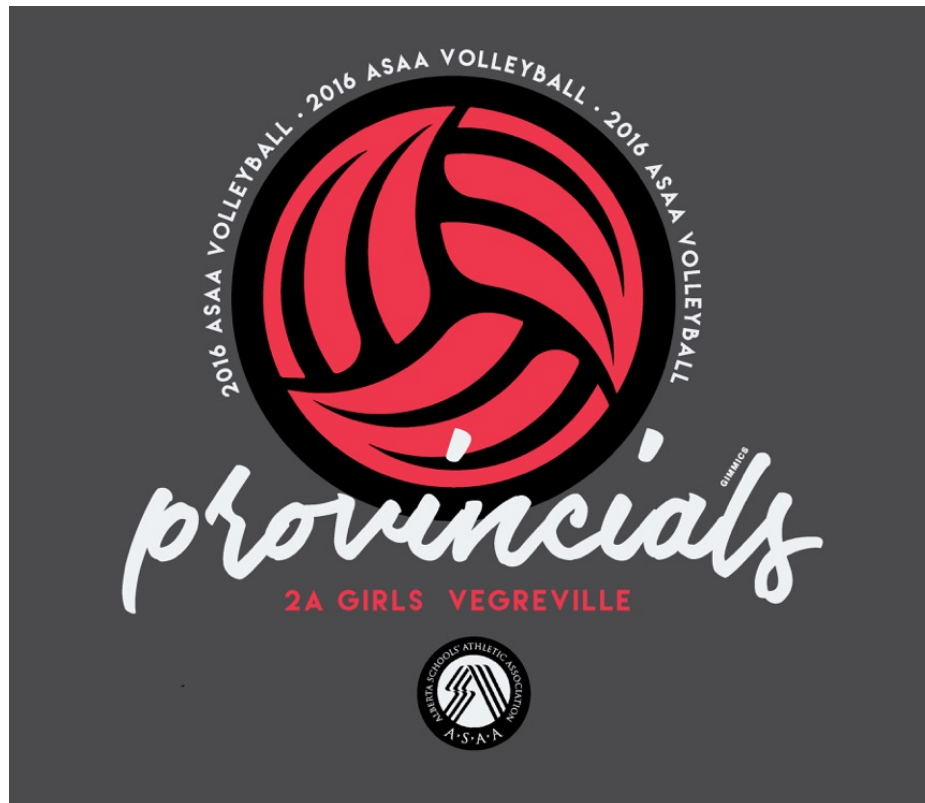


2016 2A GIRLS VOLLEYBALL PROVINCIALS

November 24-26th, 2016



Commitment

Enthusiasm

Empathy



ASAA

2A Girls Volleyball Provincials

2016



Coaches Meeting

1. Welcome
2. Vegreville Composite High School & St. Mary's Catholic High School:
 - A) Parking
 - B) Gym Expectations
 - C) Classrooms
3. Opening Ceremonies, Banquet (Map)
4. Sportsmanship Committee
5. Lanyards, bag tags, Gimmicks, Photographs
6. Officials
7. Vegreville restaurants and grocery stores
8. Coaches questionnaire
9. Questions

Liz Melnyk

Adrienne Mills

Tyler Van Berkel

587-280-0531

780-603-1611

780-278-2930

Commitment

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Empathy



ASAA



2A Girls Volleyball

Provincial Championship 2016

Information Package



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Alberta Schools' Athletic Association
2A Girls Provincial Volleyball Championships

Event:

2016 2A ASAA Girls Volleyball Provincial Championship

Hosted by: Vegreville Composite High School, Vegreville, AB

Locations:

Vegreville Composite High School

6426 55 Avenue

Vegreville, AB T9C 1S5

780-632-3341

St. Mary's Catholic High School

4434 53 St

Vegreville, AB

780-632-3934

Host Website:

<http://provincials.asaa.ca>

Date:

Thursday, November 24, Friday, November 25, Saturday, November 26, 2016

Tournament Coordinator:

Liz Melnyk

587-280-0531

liz.melnik@eips.ca

Facility Supervisors:

Vegreville Composite High School

Adrienne Mills, Tyler Van Berkel, Laura Sturrock, Chirag Mali, Natalia Toroshenko

