

Saturday	Junior Men	Junior Women	Int. Men	Int. Women	Senior Men	Senior Women
8:45		100 m Pent		100 m Pent		100 m Pent
9:00	400 m Heat	Long Jump	Javelin			
9:10	Sot Put	400 m Heat	Triple Jump			
9:20			400 m Heat	Discus		
9:30		HJ Pent		400 m Heat/HJ Pent		HJ Pent
9:40					400 m Heat	
9:50						400 m Heat
10:00		Pole Vault				
10:10	100 m Heats					
10:15		100 m Heats				
10:20			100 m Heats			
10:25				100 m Heats		
10:30					100 m Heats	
10:35						100 m Heats
10:45	<i>Unified Javelin</i>	<i>Unified Javelin</i>	<i>Unified Javelin</i>	<i>Unified Javelin</i>	<i>Unified Javelin</i>	Shot Put/ <i>Unified Jav</i>
11:00				Triple Jump	Long Jump	
11:10	1500 m					
11:15						
11:20		1500 m				
11:30	High Jump		1500 m		Discus	
11:35						
11:40				1500 m		
11:50				Pole Vault	1500 m	
11:55						
12:00		SP Pent		SP Pent		1500 m/SP Pent
12:15	Javelin					
12:30						
12:50	<i>Unified Long Jump @TJ</i>	<i>Unified Long Jump @TJ</i>	<i>Unified Long Jump @TJ</i>	<i>Unified Long Jump @TJ</i>	<i>Unified Long Jump @TJ</i>	300 mH Open/ <i>Unified LJ@TJ</i>
1:10					300 mH Open	
1:15					High Jump	
1:30	100 m Final	LJ Pent		LJ Pent		LJ Pent
1:35		Discus/100 m Final				
1:40			100 m Final			
1:45				100 m Final		
1:50					100 m Final	
1:55						100 m Final/PV
2:05			Para-Ambulatory-Intectual 100 m Final			Triple Jump
2:10						
2:15				WheelChair 100 m Final		Javelin
2:20						
2:30	400 m Final		Long Jump	Shot Put		
2:35		400 m Final				
2:40		High Jump	400 m Final			
2:45				400 m Final		
2:50					400 m Final	
2:55						400 m Final
3:05		800 m Pent		800 m Pent		800 m Pent
3:10						
3:15	<i>Unified 400 m</i>	<i>Unified 400 m</i>	<i>Unified 400 m</i>	<i>Unified 400 m</i>	<i>Unified 400 m</i>	<i>Unified 400 m</i>
3:30						
3:35	Mixed 4x400 m Relay	Mixed 4x400 m Relay	Mixed 4x400 m Relay	Mixed 4x400 m Relay	Mixed 4x400 m Relay	Mixed 4x400 m Relay
3:40						
3:45	4x100 m Final					
3:50		4x100 m Final				
3:55			4x100 m Final			
4:00				4x100 m Final		
4:05					4x100 m Final	
4:10						4x100 m Final