2016 ASAA Track and Field Championships
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ASAA - Records

1	Women 100 Metre Dash Junior	11.92	2008	Loudia Laarman - Winston Churchill, Leth
2	Women 200 Metre Dash Junior	24.44	1981	Jillian Richardson - Central Memorial: Cgy
3	Women 400 Metre Dash Junior	54.47	2013-06-08	Kendra Clarke - Holy Trinity:Edm
4	Women 80 Metre Hurdles 76cm 30" 8	11.55	2014-06-06	Katelyn Slessor - Central Memo
5	Women 800 Metre Run Junior	2:08.69	1997	Tanya Wright - Beaumont: Edm
6	Women 1500 Metre Run Junior	4:36.52	2014-06-07	Madeleine Sumner - Western Cana
7	Women 3000 Metre Run Junior	10:18.56	2012	Claudia Belanger - Strathcona-Tweedsmuir
8	Women Long Jump Junior	5.75m	2010	Niki Oudenaarden - Paul Kane: Edm
9	Women Triple Jump Junior	11.48m	1992	Makela Nikedirim - Wm Aberhart: Cgy
10	Women High Jump Junior	1.75m	1996	Whitney Evans - Western Canada: Cgy
11	Women Pole Vault Junior	3.15m	2014-06-07	Meghan Lim - Western Cana
12	Women Shot Put 3 kg Junior	12.19m	2016-06-03	Skylar Sieben - Cochrane
13	Women Discus Throw 1 kg Junior	39.78m	1984	Sherri Umeris - Lethbridge Coll: South
14	Women Javelin Throw 500g Junior	43.40m	1986	Leslie Talylor - Spruce Grove: Edm
15	Women 100 Metre Dash Intermediate	11.84	1997	Atia Weekes - Crescent Heights: Cgy
16	Women 200 Metre Dash Intermediate	24.11	1997	Atia Weekes - Crescent Heights: Cgy
17	Women 400 Metre Dash Intermediate	54.66	2014-06-07	Kendra Clarke - Holy Trinity:Edm
18	Women 80 Metre Hurdles 76cm 30" 8	11.26	2012	Shaunie Morrison - Bishop O'Byrne, Calgary
19	Women 800 Metre Run Intermediate	2:09.57	2015-06-05	Ginelle Demone - Leduc Compos
20	Women 1500 Metre Run Intermediate	4:38.79	2006	Jessica O'Connell - Western Cana
21	Women 3000 Metre Run Intermediate	9:49.52	1999	Emily Kroshus - Western Canada: Cgy
22	Women Long Jump Intermediate	5.61m	2013-06-07	Tiana Pisoni - McCoy High
23	Women Triple Jump Intermediate	11.98m	2013-06-08	Tiana Pisoni - McCoy High
24	Women High Jump Intermediate	1.77m	1997	Whitney Evans - Western Canada: Cgy
25	Women Pole Vault Intermediate	3.70m	2015-06-06	Meghan Lim - Western Cana
26	Women Shot Put 3 kg Intermediate	13.74m	2015-06-06	Gabrielle Rains - Bev Facey
27	Women Discus Throw 1 kg Intermedi	45.47m	2015-06-06	Gabrielle Rains - Bev Facey
28	Women Javelin Throw 500g Intermed	42.87m	2011-06-03	Nikki Oudenaarden - Paul Kane
29	Women 100 Metre Dash Senior	11.94	1978	Cathy Chrush - Queen Elizabeth,Cgy
30	Women 200 Metre Dash Senior	23.58	1998	Atia Weekes - Crescent Heights, Cgy
31	Women 400 Metre Dash Senior	54.22	2012	Sage Watson - Medicine Hat, South
32	Women 80 Metre Hurdles 84cm 33" 8	11.46	2013-06-07	Deshaunda Morrison - Bishop O'Byr
33	Women 800 Metre Run Senior	2:11.60	2012	Jenna Westaway - Rundle College, Calgary
34	Women 1500 Metre Run Senior	4:35.16	2007	Jessica O'Connell - Western Canada, Cgy
35	Women 3000 Metre Run Senior	9:49.07	2011-06-03	Ellen Pennock - Henry WiseWo
36	Women Long Jump Senior	5.80m	1989	Esther Medema - Mallaig, North
37	Women Triple Jump Senior	11.87m	2014-06-07	Tiana Pisoni - Monsignor McCoy
38	Women High Jump Senior	1.83m	1998	Witney Evans - Western Canada, Cgy
39	Women Pole Vault Senior	3.55m	2006	Kirstin Flesher - Strathcona Comp
