

EMERGENCY ACTION PLAN (LCI)

Lethbridge Collegiate High School

1701 5th Ave South

403-328-9606

- 1) First Aid Kit and ice at the score table in the main gymnasium
- 2) Cell phone at every score table. Wall mount outside of the south end of the gym by the office
- 3) Ambulance 9-1-1. Hospital 403-388-6111.
- 4) Enter main door of school (by flag pole). Gym is directly north once you have entered
- 5) See attached google maps for best route to hospital from each facility

When an injury occurs:

- 1) Take control of the situation. Exercise universal precaution related to blood/body fluids.
- 2) Do not move the student if they cannot move themselves. Do not remove uniform unless deemed necessary.
- 3) Assess and evaluate the severity of the situation and decide if further assistance is required
- 4) If an ambulance is required, then determine the action required to remove the athlete from the playing surface.
- 5) If an ambulance is called: direct one person to call the ambulance and give the pertinent information to them. Include location, address and extent of injury. Ask person to report back with an ETA.
- 6) Remain with injured student and address any concerns they have while awaiting medical attention.
- 7) Do not give food or drink to injured athlete unless required because of existing medical conditions (ex. Diabetes)
- 8) Stay calm and reassuring
- 9) Once ambulance arrives explain situation and what has been done for the injured athlete
- 10) Designate an adult to accompany the injured athlete to the hospital
- 11) Parent/guardians of the injured athlete should must be contacted as soon as possible following the injury
- 12) Complete the attached incident/accident report form and return it to the tournament organizer/administration

PROTOCOL IN EVENT OF AN EMERGENCY

- 1) Call Ambulance or Fire Department 9-1-1
- 2) Lethbridge Collegiate Institute @ 1701 5th Ave South (in gym)
- 3) Indicate location and nature of injury
- 4) Report to coach/Administrator
- 5) Meet Ambulance
- 6) Attachments: Map of school location to hospital & Accident report form