



Alberta Schools' Athletic Association

Important Deadlines

Please make note of the upcoming deadlines

January 22 - deadline to create teams in ExNet for Cheerleading (minimum 4 athletes for small and co-ed squads, 13 for large squads)

January 22 - deadline to create teams in ExNet for Curling (minimum 4 per category)

January 22 - deadline to create teams in ExNet for Wrestling (minimum 1 athlete)

February 1 - deadline to submit nominations for the Robert H. Routledge Award of Merit to recognize outstanding service to the students of Alberta schools in the promotion and operation of their athletic program

February 1 - deadline to nominate individuals for the Alberta High School Sport Hall of Fame in the various categories

April 1 - deadline for bids for the 2013 Fall sports provincial championships

April 1 - deadline for Notices of Motion for the ASAA Annual General Meeting

April 1 - deadline for nominations for the Most Sportsmanlike Coach Award

April 1 - deadline for nominations for the Media Recognition Award

From the Executive Director

My personal feeling is that the importance of the role of the Athletic Director (AD) in a school is often overlooked. Given that the main audience of this newsletter is the AD, I suggest all AD's to share this newsletter with their coaches and school administration to keep them apprised of information and opportunities contained within. I encourage all AD's to embrace their role for the positive impact it can have on coaches and athletes and for overall school spirit.

Specifically in this message I would like to suggest two ways you can show leadership in this area: both are educational in focus. Firstly, the ASAA has done significant work over the past two to three years in planning for, developing, and launching Alberta's (and Canada's) first online coach education program. Feedback from course participants is excellent and I strongly encourage you to make involvement in this program a minimum requirement for your school athletic coaches. At minimum, I believe all coaches should be encouraged to take the FREE 20-30 minute concussion course. Please see information about <http://www.mymailout.com/MyMailout/Redirect.aspx?u=493897&r=329635&qz=f5>

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Secondly, if you have not yet made yourself aware of the offerings of the Alberta Interscholastic Athletic Administrators Association (AIAAA), please do so. Another first in Canada, this organization was created to assist school Athletic Directors in being better at their job as well as providing excellent educational and networking opportunities. Some AD's have told us that the courses they have taken through the AIAAA are the best PD they have experienced in their career. Please see information about AIAAA later in this newsletter or go to <http://www.mymailout.com/MyMailout/Redirect.aspx?u=493898&r=329635&qz=555e0686967aae81057171ed5f0f5ed> for further information.

I hope 2012 is an outstanding year for you and that your school sporting activities between now and the end of June bring many positive memories for you, your coaches, athletes, parents and school communities.

John Paton

Nike Grand Prix 2012 Track & Field Event

ASAA is pleased to announce a great opportunity for all member schools. The Nike Grand Prix Track & Field Event, sponsored by Nike and the Canadian School Sports Federation (School Sport Canada) is going to be held on May 10-13, 2012 at the University of Toronto. Each province will select two schools/teams (one boys teams and one girls team) to represent them at the event. Team sizes are set at 13 athletes per team and 2 coaches. Alberta will also consider small schools with fewer than 13 athletes to combine with one other small school to form a team. Please click on the links below for information regarding this event and the cost to participate. Deadline for application forms is January 23, 2012 to be emailed or faxed to the ASAA office.

[Event Information Package](#)
[Application Form](#)

ASAWeCoach.ca

Canada's first online resource designed with high-school coaches in mind

As many of you may have heard, the ASAA launched in September of 2011 their online coach education program. After several years of hard work the first 4 courses were made available in September (*Fundamentals of Coaching, Teaching & Modeling Behaviour, Engaging Effectively with Parents, and Concussions in Sport*) and eager coaches have been taking them since then. With a positive uptake and even better feedback from those who have completed evaluations, the association is moving forward on the surge of positive momentum and work has already started on several additional courses, including at least one free course called *Be the NORM: Choose to be Tobacco Free* (aimed at students). Other courses in the works are *Athletic Injury Management* and *Safety Guidelines for Physical Activity in Schools/Safety Guidelines for Interscholastic Athletics*. All courses are developed with the interscholastic coach in mind and content focuses on teaching in an educational environment.