40	Women Shot Put 4 kg Senior	14.67m	1985	Suzanne Pecht - Lethbridge Coll: South
41	Women Discus Throw 1 kg Senior	48.96m	2016-06-03	Gabrielle Rains - Bev Facey
42	Women Javelin Throw 600g 220cm S	43.27m	2012	Nikki Oudenaarden - Paul Kane, Edmonton
43	Men 100 Metre Dash Junior	10.68	2015-06-06	Chubba Hubbard - Bev Facey
44	Men 200 Metre Dash Junior	21.83	2014-06-06	Kudakwashe Murasiranwa - Holy Trinity:Edm
45	Men 400 Metre Dash Junior	49.90	2016-06-04	Sheldon Louza - Crescent Hts Cal
46	Men 100 Metre Hurdles 84cm33" 8.5	13.25	2015-06-05	Mehrdad Shokoohi - William Aber
47	Men 800 Metre Run Junior	1:52.86	2015-06-05	Scott Chalupiak - George McDou
48	Men 1500 Metre Run Junior	4:03.00	1984	Alex Mowat - Wm. Aberhat:Cgy
49	Men 3000 Metre Run Junior	8:53.47	2006	Nyial Majock - Jack James
50	Men Long Jump Junior	6.72m	2015-06-05	Lewis Collin - Edmonton Chr
51	Men Triple Jump Junior	13.28m	2013-06-07	Sodienye Nkwonta - Calgary Chri
52	Men High Jump Junior	2.01m	2015-06-06	Charlie Kambata - Ernest Manni
53	Men Pole Vault Junior	3.92m	1991	John Moss - Strathcona:Edm
54	Men Shot Put 5 kg Junior	15.26m	2001	Matt Doherty - Delburne: Central
55	Men Discus Throw 1.5 kg Junior	48.00m	1987	Lee Andrews - James Fowler: Cgy
56	Men Javelin Throw 700g Junior	55.06m	1988	Clarence Nelson - McNally: Edm
57	Men 100 Metre Dash Intermediate	10.59	2009	Akeem Haynes - Crescent Hei

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58	Men 200 Metre Dash Intermediate	21.41	2009	Akeem Haynes - Crescent Hei
59	Men 400 Metre Dash Intermediate	48.82	2016-06-04	Eric Stephens - Harry Ainlay
60	Men 100 Metre Hurdles 84cm33" 8.5	13.06	2016-06-03	Mehrdad Shokoohi - William Aberhart
61	Men 800 Metre Run Intermediate	1:52.58	2011-06-03	Tyler Smith - Wetaskiwin Comp
62	Men 1500 Metre Run Intermediate	3:56.80	1976	Rob Evans - Central Memorial, Cgy
63	Men 3000 Metre Run Intermediate	8:38.50	2003	Aaron Robson - Harry Ainlay, Edm
64	Men Long Jump Intermediate	6.93m	2014-06-07	Hendric Tronsson - Crescent Heights
65	Men Triple Jump Intermediate	14.01m	1986	Oral Ogilvie - Harry Ainlay, Edm
66	Men High Jump Intermediate	2.07m	1997	Jesse Lipscombe - St Albert, Edm
67	Men Pole Vault Intermediate	4.40m	2006	Deryk Theodore - Strathcona Comp
68	Men Shot Put 5 kg Intermediate	16.61m	2002	Matt Doherty - Delburne, Central
69	Men Discus Throw 1.5 kg Intermedia	48.38m	2001	Jim Steacy - Winston Churchill, South
70	Men Javelin Throw 700g Intermediat	59.01m	2013-06-08	Dillon Mayhew - Bassano
71	Men 100 Metre Dash Senior	10.64	1991	Rayon Marshall - Bishop Grandin, Cgy
72	Men 200 Metre Dash Senior	21.60	2001	Jeff Halverson - Grand Prairie, NW
73	Men 400 Metre Dash Senior	47.85	1992	Dave Anderson - Western Canada, Cgy
74	Men 100 Metre Hurdles 91cm36" 8.5	13.10	2015-06-05	Callum Macnab - Strathcona High
75	Men 800 Metre Run Senior	1:51.27	2012	Tyler Smith - Wetaskiwin, Central
76	Men 1500 Metre Run Senior	3:57.10	1982	Doug Dray - Lethbridge Collegiate, S
77	Men 3000 Metre Run Senior	8:31.23	2004	Aaron Robson - Harry Ainlay, Edm
78	Men Long Jump Senior	7.24m	1987	Selwyn Talyor - Harry Ainlay, Edm
79	Men Triple Jump Senior	14.86m	2013-06-07	Aaron Hernandez - Kate Andrews
80	Men High Jump Senior	2.10m	1998	Jesse Lipscombe - St. Albert, Edm