780-632-3341

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Tournament at a Glance:

Registration Deadline: Monday, November 21st at noon

Banquet Ticket Deadline: Monday, November 21st at noon

Practice Time Request: Email to adrienne.mills@eips.ca by Monday, November 21st at noon

Practice Times: Wednesday, November 23rd 3pm-8pm (one hour practices) at VCHS Court 1 and St. Mary's Court 2

Coaches Meeting: Wednesday, November 23rd at 9:30pm at the Pomeroy Board Room

Opening Ceremonies: Thursday, November 24th at 9:00am

Banquet: Thursday, November 26th at 7:00pm (doors open at 6:45pm) at Vegreville Social Center

Games Schedule: See attached draw

Tournament Structure:

There are two pools of six teams, seeded by ASAA according to zone provincial results over the last three years. All games including playoffs are best of three. The top teams in each pool will receive a 'bye' to the semi-finals while second and third place teams in each pool will cross over and play a quarterfinal playoff.

Grievance Committee:

Liz Melnyk, Adrienne Mills, Natalia Toroshenko

Sportsmanship Committee:

Tyler Van Berkel, Barclay Spady, Laura Sturrock, Liz Melnyk

Tournament Draw:

See enclosed document

Coaches and Captains Meeting:

Wednesday, November 23rd at 9:30pm at the Pomeroy Board Room. Attendance is mandatory.

Tournament details to be discussed and any questions or concerns may be addressed at this time.

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Team Rosters:

Roster and team pictures must be submitted using the online registration tool. If possible, please include a picture of your school crest by ***Monday, November 21st, 2016 at noon***. It is extremely important to have this information in Monday if you wish to have your team listed in the official program. All registration to be done online on the ASAA host website by clicking the registration link. There are four forms to complete: Team Roster, Team History, Team Photo and Team Order Form. Instructions for these forms are on the website. Pictures must be high quality and in jpg format (minimum 7 megapixels, with no digital zoom).

Fees:

Team Registration (fees set by ASAA) - \$430.00

Banquet per person - \$30.00

Team picture - \$15.00

“Pay if Forward” Loonie Fee - \$1.00/athlete

Schools are requested to submit ***one*** cheque for all fees payable to Vegreville Composite High School

Championship Banquet:

The banquet is ***Thursday evening at 7:00pm (doors open at 6:45pm) at the Vegreville Social Center (4802 47A Street Vegreville, AB)*** Banquet is for coaches, managers and players only.

Banquet Program:

1. Welcome
2. Sopilka School of Ukrainian Dance Ensemble
3. Grace
4. Dinner
5. Minute To Win It
6. Guest Speakers
7. Closing Remarks

Each team is asked to take part in minute to win it games. There will also be a photo booth for teams to take part in, \$1.00 per print.

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Banquet tickets are ordered on the team order form in the online registration process and attendance is mandatory. The banquet is *semi-formal* and is **\$30.00 per person**.

Opening Ceremonies:

Commencing at 9:00am on Thursday, November 24 at Vegreville Composite High School gymnasium. *Please be at the school 30 minutes prior to the opening ceremonies start time to set up for athlete procession.*

***In addition, each team is asked to please email four or five pictures/action shots to max.latte@eips.ca by Monday, November 21st at noon to be included in the slide show at Opening Ceremonies.*

Hosts/Hostesses:

Host/Hostesses are assigned to each team to help make your stay in Vegreville an enjoyable one. If you have any questions or concerns, they will be more than willing to assist you or find the person who can.

Souvenirs:

"Gimmicks" (official ASAA supplier) will be on site selling various types of tournament souvenir apparel. They will be set up in the cafeteria at VCHS.

Teams are NOT required to bring pins for exchange. If they wish to exchange or give items they may do so.

Team Pictures:

R. Pond will be taking all team pictures prior to the Wednesday practice in the Cougar Council room at VCHS (Host/Hostesses will guide teams to the photo shoot).

Catherine Page will be taking action shots during the tournament. She has offered to provide all team game photos/individual action shots on a CD at the cost of \$100.00/team (optional).

Awards Ceremonies:

Medal presentations will be made immediately following each of the medal matches.

