonie Fee: : Each provincial championship will charge an additional \$1 for each participating students and will remit those funds to the ASAA office after the championship. 100% of funds will be directed into an ASAA scholarship fund to recognize students athletes who give back to their communities by either coaching or officiating in school or community sport.

A combined cheque for all fees and optional purchases (wristbands) should be made out to : Perfect Storm Athletics Lethbridge and need to be submitted no later than April 13th.

COACHES INFORMATION

COACHES /CAPTAINS MEETINGS

The coaches meeting will take place Friday at 6:00pm at the Lethbridge College, upstairs in room 2404.

A captains meeting (a designated athlete who has/have been selected by their coach to represent their team) will take place at 6:15pm in room 2404.

As per the ASAA Official Handbook:

“Any team that attends provincials as the zone/regional representatives and fails to attend or send a team representative to the mandatory coaches meeting will be fined a fee off \$250 for failing to send a representative to the coaches meeting. This fee will be collected by the ASAA office and split between the host of the championship and the ASAA; the latter of which will be earmarked for the ASAA subsidy account to help offset costs to ASAA provincial hosts. The executive will have the sole discretion to waive the penalty based on the rationale provided by the school for failure to attend coaches meetings.”

MUSIC

Competition mat : An auxiliary cord will be supplied to play all music from personal devices. It is important that the device you are using is in airplane mode and the volume is turned up completely. A designated person must be present to play your music as you see fit. The DJ and MC will not be responsible for playing music.

Practice mat : An auxiliary cord and speakers will be provided on the 7 mat practice floor.

Reminder: New iPhones require the headphone to lightning adapter. Coaches are responsible for providing their own adapter.

TEAM HOSTS

Each team will have an assigned team host to escort them to mat times, photos ect. Hosts will be able to answer general questions about the competition and assist you if anything arises during the event.

PROGRAMS

Team photos will be included in this year's program. We will use the photographs submitted with your online registration. Any team that does not submit a suitable

photograph by the April 9th deadline will have a “camera shy spot” in the program. Programs will be on sale for \$10.00 each. Cash only.

TEAM PHOTOS

Team photos will be taken Friday evening after check in. Action shots and awards will also be photographed and distributed to coaches following the event. A team photo schedule will be released with the order of performance.

PARKING & DROP OFF

APPENDIX I : Parking Maps & Instructions

SCORE CHECK & SCORE SHEETS

Score Check will be available throughout the events. All ranges, deductions, legalities and commenting will appear in the Cheer Comp Events App approximately 15 minutes after your team has competed. Once ranges have been pushed to the app teams have 15 minutes to review and challenges difficulty ranges.

Please ensure that your coaches have their emails listed under their team accurately in CheerGenie PRIOR to the event to access these features.

APPENDIX II : Cheer Genie Instructions

SOCIAL MEDIA

We will be using social media (Facebook, Twitter, Instagram etc.) in the months leading up to the event and during the event to promote Provincials and the sport of cheerleading. Coaches, athletes & spectators are encouraged to post statuses and pictures with the hashtag #cheerprovs2018.

We have also created a Facebook event (ASAA Cheerleading Provincial Championships by LCI) that will keep all guests updated on the event. It will include important reminders and updates. We invite all athletes, coaches and families to join.

The event will be **live streaming** on the internet both Friday and Saturday. More information about how to access this service will be posted closer to the competition date.

OPENING CEREMONIES

The opening ceremonies will be held on Friday, April 13th at 7:00 pm. Team hosts will collect teams and assist them in lining up. The opening ceremonies will last for approximately 20 minutes.

The first four teams in the order of performance will be escorted from the opening ceremonies in five minute intervals to start their mat times.

Order of Performance

The order of performance for Friday & Saturday will be posted on the ASAA and ACA website by April 10th. The order of performance will be reversed for Saturday's competition.

FIRST AID

Two certified registered nurses and or EMTs on site Friday and Saturday. They will not be supplying athletic tape nor will they be taping athletes. Please ensure you are bringing your own supplies.

APPEAL COMMITTEE

Appeals can be heard on process only. The decision of the judges is final. The committee will be comprised of three members who are not in a conflict of interest position. Appeals must be made through the ASAA.