81	Men Pole Vault Senior	4.55m	1999	Jamie Johnson - Strathcona, Edm
82	Men Shot Put 6 kg Senior	17.13m	1978	Lanny Tron - Winston Churchill, South
83	Men Discus Throw 1.75 kg Senior	49.52m	1992	Kris Watson - Western Canada, Cgy
84	Men Javelin Throw 800g Senior	58.56m	1977	Nelson Stockwell - Strathmore, Cgy
85	Women 4x100 Metre Relay Junior	49.42	2006	Edm:St Francis Xavier - St Francis X
86	Women 4x100 Metre Relay Intermedi	49.70	1984	J Lee Pong, M Rusterholz, M Doroshuk, J Gibeau - Calgary
87	Women 4x100 Metre Relay Senior	48.46	1992	Barrett, Smith, Shragge, Stevenson - Calgary
88	Men 4x100 Metre Relay Junior	44.04	2013-06-07	Dayd, McLeod,Laskot, Twumasi CA:Notre Dame School - Notre Dame
89	Men 4x100 Metre Relay Intermediate	43.19	2001	M Browne, B Lewis, C Burr, C Hunchak - Edmonton
90	Men 4x100 Metre Relay Senior	42.37	1996	Amsbaugh, Cocks, Howell, Leong - Calgary
91	Women 4x400 Metre Relay Open	3:57.44	1999	Deck, Sinclair, Stone, Marshall - Calgary
92	Men 4x400 Metre Relay Open	3:21.30	1986	Anderson, Anderson, Barnett, McDonald - North
93	Women 100 Metre Dash AMB Open I	19.71	2016-06-04	Johnston, Lynch, Teague, Laxton Torie Langdale - Mayerthorpe
95	Women 100 Metre Dash WC Open	27.68	2016-06-04	Sarah Mickey - Eagle Butte
96A	Women 200 Metre Dash AMB Open	44.76	2016-06-03	Torie Langdale - Mayerthorpe
97	Women 200 Metre Dash WC Open	1:53.55	2016-06-03	Sarah Mickey - Eagle Butte
98	Men 100 Metre Dash AMB Open Inte	13.68	2016-06-04	Sinjin Soper - Medicine Hat
99	Men 100 Metre Dash AMB Open	20.22	2016-06-04	Sam Villeneuve - Medicine Hat
100	Men 100 Metre Dash WC Open	28.31	2016-06-04	Quinton Emblin - Bev Facey
01A	Men 200 Metre Dash AMB Open	28.42	2016-06-03	Sinjin Soper - Medicine Hat
101I	Men 200 Metre Dash AMB Open Inte	41.14	2016-06-03	Sam Villeneuve - Medicine Hat
102	Men 200 Metre Dash WC Open	1:52.16	2016-06-03	Quinton Emblin - Bev Facey
111	Women Shot Put AMB Open	7.03m	2016-06-03	Torie Langdale - Mayerthorpe
112	Women Shot Put WC Open	5.31m	2016-06-03	Sarah Mickey - Eagle Butte
113	Men Shot Put AMB Open	7.94m	2016-06-03	Ray Brown - Cochrane
151	Women 300 Metre Hurdles Open	43.94	2016-06-04	Calla Isaac - Bev Facey

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152	Men 300 Metre Hurdles Open	38.69	2016-06-04	Kai Spierenburg - Centennial
501	Women Outdoor Pentathlon Open	3185	2016-06-04	Kira Kopec - St Joseph Brooks
501	Pent: #1 Women 100m OP	13.04	2016-06-04	Kira Kopec - St Joseph Brooks
501	Pent: #2 Women HJ OP	1.48m	2016-06-04	Kira Kopec - St Joseph Brooks
501	Pent: #3 Women SP 4 kg OP	11.37m	2016-06-04	Kira Kopec - St Joseph Brooks
501	Pent: #4 Women LJ OP	4.52m	2016-06-04	Kailyn Leffers - ParklandImmanuel
501	Pent: #5 Women 800m OP	2:35.18	2016-06-04	Kira Kopec - St Joseph Brooks
502	Men Outdoor Pentathlon Open	3030	2016-06-04	Matthew Knoepfli - Hines Creek Comp
502	Pent: #1 Men 100m OP	11.81	2016-06-04	Matthew Knoepfli - Hines Creek Comp
502	Pent: #2 Men HJ OP	1.87m	2016-06-04	Kevin Syzmanek - David Thompson
502	Pent: #3 Men SP 6 kg OP	11.19m	2016-06-04	Kurt Schulz - Hugh Sutherland
502	Pent: #4 Men LJ OP	6.21m	2016-06-04	Matthew Knoepfli - Hines Creek Comp
502	Pent: #5 Men 800m OP	2:11.63	2016-06-04	Kurt Soderstrom - Harry Ainlay