

Becoming Para Ready

While athletics is a highly inclusive sport that offers opportunities for almost all athletes to play, more often than not, only para athletes who can be most easily accommodated actually get to play. This is largely because athletics programs don't have the capacity, knowledge, and confidence to support all para athletes. In addition, there is a lot of confusion about what the integration policy is, what it means, and what it looks like at the grassroots level.

The Para Ready Resource has been created by The Steadward Centre for school and club sport administrators, coaches, policy makers, and anyone interested in learning how to make athletics programs more inclusive. It is meant to introduce what being para ready means and the many ways it can be achieved. This resource is an important first step to increase participation in para athletics.

To learn more, please join Jessica Ferguson from The Steadward Centre on Tuesday, April 21 at 9:00AM MST for a webinar about Becoming Para Ready.

RSVP now to reserve your spot:

https://zoom.us/webinar/register/WN_2XkbsYebSkGVzc1MZJRqnA

Or register at coach.ca to receive NCCP PD points:

<https://thelocker.coach.ca/event/public/5366565>

Speakers:

Jessica Ferguson, Athlete Development Coordinator, The Steadward Centre

Tim Konoval, PhD, Assistant Lecturer, University of Alberta