ASAA Code of Ethics & Cheerleading Policy

Please refer to the 2017-2018 ASAA Policy Handbook & Code of Ethics (pages 26-34) all coaches, athletes, officials, volunteers and spectators are expected to abide by these policies. This handbook can be found at: www.asaa.ca

RULES & JUDGING

The ASAA follows the 2017-2018 High School Rules as stated by the Alberta Cheerleading Association. Teams will also need to ensure they follow the rules for their specified division: Division 1, Division 2, Division 2 Co-Ed and Game Day.

It is the coaches' responsibility to ensure their routine meets the requirements outlined. All rule clarifications must be done in advance according to the clarification policy which can be found at: www.albertacheerleading.ca

No additional safety judges will be present at the competition during mat times.

AWARDS

PROVINCIAL AWARDS

The top three places in each category – Division 1, Division 2, Division 2 Co-Ed and Game Day will receive medals and a keeper plaque. The first place winner will receive a trophy to keep in their school for one year and will receive Championship T-shirts from ASAA.

NOVICE AWARD

At the Provincial Competition, a plaque will be given to the best novice team at the competition.

Criteria:

- o Must be competing in first or second provincial cheerleading competition within the last decade.
- o Achieves the highest mark of eligible teams in any category

SPORTSMANSHIP AWARDS

Sportsmanship is a truly important aspect of the sport of cheerleading and the ASAA championship. It is defined in Merriam-Webster's dictionary as:

“fair play, respect for opponents, and polite behaviour by someone who is competing in a sport or other competition; conduct (as fairness, respect for one's opponent, and graciousness in winning and losing) becoming to one participating in a sport”

We respectfully ask that teams do not make, bring or exchange gifts or other items that could be misconstrued as bribery (ie: handing out candy, passing out spirit sticks etc.). This undermines the essence and integrity of sportsmanship, the sportsmanship award and sportsmanship pins.

One sportsmanship banner will be given to one team at the ASAA Provincial Cheerleading Championship. The team receiving this award will represent the true spirit of sportsmanship, integrity, ethics and fair play.

Each team present at Provincials will be asked to select a team that best exemplifies the qualities of sportsmanship throughout the competition. Coaches will be provided with a ballot that they will complete based on their team's decision. The rationale in having the teams select the award winner is that they interact with one another

throughout the two day event and will have the best insight into which teams are truly sportsmanlike.

Teams will vote for one team and the ASAA Commissioner will collect teams' votes on Saturday before the end of the competition.

Pins will be given to individuals who exhibit outstanding displays of integrity, fair play and good sportsmanship. These pins may be given to players, coaches, parents and spectators. These individuals should be recognized for bringing positive presence to the championship and demonstrating consistent exemplary sportsmanlike behaviour. Recipients of a sportsmanship pin should show exemplary behaviour.

ADDITIONAL MAT TIME

Teams travelling to Lethbridge on Thursday April 12th have the opportunity to book additional mat times at Perfect Storm Athletics Lethbridge between the hours of 4:00-8:00pm. Contact Samantha Paradee to book additional mat times.

EMERGENCY ACTION PLAN

APPENDIX III : Physical Education Complex Emergency Medical Procedures

SPECTATOR INFORMATION

ADMISSION

General admission : \$10 /day or \$20 /2 day pass

Children 3 & under are free

CASH ONLY

Each athlete is entitled to pre-purchase as many single day and weekend passes required.

Spectators and athletes are to enter the building through the main entrance or gym entrance both located on the North end of the College.

The doors of the school will open at 5pm Friday and 9am Saturday.

LCI will not be responsible for broken, lost or stolen wristbands. These wristbands will not be replaced. A new wristband will have to be purchased.

All coaches will receive lanyards. These lanyards will allow coaches to gain entrance into the warmup and competition areas. Those without a lanyard will not be permitted in these areas.

CONCESSION

The concession will be open both days of competition with a variety of items available. Healthy options will be made available with the athlete in mind.

VENDORS

A variety of vendors will be selling goods at the event: 5:00-9:00pm Friday and 9:00am-12:00am Saturday. Gimmicks Souvenir Clothing Specialists will be selling the official ASAA Cheer Provincials gear. They have lots of clothing styles, colours and sizes. All items for sale will include this year's logo and athletes will have the option to personalize their clothing items.