

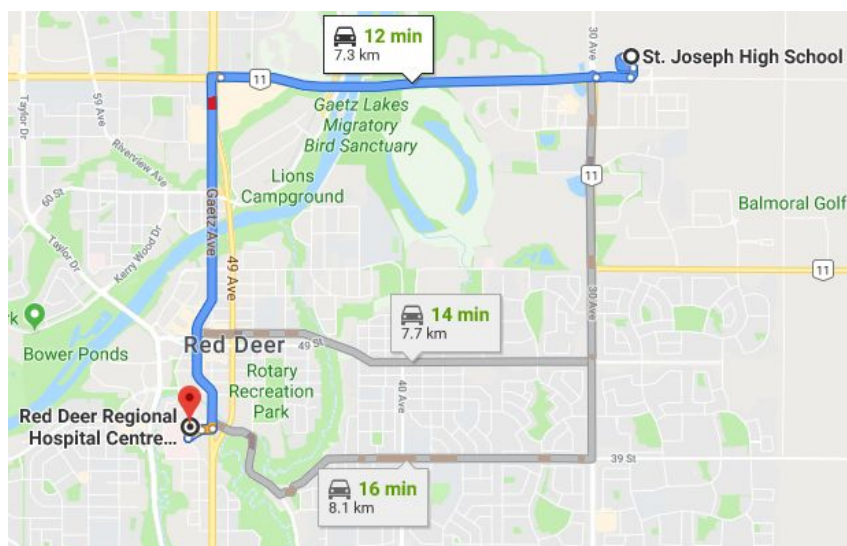
Emergency Action Plan- 2019 Handball Provincials St. Joseph High School Red Deer

First Aid: Please ensure you bring an individual medical kit for your team. We encourage teams to tape, wrap and attend to your own athletes. If you require additional assistance ask our tournament organizers. Ice is available in the Physical Education office.

Emergency Action Plan: In the event of an emergency the facilities manager will contact 9-1-1, stay on the phone with EMS and greet Emergency Responders at the fieldhouse Doors. Far West side of St. Joseph High School

Our tournament organizers can assist the team's medical personal by:

- 1) Exercising universal precautions related to blood and bodily fluids.
- 2) Not moving an injured student athlete, if a student athlete cannot move by him/herself, do not move the body part for him/her.
- 3) Instructing any bystanders to leave the injured student alone.
- 4) Not removing the student athlete's equipment unless emergency treatment is required e.g. CPR or artificial respiration
- 5) Assess the injury; evaluating the severity of the injury and decide if further assistance is required.
- 6) If an ambulance is not needed, then decide what action is to be taken to remove the injured student athlete from the playing surface
- 7) If an ambulance is required: request assistance from the facility manager by having this person call an ambulance with the all relevant information (nature of emergency, precise location, telephone number of location) and have them report back to you with estimated time of arrival, then send them to the access entrance to wait for the ambulance.
- 8) Once the call has been placed, observe the injured student athlete carefully for any change in condition and try to reassure the injured student until professional help arrives
- 9) Do not provide the injured student athlete with food or drink, unless otherwise indicated by situation e.g. diabetes, hydration...
- 10) Address of Red Deer Regional Hospital is 3942 50a Ave, Red Deer, AB T4N 4E7



Responsibilities of Site Managers

Checklist

- ✓ Ensure the perimeter of the gym is free of any tripping hazards (including bags, jackets, equipment....)
- ✓ Ensure there is adequate parking for emergency vehicles at the front of the school.
- ✓ Ensure the playing surface is free of debris (dust/dirt) and liquids which could compromise the players' footing.
- ✓ Ensure there is an ice and plastic bag supply for all teams to treat acute injuries.
- ✓ Ensure the teams have access to any first-aid supplies which they may need.
- ✓ Ensure evacuation maps with fire extinguisher and fire alarms are posted in highly visible areas.
- ✓ Ensure that fans are not are not impeding the safety of players with their seating/standing location.
- ✓ Know when to contact Emergency Medical Services.
- ✓ Provide an EAD for any emergency medical situation

St. Joseph Site Manager- Jason Chatwood/Tobi Blais