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Admission/Programs:

The admission for the tournament will be \$8 per day or \$15 for the weekend. Students and Seniors will be \$5 per day or \$10 for the weekend.

Programs will be sold at the front gate for \$5.

Practice Times:

Practice times are available on Wednesday, November 23rd from 3:00-8:00pm at Vegreville Composite High and St. Mary's Catholic School. This allows 1 hour practice sessions for each team. Times will be given in order in which they are received. Please email requests to Adrienne Mills at adrienne.mills@eips.ca by noon on Monday, November 21st. You will **NOT** receive an email reply; practice schedule will be posted Tuesday, November 22nd on the host website. **Note:** All team photos will be taken 30 minutes prior to the assigned practice time at Vegreville Composite High School (even if you are practicing at St. Mary's).

Tie Breaking Procedure:

As per ASAA rules as laid out in the ASAA 2016-2017 Policy Handbook.

Team Requirements:

Each team is responsible for their own warm-up balls.

Change Rooms:

Due to the school being in session on Thursday and Friday, team rooms will be assigned.

Host/Hostesses will ensure they are always locked.

Coaches are reminded that they are responsible for their team's behavior on and off the court while in the school. Please, no warming up in the hallways or change rooms.

Hospitality Room:

Food and beverages will be available, for coaches and officials in the hospitality room, which is located in Room 18 in VCHS.

Concession:

Concessions are available at both schools with many healthy food choices for your athletes and their fans.

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Local Rules:

Coaches are asked to inform their players of the following:

1. The school is not responsible for any lost articles. Please inform your players that in order to safeguard valuables they must be given to coach or other reliable person.
2. Athletes are to be in designated areas only, as regular classes are in session Thursday and Friday.
3. Athletes are to use the change rooms or washrooms closest to the court to change from their warm-up gear to their uniform as no changing is permitted at the bench as per ASAA recommendations.

Parking:

Due to school in session Thursday and Friday, team buses are to park across the street, North West of VCHS in the ALCLUB BINGO HALL parking lot or on the street. At St. Mary's venue, please park in the field in front of the school or on the street. On Saturday, parking will be available in the student and staff parking lots or on the street. See attached map for more details.

Sportsmanship:

An observing Sportsmanship Committee consisting of school staff and parents will award sportsmanship pins throughout the tournament. The Provincial Sportsmanship Banner will be determined by the Sportsmanship Committee tally, and will be presented along with the Sportsmanship Plaque to the winning school at a later date.

Minor Officials:

Scorekeepers and line judges will be provided for each match. Please treat them with respect.

First Aid:

Coaches are responsible for having all pertinent medical information for their own tournament participants. Please remember to bring parental contact information, Alberta Health Care numbers, as well as information and supplies relevant to allergies and injuries (i.e. epi-pens). Teams must bring their own medical supplies and plan to do their own taping. Ice is available upon request.

Live Streaming:

Live streaming of all games will be available on the host website under the live streaming link.

Please note that this service, for the first time, will be at a cost to the spectators.

Emergency Action Plan (EAP):

There will be first aid kits in the Phys. Ed offices in VCHS and St. Mary's gym. In an emergency a telephone can be used in the Phys. Ed office or main office. In case of an emergency phone 911. An individual with first aid training will be available throughout the tournament to assist with injuries. Designated individuals will be assigned to help direct the ambulance and control the crowd in the event of a more serious injury.

Official Game Ball:

Tachikara SV5W Gold-SWB

Accommodations:

Hotel rooms have been reserved and guaranteed for the athletes attending Provincials. Each team is assigned five rooms at the Pomeroy Inn and Suites and Hotello. Both hotels provide an excellent continental breakfast included with your stay.

Once your team has successfully qualified for Provincials, email katelyn.melnik@eips.ca and the five rooms under your zone name will be released. It is then up to you to confirm your rooms. All unused rooms will be released to the general public at noon on Monday, November 21st.