If you are interested in learning more about the ASAA's course offerings then you can get more information about the program by visiting the website at <http://www.mymailout.com/MyMailout/Redirect.aspx?u=493897&r=329635&qz=f54963bedc4486d2c0e1bf03c778ccc5> or by contacting Mike Steele at the ASAA office (michael@asaa.ca : 780-638-3669)

January 22:
Cheerleading,
Curling and
Wrestling
Registration
Deadline

Feb 1:
Nomination
Deadline for the
Alberta High School
Sports Hall of Fame
and the Robert H.
Routledge Award
of Merit

Feb 24-25:
Rural Wrestling
Provincials

Mar 2-3:
Cheerleading
Provincials
Curling Provincials

Mar 9-10:
Provincial
Wrestling

Mar 15-17:
Basketball
Provincials

Mar 22:
Team Handball
Registration
Deadline

Apr 1:
Deadline for bid
applications for
Fall 2013
Championships
Deadline for
Notices of Motion
for AGM
Nomination
Deadline for Most
Sportsmanlike
Coach Award and
Media Recognition
Award

Apr 15:
Badminton
Registration
Deadline



AIAAA

This month the AIAAA will be offering Professional Development events in Lethbridge, Calgary and Red Deer. Each day will feature a Leadership Training Course (703C: Student-Centered Athletics: Performance Beyond the X's and O's) and several round-table workshops. For more information on these events, visit <http://www.mymailout.com/MyMailout/Redirect.aspx?u=493898&r=329635&qz=5555e0686967aae81057171ed5f0f5ed>.

Check out the AIAAA at the HPEC pre-conference on May 3rd in Camrose, AB where we will be offering a number of LTC courses. Details and registration will be posted online in early February.

The AIAAA will be hosting the 2nd Athletic Directors Conference from June 20-22, 2013 at the Radisson Hotel and Conference Centre in Canmore. Once again the conference will feature every LTC course, a dozen workshop sessions, keynote speakers, and a vendor trade show. Mark your calendars for 2013!

Follow us on Twitter and Facebook.

Professional Development Opportunities

Available for Female Coaches in Alberta

The InMotion Network, a non-profit organization dedicated to promoting physical activity for girls and women in Alberta, has committed to buying a limited number of *Fundamentals of Coaching* course licenses from <http://www.mymailout.com/MyMailout/Redirect.aspx?u=493897&r=329635&qz=f54963bedc4486d2c0e1bf03c778ccc5> for female coaches in Alberta. This represents a great opportunity for qualified applicants to access premiere coaching resources at no cost. If you, or any coaches in your school are interested in taking advantage of this and receiving a free license for the *Fundamentals of Coaching* course then please e-mail Mike Steele at the ASAA office (michael@asaa.ca) with the coach's name and contact information.

Provincial Championships to date

Golf: Tim Schultz, Darren Caldwell and a great group of volunteers and staff from New Sarepta Community High hosted an excellent golf provincial championship on two beautiful days and courses in Sherwood Park. There were 182 golfers in attendance and some outstanding scores to take the titles. To see all the scores and winning teams and athletes please [click here](#).

Apr 26-28:
Team Handball
Provincials

May 1:
Rugby Registration
Deadline

May 4-5:
Badminton
Provincials

May 15:
Track & Field
Registration
Deadline

June 1-2:
Track & Field
Provincials

June 8-9
Rugby Provincials

June 30:
Nomination
Deadline for Lorne
Wood Award
Nomination &
Never Stop Milk
Scholarships



Cross Country Running: Darryl Smith had many different hats on at this year's provincial championship as he was acting as the ASAA Cross Country Running Commissioner, Event Coordinator and Coach. Darryl, his staff and his huge group of volunteers from Eagle Butte High School hosted an outstanding event in the beautiful Cypress Hills Inter-Provincial Park. Just over 760 athletes and close to 150 coaches got to experience a superbly organized event, beautiful weather and an amazing landscape. To see all the winners and their times [click here](#).



Football: This year marked the 4th Alberta Bowl and brought the event down to the South. University of Lethbridge was the site of the Alberta Bowl Provincial Football Championships and the Southern Alberta Interscholastic Administrative Council headed by Dave Wells, coordinated the event. A big thanks to Dave Wells and Greg Thompson (Southern Alberta High School Football League President) for being the on-site coordinators and also to Tim Enger of Football Alberta for all their work and dedication in the coordination of this event. All the games were thrilling and two of them needed to go into overtime to decide a winner. This year also marked the introduction of 6 man football to our provincial event. The game is very similar to 12 man football with a few intricacies that made it a unique and exciting event to witness. To see all the winners from this year's Alberta Bowl [click here](#).



Volleyball: The 2011/12 came to a successful close with all eight provincial championships being hosted around the province on the final weekend of November. We would like to thank École Beauséjour (Plamondon), New Norway High, Spirit River Regional Academy, La Crete Public, St. Paul Regional, Crescent Heights (Medicine Hat), and Strathcona High (Edmonton) and their committees for their hard work, dedication and hours upon hours of volunteering to make these championships the success they were. All sites saw some great competition and outstanding acts of sportsmanship. To see all of the winners of the championships and the sportsmanship winners [click here](#).



Alberta High School Sports Hall of Fame Nomination Deadline

The ASAA invites nominations for induction into the Alberta High School Sports Hall of Fame at a ceremony that will be held on May 10th. If you would like to nominate an individual or team for an award, the categories include: coach, athlete, athletic administrator and special achievement (the latter may include teams or officials). The nomination deadline is February 1, 2012.



