



MEMO

Date: Monday, February 8, 2021
To: ASAA Member Schools
From: ASAA Executive Committee
Re: School athletics practices increase from one-on-one to a maximum of 10 people

Dear ASAA Member Schools:

On February 4, 2021, after considerable discussion and clarification from the Government, the ASAA distributed a detailed written analysis of what the approved school sport practices would be starting on February 8, 2021. On the morning of Saturday, February 6, 2021, the Government of Alberta (GoA) modified the enhanced measures to allow increased participation in school and team sports.

Below is a summary of the key takeaways from the February 6, 2021 announcement and what it means for school sport practices effective today. **NOTE: As the ASAA obtains further details/clarification on the following items, it will release that information to the membership.**

1. A **maximum** of 10 individuals, including coaches and/or trainers are allowed
2. **Age:** Student athletes must be 18 years of age or younger
3. **Physical Distancing:** Must be maintained at all times between participants following these guidelines:
 - a. 3-metres physical distance for indoor activities
 - b. 2-metres physical distance for outdoor activities
 - c. **Exception:** Coaches or trainers may enter physical distancing space for brief interactions with participants (for example to correct form or technique)

4. **Masks:**
 - a. Coaches/trainers to wear 100% of the time
 - b. Athletes can only take off their masks when engaged in physical activity
5. **Change rooms:** Access must be limited, including accelerated arrival/departure, for emergencies and for washroom use
6. **Games:** not permitted at this time

Other precautions:

The safety of athletes and coaches/trainers should remain the first priority. Schools are advised to follow the guidelines for facilities, contact tracing, PPE, etc., as outlined in the ASAA's previously distributed "[Return to Sport](#)" documents (see pages 9-11).

As a reminder, all school sport activities are subject to the approval of the respective school jurisdiction and individual school administration.

Links to Government modifications:

<https://www.alberta.ca/release.cfm?xID=77225B0650E32-DAD2-724A-B0042CC256FF5DF4>

<https://www.alberta.ca/enhanced-public-health-measures.aspx>

For further information contact: info@asaa.ca