Hotel Information:

Pomeroy – [\(780\) 632-2094](tel:7806322094)

6539 Hwy 16a W
Vegreville, AB

Hotello by Pomeroy – [\(780\) 632-2878](tel:7806322878)

6529 Hwy 16a W
Vegreville, AB



ASAA 2A Girls Tournament Draw



Alberta Schools' Athletic Association
2A Girls Volleyball Provincials
Vegreville Composite High
November 24-26, 2016



BLUE POOL

1 Picture Butte
4 Prairie Christian Academy
5 Rundle College
8 Vegreville Composite
9 Glenmary
12 JH Picard



RED POOL

2 Spirit River
3 Edmonton Christian
6 Rimbey
7 Onoway
10 Vauxhall
11 Plamondon

DAY	TIME	LOCATION	
Thursday, November 24		VCHS	ST.MARY'S
	9:00	OPENING CEREMONY	-
	10:30	Vegreville Composite--JH Picard	-
	11:45	Vauxhall--Plamondon	-
	1:00	Picture Butte--Glenmary	-
	2:15	Prairie Christian Academy--Rundle College	-
	3:30	Spirit River--Rimbey	-
	4:45	Onoway--Edmonton Christian	-
	7:00	BANQUET	-
Friday, November 25	9:00	Prairie Christian Academy--Glenmary	Edmonton Christian-Vauxhall
	10:15	Picture Butte--JH Picard	Spirit River--Plamondon
	11:30	Rundle College--Vegreville Composite	Rimbey--Onoway
	12:45	Spirit River --Vauxhall	Picture Butte--Prairie Christian Academy
	2:00	Edmonton Christian--Rimbey	Rundle College--JH Picard
	3:15	Onoway--Plamondon	Vegreville Composite--Glenmary
	4:30	Picture Butte--Rundle College	Spirit River --Edmonton Christian
		Prairie Christian Academy--Vegreville Composite	
	5:45		Onoway--Vauxhall
Saturday, November 26	7:00	Glenmary--JH Picard	Rimbey-Plamondon
	9:00	Spirit River --Onoway	Picture Butte--Vegreville Composite
	10:15	Edmonton Christian--Plamondon	Rundle College--Glenmary
	11:30	Rimbey--Vauxhall	Prairie Christian Academy--JH Picard
	12:45	Tiebreaker Games if Needed	
	1:30	2R vs. 3B (Q1)	2B vs 3R (Q2)
	3:00	1R vs. Playoff Q2	-
	4:15	1B vs. Playoff Q1	-
	5:45	Bronze Medal	-
	7:00	Gold Medal	-

Commitment

Enthusiasm

Empathy

Checklist for Provincials:

- ___ Submit Roster, team history, and order form online by NOON, Monday, November 21st
- ___ Submit digital photo of team and team logo online by NOON, Monday November 21st
- ___ Email 4 or 5 digital photos of team for opening ceremonies to max.latte@eips.ca by Monday, November 21st
- ___ Schedule Practice time - Email Adrienne Mills at adrienne.mills@eips.ca
- ___ Email katelyn.melnyk@eips.ca to receive assigned rooms and then confirm with hotel by NOON, Monday, November 21st
- ___ Bring one cheque payable to: VCHS
- ___ Check Schedule for game times

Reminders:

- ___ Practice Time - pre-arranged by coach – Wednesday, November 23rd
- ___ Coaches and Captains meeting- Wednesday, November 23rd – 9:30 pm at Pomeroy Board Room
- ___ Team Pictures – Wednesday, November 23rd – 30 minutes prior to your Wednesday Practice
- ___ Opening ceremonies – Thursday, November 24th at 9:00 A.M – players must be there at 8:30 A.M
- ___ Banquet – Thursday, November 24th, 2016 – 7:00 P.M at the Vegreville Social Centre. Each team is asked to participate in Minute to Win It games.
- ___ Gimmicks will be selling souvenir clothing at Vegreville Composite High School (Thursday, Friday and Saturday)
- ___ Photographs will be sold by Catherine Page Services Thursday, Friday and Saturday.
- ___ Please do not park in bus loop in front of VCHS on Wednesday, Thursday and Friday. Busses may park across the street at the Bingo Hall. Busses can park in the bus loop on Saturday.



