

WHO IS THE ASAA?

The Alberta Schools' Athletic Association is a voluntary, non-profit organization that was established in 1956 to coordinate a program of worthwhile athletic activities for young people of Alberta in an educational setting. Therefore, most athletics your child participates in during high school are governed by this organization.

- ASAA Bylaws and Policies are intended to provide direction in the areas of equitable competition and ethical standards for all involved with school athletic programs.

WHY PLAY HIGH SCHOOL SPORTS?

Sports in high school have always been an essential part of creating an overall positive high school experience. Student-athletes learn life long skills in leadership, teamwork, discipline, work ethics and focus that they may not otherwise receive in the classroom.

High schools offer opportunities to participate in many sports that would not otherwise be available to the student usually due to cost or location.

Studies have shown that school sports increases the community atmosphere within a school and helps aid in the involvement of not just students but also the outside community in supporting the student-athletes.

But why not just do my league or club sport, or even none at all? Being involved in your high school teams allows you to meet new people with in your school, be involved in multiple sports versus specializing in one, and adds to your own physical dexterity and mental health. It has also been proven that multi-sport play can reduce injuries in some sports.

The ASAA doesn't allow you to participate on a high school team and a non-high school team during the same season of play. A small break from your non school team to play on a high school sports team can be very rewarding.

High school sports can be for everyone. The ASAA is an inclusive organization that promotes sport activities for all students.

CHOOSING SCHOOLS

It is important that you talk to the Athletic Director of your school about the ASAA transfer policy to ensure that you understand the policy and its application before you begin the transfer process.

- Eligibility begins for students at the start of grade 10 and continues for three consecutive years regardless of whether the student chooses to play sports or not.
- Athletes have their choice of school in Grade 10 (depending on their catchment area and school district rule).
- After Grade 10 if an athlete transfers schools **they are INELIGIBLE for interscholastic competition until they establish athletic eligibility** at their receiving school. This process is an online Athletic Eligibility portal that can only be initiated by the Athletic Director or Principal at the receiving school.
- All students must be registered in 800 minutes per semester.
- Students must be 19 or younger as of September 1 of that school year.
- Students **CANNOT** play for the duration of one school year if they have transferred from another school, PREP school, or academy from either in Canada or outside Canada (USA).

ASAA INITIATIVES

Alberta Milk - ASAA Scholarship
ASAA Pay It Forward Scholarship
Unified Sports
Student Leadership Initiative

ASAA PUBLICATIONS

Quarterly Newsletters
Digital Yearbook

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Instagram: @ASAAProvs

Twitter: @ASAA

Website: ASAA.ca

