



The Alberta Milk - ASAA Scholarship Application



Alberta Milk and the Alberta Schools' Athletic Association (ASAA) are proud to support the Alberta Milk - ASAA Scholarship.

Number of scholarships available:

Maximum of one female

Maximum of one male

Number of nominations per school:

Maximum of one female

Maximum of one male

Value of scholarship: \$1,000 each

Restriction: Applicant must be planning to attend a post-secondary institution in Canada in September.

Applications sent to: info@asaa.ca

Deadline: June 30, annually

Notification & presentation: TBA

The Alberta Milk ASAA Scholarship

Application Criteria

The ASAA invites scholarship nominations for students currently registered in ASAA member high schools who are planning to graduate in June and attend post secondary education in September.

The award is for students who milk every moment, achieving a balance in school, home, and community life.

Note: COVID-19 has hindered the ability for student athletes to represent their school in interschool athletics since March 2020. Alberta Milk and ASAA recognize the impact that COVID-19 has had and applicants will not be negatively impacted.

Nominations

ASAA member schools **may submit a nomination for one male and one female only**. The application form **must be signed** by the school principal/assistant principal.

Eligibility

The nominated student must:

1. Be a grade 12 student registered at an ASAA member school.
2. Participate in athletic activities. This can be active participation in school intramurals throughout the year, being a member of a school sports team or participation in an activity that is not a school sport, such as dance, ballet, water polo, fencing, hockey, karate, etc. Please note that priority will be given to those student athletes who have participated in an ASAA sanctioned sport.
3. Show personal development and involvement in activities other than athletics and academics. For example, community work, hobbies, clubs, youth programs, leadership, etc.
4. Plan to attend a post-secondary educational facility in Canada.
5. Be an Alberta resident.

Note: Once the scholarship committee has selected the recipients, applicants will be notified and required to provide to the ASAA a photocopy of their official Alberta Education High School Transcript, verified by the school principal's signature.

Alberta Milk and ASAA would like to thank all applicants. However, only successful applicants will be contacted.

Requirements

1. **Complete application** must be submitted by email to info@asaa.ca.
2. **Application form** must be filled out completely and signed by both the student and school principal/assistant principal.
3. **Resume** must be completed in the format provided (two pages maximum). Please see page 4 for a sample resume.
4. **Letters of reference/support (two maximum)** must accompany the scholarship application. Letters of reference submitted must provide evidence of participation in sport, personal development, and support the student's attitude of never stopping to learn and achieve. References can be from school staff, coaches, youth leaders or mentors.
5. **Write an essay** exploring what sports, healthy eating, and refueling your body mean to you. Be sure to include personal experiences and note that a title is required. The essay should be a

minimum of 250 words to a maximum of 500 words with the word count listed on the bottom of the essay.

i.e. How do sports and nutrition, including dairy, work together to allow you to milk every moment of your life? How has dairy helped to fuel (or refuel) you for your sport(s)?

Applications failing to meet the above requirements will not be considered for the scholarship.

Resume Component

Please follow the format below for your resume (two pages maximum). Your resume must detail all your experiences in the following three areas:

Athletics

Personal Development

Sample Resume

(Please list most recent activities first)

Applicant Name		
Email address		
Phone number		
School Name		
Athletics		Accomplishments
Year(s)	Athletics Involved in	Team Captain (2007-09) Team MVP (2010)
Personal Development		
Year(s)	Activity	Example of what was done
2014 - 2015	Grad Committee member	
2012 - 2015	Volunteer Work at Food Bank	
2010	Chief Scout Award	



The Alberta Milk ASAA Scholarship Application Criteria



The Alberta Schools' Athletic Association must receive a complete application and supporting references by June 30, annually.

This information will be kept confidential.

Full Name: _____

School: _____

Home Address: _____

Town/City: _____ Postal Code: _____

Phone Number: _____ Date of Birth: _____

Email address: _____

Parent/Guardian Name: _____ Signature: _____

Planned University/College Attending: _____

(Signature of applicant)

Date

(Name of principal/assistant principal)

(Signature of principal/assistant principal)

Please send completed applications to:
info@asaa.ca

*Please ensure you have reviewed the scholarship information sheet and have included all necessary components.
Incomplete applications will not be considered for this scholarship.*