ASAA

2A Girls Volleyball Provincials

2016



Sportsmanship Pin Awards

Name/Number: _____

Team: _____ Athlete Spectator Coach Official

Reason:

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Coaches' Questionnaire



Event: _____

Date: _____

Location: _____

Dear Coach:

Congratulations to you and your team for participating in this competition. Please complete the following to provide some feedback about the provincial volleyball championship.

Please return to: Liz Melnyk (Tournament chairperson)

Favorable impressions:

Suggestions for improvement:

General Comments:

Name: _____

School: _____

Commitment

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Concession Menu:

(Service available 11:00am to 6:00pm daily)

Thursday November 24, 2016:

- Chicken Bacon Ranch Penne: Roasted Chicken Breast and sautéed bacon in a creamy Ranch Alfredo sauce, served with Penne Pasta (small: \$2.00, medium: \$3.00, Large: \$4.00)
- Beef Barley Soup (\$3.00)
- Fries (small: \$3.00, medium: \$4.00, Large: \$5.00)

Friday November 25, 2016:

- Hand Pressed Cheeseburgers: Extra Lean ground beef patty seasoned just right, with 100% real cheddar cheese, served on a brioche bun. Toppings available: Lettuce, red onion, tomato, banana peppers and pickles (\$4.00)
- Cream of Mushroom Soup (\$3.00)
- Fries (small: \$3.00, medium: \$4.00, Large: \$5.00)

Saturday November 26, 2016:

- Taco in a bag: House made tortilla chips, extra lean ground taco beef, and 100% real cheddar and Mozzarella cheese, served warm in a foil bag. Toppings available: Lettuce, Tomato, Salsa, Sour Cream (\$4.00)
- Chefs Chili with Fresh Cornbread (\$3.00)
- Fries (small: \$3.00, medium \$4.00, Large \$5.00)

Items Served Daily:

- Cubway: Our version of “Subway” only with 12” tortillas, choose your tortilla, protein, veggies and sauce. (\$4.00/wrap, \$5.00/wrap, cookie and drink) Available for pre-order!
- Pizza du Jour: Try our pizza of the day! Made on our hand pressed dough! (\$3.50/slice)
- Chicken Caesar Salad: Crisp Romaine lettuce, house Caesar dressing, grated parmesan, croutons and our roasted chicken breast. (Small: \$3.00, Large: \$5.00)
- Yogurt and Granola Parfaits: Our signature homemade granola layered with protein packed vanilla Greek yogurt! (\$3.00)
- Veggies and Ranch: Fresh cut celery, cucumber, baby tomatoes and carrot served with ranch for dipping (\$2.50)
- Cookies: Homemade fresh every morning! (\$.25)
- Canned drinks, water, Slurpee and Hot Cappuccino (\$1.50)
- Gatorade (\$2.00)

To Pre-Order wraps for pick up after your scheduled games please see attached order form! Pre-Orders will need to be submitted with payment the day before the order is due. Fill one out with the players' name, Team, and preferred time of pick up (11am-6pm).

Cougar Café Subway Pre-Order Form:

Name: _____

Date of order: _____

Team: _____

Pick-up

Time: _____

Please place an "X" in the box for the ingredients you wish to have on your wrap

Pick a Wrap Flavor:

- ☐ Spinach
- ☐ White
- ☐ Whole Wheat

- ☐ Pickle
- ☐ Black Olive

Pick a Protein:

- ☐ Chicken, Teriyaki
- ☐ Chicken, Plain
- ☐ Chicken, Thai Chili
- ☐ Cold Cut (Ham, Turkey, Salami)
- ☐ Pizza (Salami, Pepperoni, Ham)
- ☐ Veggie

Pick a Sauce(s):

- ☐ Ranch
- ☐ Mayo
- ☐ Caesar
- ☐ Thai Chili
- ☐ Teriyaki
- ☐ Mustard
- ☐ Italian

Wrap only: \$4.00 or Wrap Combo: \$5.00 (wrap, cookie and water) \$5.00. Orders due the day before pick-up, please include payment with order form.

Pick Toppings:

- ☐ Lettuce
- ☐ Nacho Cheese
- ☐ Tomato
- ☐ Green Pepper
- ☐ Cucumber
- ☐ Red onion
- ☐ Banana Pepper
- ☐ Jalapeno

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Empathy