[Click here for the ASAA Hall of Fame Official Nomination Form](#) and to see previous winners in all categories.



ASAA Awards

On December 1, 2011, the ASAA was honoured to recognize some exceptional individuals from around Alberta for their contributions to high school athletic programs.



This year's Lorne Wood Award was presented to Wanda Vandervelden of Olds High School for her outstanding support of high school athletic programs (pictured here with school principal Tom Christensen).



The ASAA also had the opportunity to honour the Zone Award of Merit recipients. Congratulations to Tom Parker (Calgary Zone), Lance Humeniuk (Calgary Independent), Tim Schultz (North Central Zone), Ross Blackmer (South Zone), Kim Boehme (North East Zone), Larry Sorensen (Central Zone), Nathan Hodgson (South Central Zone), Mark Rose (Edmonton Public) and Hal Souster (Edmonton Metro).



who were recognized for their outstanding contributions to their zone.

Notices of Motion

ASAA policy allows for modifications to policy to be proposed by ASAA Executive, Board, Commissioners, Zones and member schools. The deadline for receipt of Notices of Motion at the ASAA office is April 1, 2012. Please contact [Michelle Ross](#) at the office if you are interested in submitting a Notice of Motion and need assistance with formatting.

Canada Sports Hall of Fame Education Programs

Canada's Sports Hall of Fame is now open at Canada Olympic Park, featuring 12 galleries with 50 hands-on interactives, a 120-seat theatre, a collection of more than 95,000 artifacts and an Education and Resource Centre where students and teachers can experience our preserved sporting history, celebrate the contribution of sport to society, and be inspired by our nation's sporting heroes to dream big!

[Canada's Sports Hall of Fame Education Programs Advertising.pdf](#)

2011/12 ASAA School Directory additions

With 4 schools joining after the October 10 school registration deadline, the current ASAA membership numbers are:

1A Schools	152
2A Schools	95
3A Schools	67
4A Schools	56

Total	370
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Total number of students eligible for ASAA activities is 133,918

Please note the following schools joined after the publication deadline for the 2011/12 school directory:

Central Zone

John Paull II Catholic Outreach

#201, 4915 - 54 Street Red Deer T4N 2G7 phone: (403) 314-9382 fax: (403) 314-9386 Athletic Director/Principal: Donna Leontowicz School Enrollment: 80

North Central Zone

Inner City High

11205 - 101 Street Edmonton T5G 2A5 phone: (780) 424-9425 fax: (780) 426-3386 Athletic Director: Francis Angeles Principal: Joe Cloutier School Enrollment: 97

Yellowhead Koinonia Christian School

430 - 72 Street Edson T7E 1H4 phone: (780) 723-3850 fax: (780) 723-7566
Athletic Director: Jason Rand Principal: Trevor Ragan School Enrollment: 15

North East Zone

École des Beaux Lacs

4312 - 34 Street Bonnyville T9N 2R3 phone: (780) 826-1890 fax: (780) 826-1806
Athletic Director: Richard Fortin Principal: Lise Gratton School Enrollment: 26

Commissioner Vacancies

The following commissioner positions will be open for application in May:

Football, Track & Field, Golf and Curling

Please send all questions and applications to [Michelle Ross](#). All applications for positions should be submitted no later than May 1, 2012.

Milk Scholarship Applications

ASAA is proud to have Alberta Milk as one of its Senior sponsors. The Alberta Never Stop Milk Scholarship is offered to grade 12 students who will be graduating in June 2012 and going on to post secondary education. We welcome applications from all student athletes that meet the criteria and would appreciate if all coaches/teachers/admin would make this application known and available to all of their grade 12 student athletes. Deadline for applications is June 30, 2012

[Alberta Never Stop Milk Application 2012](#)

Female Rugby Athlete Development

The Wildrose Rugby Academy is offering skill development camps for female athletes between the ages of 14-19 in St. Albert and Calgary. Their focus is on basic skills in a game-based environment. The cost is \$140 for 11 sessions, or a drop in rate of \$15 per session.

[Click here for more information](#)

ASAA Casino

Every two years the ASAA is able to staff a casino with volunteers and the funds raised support the operations of the Association. The next ASAA casino is Saturday May 12 and Sunday May 13, 2012 in Edmonton at the Century Casino, and we are looking for volunteers. These dates fall right after the ASAA Annual General Meeting; if you are able to help us out, please contact Cori Wallace at the office (cori@asaa.ca) for more information.

Alberta Youth Olympic Symposium

The 2012 Alberta Youth Olympic Symposium is being held May 3-6, 2012 in Calgary. This is an excellent opportunity for high school students to develop leadership skills and learn more about sport, wellness, community and the Olympic movement. Visit the [AYOS website](#) for more information if you know of students who may be interested in attending.

